

ONE°15 MARINA 
Sentosa Cove Singapore

LONGITUDE

ISSUE MARCH/APRIL 2020 | A PUBLICATION OF ONE°15 MARINA SENTOSA COVE, SINGAPORE



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OFF TO A GREAT START

The Year of the Rat kicked off on an auspicious note here at ONE°15 Marina Sentosa Cove. We rang in the Lunar New Year by organising a Members-only dinner, with good food and a wealth of networking opportunities ensuring it was an event to remember. Like-minded individuals gathered in an intimate setting to strengthen existing bonds and make new ones that last.

Guests also enjoyed an innovative LED Lion Dance and took part in a lucky draw that offered attractive prizes. Most importantly, it was your spontaneity and excitement that made the event, and I'd like to thank all the attendees for their hearty participation. If you weren't able to attend, then flip to page 15 for some of the evening's best highlights.

We're now approaching the second phase of our marina reconfiguration exercise. As part of the scheduled improvements, the marina office will be relocated to provide easier access to boaters, and the superyacht berths will be moved to the front of the Clubhouse so Members can enjoy greater accessibility and unbeatable open-water views. All these changes will also ensure that ONE°15 Marina Sentosa Cove remains the number one superyacht pit stop in the region.

It's also important for us to make sure that ONE°15 Marina Sentosa Cove remains inclusive, which is why we're committed to providing a plethora of recreational and sports activities for the little ones. There's plenty to enjoy, and you'll find a full list of our upcoming workshops, classes, sports camps and much more from pages 16 to 22.

With all these and more on the cards, we look forward to welcoming you and your loved ones to ONE°15 Marina Sentosa Cove.



Teo Joo Leng
Group General Manager, Marina & Club Operations

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Information is correct at time of print and subject to change without prior notice.

TERMS & CONDITIONS: All published rates are applicable to members only. All prices are in Singapore dollars and subject to prevailing GST. All rates for members' guests and foreign visiting yachts are subject to an additional 10 per cent service charge. Promotional rates are applicable for the duration indicated, and are not valid for the eve of PH/PH/blackout dates, unless stated otherwise. ONE°15 Marina Sentosa Cove, Singapore, reserves the right to revise the rates and vary, delete or add to the terms and conditions at its own discretion and without prior notice. ONE°15 Marina Sentosa Cove, Singapore, reserves the right to cancel any activity should the sign-up for the event fall below the required minimum group size. Guests must be accompanied by members to participate in all activities and during use of Club facilities. Payment of all F&B expenses and activity fees will be made through members' account, including expenses and activity fees incurred by members' guests. Presiding terms of use apply to all promotions. Please refer to www.one15marina.com for more details. ONE°15 Marina Sentosa Cove, Singapore, assumes no liability or responsibility for the acts or defaults of service providers or defects in the goods or services offered in all events/activities/trainings conducted. Any dispute about the quality or service standard must be resolved directly with the third party service provider, ONE°15 Marina Sentosa Cove, Singapore, will not be responsible for any injury, loss or damage suffered as a result of events/activities/trainings. All information is correct at time of printing and subject to change without prior notice. Photos used are for illustration purposes only.

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9am–6pm (daily)
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ACCOMMODATION

24 hours (daily)
6305 6988
frontdesk.sc@one15marina.com

DINING

WOK°15 Kitchen

11.30am–2.30pm (Tue–Sat)
11am–2.30pm (Sun/PH)
6pm–10pm (Tue–Sun)
*Closed on Mondays, except Public
Holidays
Last order at 2.15pm for lunch and
9.45pm for dinner
6305 6998
wok15.sc@one15marina.com

LATITUDE Bistro

7am–10pm (Sun–Thu),
last order 9.30pm
7am–11pm (Fri–Sat),
last order 10.30pm
6305 6982
bistro.sc@one15marina.com

Bar Nebula

3pm–10pm (Sun–Thu & PH)
3pm–11pm (Fri–Sat &
eve of PH)
6305 6984
bistro.sc@one15marina.com

Pool Bar

11am–7pm (Mon–Fri)
10am–8pm (Sat, Sun & PH)

innerCove

8am–10pm (daily)

Boaters' Bar

5pm–11pm (Wed, Thu, Sun)
5pm–12am (Fri–Sat)

HELIOS93 (Lobby Bar)

8am–9pm (daily)

FITNESS & SPA

Fitness Centre
7am–10pm (daily)
6305 6981
gym.sc@one15marina.com

Spa Rael

11am–8pm (Mon–Fri)
10am–8pm (Sat, Sun & PH)
Closed (Tue)
6271 1270

RECREATION

Recreation Centre
9am–7pm (daily)
6305 6980
recreation.sc@one15marina.com

Infinity and Children's Pools

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Tennis Courts*
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**CORPORATE/PRIVATE
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À LA CARTE STEAMBOAT BUFFET

The à la carte steamboat buffet is back by popular demand!

Tuck into an array of cooked dishes and steamboat ingredients including Roasted Duck, Salted Egg Yolk Prawns and premium seafood like Crabs, Prawns and Bamboo Clams. Choose from three delicious soup bases: Collagen Chicken Broth, Tomato or Sichuan Mala.

Tuesday – Sunday, 6pm – 9pm

\$48.80+ (Adult), \$25+ (Child)



For reservations, please call 6305 6998 or email wok15@one15marina.com.



Rasputin

Lovers of a good thriller will relish this modern retelling of the story of history's maddest monk and one of the most enigmatic figures in Russian history, Grigori Rasputin. Ukrainian ballet superstar Sergei Polunin, once the London Royal Ballet's youngest-ever male principal dancer at just 21, portrays the exploits of the self-proclaimed 19th-century mystic in this dance drama that takes place on a set modelled after a chessboard—signifying the strategic moves and machinations of those vying for political clout. Expect career-defining performances and a tale of political intrigue.

Priced from \$60. 20 – 21 March, Sands Theatre.

Visit sistic.com.sg for more details

Happenings in March & April



Text Ryan Reuben Images Respective organisations

John Cleese – In Praise of Silly

When you attend a show by British comic legend John Cleese, you just know you'll be endlessly entertained. The award-winning multi-hyphenate and star of *Monty Python's Flying Circus* and *Fawlty Towers* returns to town with a brand-new show, *In Praise of Silly*, which features razor-sharp wit the way only Cleese does it. Expect an evening of various silly behaviours, incomprehensible mimes and even Algerian love songs from this English institution. *Priced from \$128. 7 March, University Cultural Centre Hall, National University of Singapore. Visit sistic.com.sg for more details*



Grandmother Tongue

It's a situation most Singaporeans would find all-too-familiar: struggling to communicate with their grandparents because of the declining use of dialects throughout the decades. *Grandmother Tongue* depicts a young man's struggles to connect with his Teochew-speaking grandmother as he attempts to make himself understood. In the process, he begins to comprehend her years spent in linguistic and cultural exile. This humorous yet heartbreaking play examines the social costs of Singapore's mother-tongue policy and how our identities are bound to the languages we speak. *Priced from \$25. 2 – 19 April, The Ngee Ann Kongsi Theatre @ WILD RICE Funan Level 4. Visit sistic.com.sg for more details*

Living with Ink

Fans of Chinese art should check out *Living With Ink*, a special exhibition at the Asian Civilisations Museum, if they haven't already. The showcase is the largest to date of the various paintings, porcelain artefacts and scholars' objects from late businessman Dr Tan Tsze Chor's Xiang Xue Zhuang collection, some of which were donated to the museum by the Tan family. The exhibition includes paintings by modern Chinese masters Qi Baishi and Xu Beihong as well as works made by local artists in the 1930s through to the 1980s, when Dr Tan was building his collection. *Priced at \$19. Until 22 March, Asian Civilisations Museum. Visit sistic.com.sg for more details*



Singapore Rockfest II

Lovers of hard rock are in for a treat as not one, but two of the most famous acts in the scene make their way to Singapore for a one-night-only gig. Veteran German rockers Scorpions (above right) and English hard rock band Whitesnake are the deadly duo poised to set the stage ablaze, belting out the hits that made them so popular through the years. So let your hair down, throw your hands up and party like it's the '80s all over again to a soundtrack of blistering riffs and shrill falsettos. *Priced at \$168. 4 March, Fort Canning Park. Visit sistic.com.sg for more details*



On his third round-the-world trip, Captain Charlie Dymock remains as enamoured by the sea as he was as a young deckhand.



YOUNG MAN AND THE SEA

Captain, voyager and family man, Charlie Dymock is forever on a quest for fresh adventures.

Standing on the deck of superyacht *Twizzle*, the tall captain cuts a surprisingly boyish figure against the brilliant blue afternoon sky. A young 36-year-old, Captain Charlie Dymock helms a stunning 189-foot Royal Huisman Fast Cruising Ketch—one of the best of its kind.

In the midst of a round-the-world trip, the gorgeous watercraft had already visited Palma de Mallorca, the Caribbean, Florida, the Bahamas, Cuba, Panama, Costa Rica, the Galapagos, New Zealand, Australia, the Solomon Islands, Vanuatu and Indonesia before arriving at ONE°15 Marina Sentosa Cove.

The English captain does not look the least bit winded after this long voyage. This is, after all, Captain Dymock's third round-the-world trip, and his second with *Twizzle*.

Finding His Calling

Born on the south coast of England, Captain Dymock is the son of a now-retired admiral from the United Kingdom Royal Navy. He first sailed an Optimist dinghy on his own at the age of six, and practically grew up on boats. Though he always knew he would work close to the sea, a transformative experience at the age of 18 made him aspire to commandeer his own yacht one day.

Text Annie Tan Photo Benny Loh



“I was a deckhand helping out on the yacht of New Zealand yachtsman Sir Peter Blake on the Amazon River for a few months. Sailing with one of the most famous yachtsmen and a legend of the sea was very inspiring,” Captain Dymock recalls.

Never in his wildest childhood fantasies, however, did he expect to be sailing such a magnificent yacht as *Twizzle*. More so a few decades ago, when superyachts did not even exist and a 40-foot boat was considered big.

Captain Dymock’s admiration for the watercraft is almost palpable: “A huge amount of effort went into (her) design and everything was thought about meticulously,” he enthuses. “The detailing is very impressive.”

A whimsical story surrounds the naming of this grand dame. Named by the daughter of the previous owner, *Twizzle* was a “living” doll from the 1957 United Kingdom children’s television programme *The Adventures of Twizzle* that escaped from a toy shop and set off on adventures.

Round-the-world Voyage

Twizzle has embarked on some breathtaking adventures. The boat and her owners have journeyed to Fakarava, a gorgeous atoll off the French Polynesian Tuamotus Islands, diving with dolphins, oceanic whitetip sharks and blacktip sharks. They also encountered magnificent whale sharks in Cenderawasih Bay, Sorong, Indonesia. And on a trip to the Galapagos, Captain Dymock himself swam among what was literally a wall of 200 hammerhead sharks.

“They were so close that you felt like you could almost reach out and touch them. Being underwater with them is very different to seeing them from the air or on television. It is not frightening at all. When you are underwater, you feel at peace and at nature with them,” he shares.

Before arriving in Singapore, *Twizzle* spent two months exploring the islands of Indonesia. And as much as Captain Dymock enjoys the seafaring life, two months among remote Indonesian islands

had the *Twizzle* owners and crew craving for civilisation. So they made a three-week stopover at ONE°15 Marina Sentosa Cove to enjoy the charms of cosmopolitan life.

This was *Twizzle*'s second visit to the marina—after the 2013 Singapore Yacht Show. “The owners and crew enjoyed their experience the first time, so Singapore was immediately on the radar when we were planning this trip,” shares Captain Dymock.

“It is a safe, protected marina, and the location is fabulous—you can be in town very quickly and enjoy a Singapore Sling or two at Raffles Hotel. And you can easily get back to the boat when you need to get away from the bustle of the city. The marina is also well-rounded with a nice pool, concierge, buggies and great service,” he adds.

Captain Dymock and his crew will slowly make their way back to the Mediterranean Sea by April 2020 for summer, and end this round-the-world trip in September at the Royal Huisman shipyard in Holland for *Twizzle*'s 10-year refit.

Best Of Both Worlds

Captain Dymock has been a captain for four years now, but his passion has not abated one bit. “It’s

“The owners and crew enjoyed their experience the first time, so Singapore was immediately on the radar when we were planning this trip.”

always a challenge, no matter how well prepared you are. There is always an element of doubt and of being in nature’s hands, it’s exhilarating,” he shares.

But the young captain loves city life and family bliss as much as he enjoys the ocean. He spends two months on board as co-captain of *Twizzle*, and the next two months with his wife and two children in England’s South Downs National Park.

“My family means very much to me, so during my two months at home, I try to make up for the time I’ve been away by being a good dad,” he says. “I also enjoy the contrast between the ocean and greenery, so I enjoy the trees, hills and open countryside when I’m not out at sea.”



FULL CIRCLE

Having fond childhood memories of living near the sea, front-office manager SriShankar Kathirveil counts working at the Club as a happy homecoming.

Front-office manager SriShankar Kathirveil is ever ready to go the extra mile for Members and guests.

Text Ryan Reuben Photo Benny Loh

Front-office manager SriShankar Kathirveil suits the mould of a seasoned hospitality man to a T. One is struck by how quickly the affable Penang native puts people at ease, with a ready smile and a hearty handshake. Indeed, this interview felt more like a catch-up between old friends than a question-and-answer session for work purposes. Not just because his bread-and-butter is being the welcoming face of ONE°15 Marina Sentosa Cove, Kathirveil exhibits a genuine human touch, honed by a love of hospitality.

Before joining ONE°15 Marina Sentosa Cove in June 2019, Kathirveil cut his teeth at hotels such as the Marriot, Pan Pacific and Fairmont, plying his trade in housekeeping operations and guest relations. It seems his current workplace is a natural fit for the Arsenal fan, as the family-friendly vibes of the Club suit his naturally warm nature perfectly. It also appears Kathirveil has found his calling at ONE°15 Marina Sentosa Cove, as its nautical setting stirs lifelong emotions forged in his younger years. We dive into the psyche of the man behind the smile.

Why did you move from a career in hotels to ONE°15 Marina Sentosa Cove?

I love the sea! My father was a navy officer. We used to live on Lumut base in Perak, and I would be fascinated with all these huge ships around the base. I also attended swimming and diving classes during my time there. I've always loved everything to do with the ocean and marine life. When I came to ONE°15 Marina Sentosa Cove for my interview, I was amazed seeing all the yachts here, and how beautiful and open the space was. I was so excited! It was a definite pull factor for me.

What are your job responsibilities?

As the front office is where guests first come into contact with the hotel and staff, my responsibility is to ensure that my team runs it smoothly and efficiently. I train and manage the front-office staff, arrange the roster, and make sure the front desk provides professional and friendly service to our Members. I also address feedback and check that outstanding issues have been resolved.

What do you love about your role?

The satisfaction of our Members and guests is everything to me. Seeing them smile spurs me and my team on to do more. Going to bed every night

“The satisfaction of our Members and guests is everything to me. Seeing them smile spurs me and my team on to do more.”

knowing my team and I have achieved something that day is the best thing we can carry forward to the next day. It isn't always smooth sailing, and sometimes there are difficult situations. Still, there is a solution to every problem, and we think about how we can keep it from happening again. To quote Steve Jobs: “Sometimes, life hits you in the head with a brick. Don't lose faith.”

What other challenges do you face in your job?

So far, the only real challenge I've faced is the fact that we only have 26 rooms to sell! I wish we had more to cater to our Members and guests.

How is working at ONE°15 Marina Sentosa Cove different from working anywhere else?

This place is just so family-oriented and warm, and the people here are genuinely kind. It only took me two months to get to know everyone. It just motivates you to come to work daily so you can see your colleagues again. It's like I have a family away from my family.

How do you bust work stress?

At the end of every day, I write down all the good things that happened and what I accomplished during the day. This is one way I take note of the positive elements in life, and also learn how I can build upon them the next day. It's therapeutic.

What is your favourite spot at ONE°15 Marina Sentosa Cove, and why?

The Rooftop Terrace. Standing there, I can see the entire marina and how beautiful it looks. I take a 10-minute breather there during my free time. The view and feelings it evokes are just amazing.

Please describe yourself in three words.

Positive. Self-disciplined. Sociable. 🍷

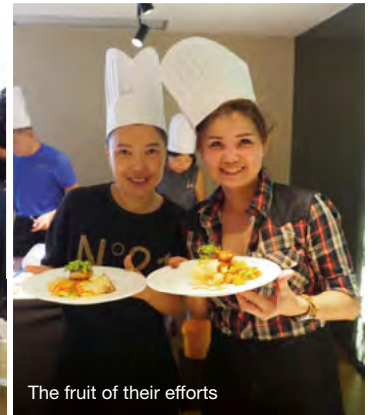
ADULT HOT COOKING CLASS

Members picked up culinary techniques from a master chef

Eight avid home cooks gathered at Captain's Table on 1 December to get expert advice on how to pan-fry salmon and make ratatouille from Chef William Soh. Aside from gleaming tips on enhancing the taste and texture of dishes, participants also learnt the importance of well-plated food. Chef Soh, together with his two intrepid assistant chefs, dispensed invaluable kitchen secrets to make the class an educational and fun time for all. 🍴



Kitchen confidential



The fruit of their efforts



Home cooks unite!

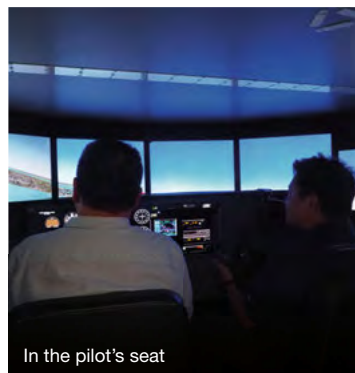


Flight crew

AVIATION WORKSHOP AT CLUB WOA

Flying 101 for budding pilots

On 11 January, 13 Members and one lucky guest spent a day immersed in everything flight-related with WingsOverAsia, a club offering pilot licenses to owners of both Singapore- and US-registered planes. A comprehensive talk on pilot training preceded a tour of the hangar, which enlightened attendees on the various aircraft models, their specifications and cost, among others. Seven attendees also tried their hand at the flight simulator, which was the next best thing to actually taking to the skies. 🛩️



In the pilot's seat



A walk through the hangar

CHINESE NEW YEAR MEMBERSHIP DINNER

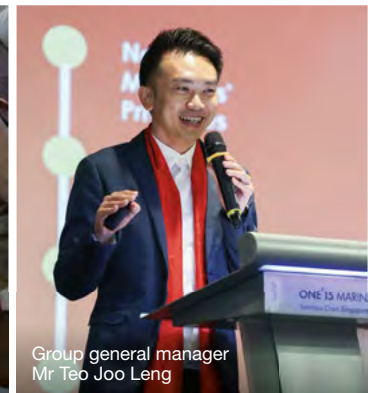
Treasured traditions and technology ushered in the Lunar New Year with pizzazz



The LED lion was a highlight at the event



Here's to good fortune!



Group general manager Mr Teo Joo Leng



Artisan at work



Group general manager Mr Teo Joo Leng and Chairman Mr Arthur Tay

Members, guests, VIPs such as Hungarian Ambassador H.E. Dr István Szerdahelyi and ONE°15 Marina Sentosa Cove Chairman Mr Arthur Tay all celebrated Chinese New Year at the Constellation Ballroom on 16 January.

On top of a dazzling LED lion dance that lit up the entire ballroom and took everyone's breath away, there was just so much to delight in, do, eat, and even more to bring home—and we're not talking about just memories!

Delights came in the form of fine culture. Dainty Chinese knots, charmingly calligraphed bookmarks and a sumptuous eight-course spread thrilled the senses.

A photo booth with various props, and a photo-hunt game ensured plenty of opportunities to commemorate the day—and more souvenirs to take home. Attendees also got the chance to win great prizes courtesy of The Residence Bintan, Anantara, Nike, Spa Rael, Sentosa iFly and ONE°15 Marina Sentosa Cove at a lucky draw and the entertaining best-dressed competition. It was indeed an unforgettable evening and a perfect way to kick-start the Lunar New Year. 🍀



The emcee kept the crowd on their toes



GOLF TALK

Date: Thursday, 12 March 2020

Time: 7pm – 9pm

Venue: NOVA Room

Price: Complimentary

Certified golf coach Trent Turner from Sentosa Golf Club will be on hand to host a talk for Members. Centred on the basis of golf fitness, Turner will help you fine-tune your game so you can improve overall as a player.

RSVP by 5 March 2020 to 6305 6988
or membership.sc@one15marina.com.



SCHOOL'S OUT! KIDS POOL PARTY

Date: Sunday, 15 March 2020

Time: 12pm – 6pm

Venue: Swimming Pool

Price: Complimentary (Member)

\$10+ (Member's guest)

**Members enjoy free ice cream for children and free drinks for adults. Prices for Member's guests include one ice cream for each child and one drink for each adult.*

Celebrate the school holidays with some fun in the sun! The kids will have a blast navigating the 10m pool obstacle course, alongside other fun activities such as craft making and balloon sculpting.

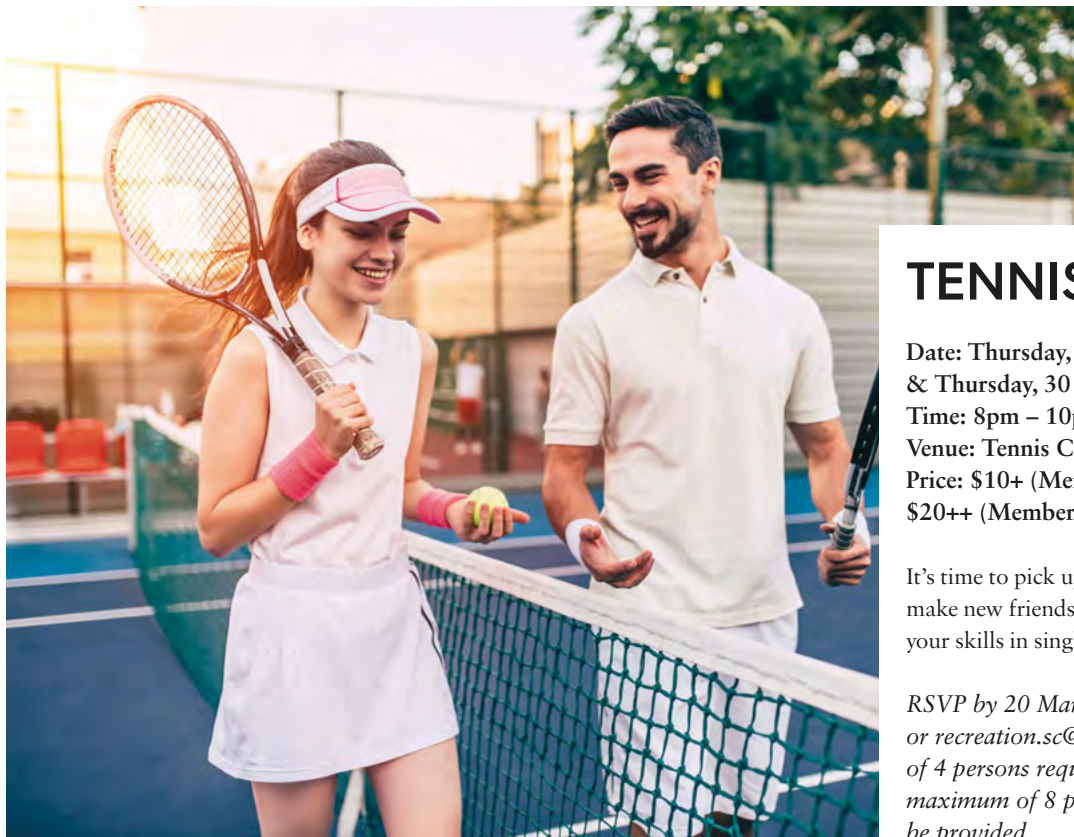
Register at the Recreation Office for wrist bands.

CHILDREN'S SPORTS CAMP

Date: Monday, 16 March 2020 – Thursday, 19 March 2020
Time: 9.30am – 3pm
Venue: Tennis Pavilion
Price: \$400+ (Member)
\$550+ (Member's guest)

Help your child uncover their penchant for sports at this camp, which will feature various sporting activities such as archery, football and rugby. There will also be fun games they can enjoy.

RSVP by 9 March 2020 to 6305 6980 or recreation.sc@one15marina.com. Minimum of 10 children required to commence the camp.



TENNIS SOCIALS

Date: Thursday, 26 March
& Thursday, 30 April 2020
Time: 8pm – 10pm
Venue: Tennis Court
Price: \$10+ (Member)
\$20++ (Member's guest)

It's time to pick up that old racket. Get active and make new friends at the same time as you exercise your skills in singles or doubles competition.

RSVP by 20 March / 24 April 2020 to 6305 6980 or recreation.sc@one15marina.com. Minimum of 4 persons required to commence, up to a maximum of 8 persons. Light refreshments will be provided.

ONE15 SWIM/KICK 2020

Date: Sunday, 29 March 2020

Time: 10am – 2pm

Venue: Swimming Pool

Price: \$10+ (Member)

\$20+ (Member's guest)

Calling all young swimmers aged 12 and under! The annual One15 Swim/Kick Competition is back again, with attractive prizes to be won across all categories. Take this chance to gain experience in timed competitive swimming and also create fun memories with your fellow participants. Participants are allowed to join more than one category within their age groups.



4-5 years old

(Girls & Boys Category)

- 25m Freestyle Swim
- 25m Breaststroke Swim
- 25m Backstroke Swim
- 25m Freestyle Kick
- 25m Breaststroke Kick
- 25m Backstroke Kick

6-7 years old

(Girls & Boys Category)

- 25m Freestyle Swim
- 25m Breaststroke Swim
- 25m Backstroke Swim
- 25m Butterfly Swim
- 25m Freestyle Kick
- 25m Breaststroke Kick
- 25m Backstroke Kick
- 25m Butterfly Kick

8-9 years old

(Girls & Boys Category)

- 50m Freestyle Swim
- 50m Breaststroke Swim
- 50m Backstroke Swim
- 50m Butterfly Swim

10 – 12years old

(Girls & Boys Category)

- 50m Freestyle Swim
- 50m Breaststroke Swim
- 50m Backstroke Swim
- 50m Butterfly Swim

Parent & Child Relay

(Kids 3 – 5 years old)

- 25m kick race

Parent & Child Relay

(Kids 6 – 7 years old)

- 50m Swim Race

Parent & Child Relay

(Kids 8 – 9 years old)

- 50m Swim Race

Each participant will receive a medal and certificate of participation. The top three winners will receive trophies each.

RSVP by 23 March 2020 to 6305 6980
or recreation.sc@one15marina.com



CEO DIALOGUE SERIES

Date: Tuesday, 31 March 2020

Time: 7pm – 9pm

Venue: innerCove

Price: Complimentary

We kick off the first Dialogue Series of the year in March, in line with International Women's Day. Female entrepreneurs and CEOs will share their opinions on topics ranging from e-commerce to retail stores.

RSVP by 24 March 2020 to 6305 6988 or membership.sc@one15marina.com.

KIDS' SKATEBOARDING WORKSHOP

Date: Tuesday, 7, 14, 21 & 28 April 2020

Time: 4pm – 5pm

Venue: Tennis Court Pavilion

Price: \$25+ per person, per lesson (Member)

\$40+ per person, per lesson (Member's guest)

**Participants are required to bring along their skateboards, helmets, and elbow and knee pads. Skateboards, helmets, and elbow and knee pads are available for purchase at \$103 (Member) and \$110 (Member's guest).*

Fitness instructor Ehsaan takes you through the proper techniques of skateboarding. Improve your mind and body through a sport that is safe and fun.

RSVP by 31 March 2020 to 6305 6980 or recreation.sc@one15marina.com





FAMILY DAY AT LAZARUS ISLAND

Date: Saturday, 11 April 2020
Time: 10am – 5pm
Venue: ONE°15 Marina Sentosa Cove (departure spot, 10am)
Price: \$50+ (Member with yacht and Member's guest)
\$100+ (Member without yacht)

Spend a fun-filled day on Lazarus Island, complete with all your favourite water sports! Lunch and free beer as well as drinks coupons will be provided, too. This event is sponsored by Ocean Master.

RSVP by 3 April 2020 to 6305 6991 or cr.sc@one15marina.com.

CLUB'S EASTER FOR KIDS

Date: Saturday, 11 April 2020
Time: 1pm – 5pm
Venue: Kids Playroom
Price: Complimentary

Spend a memorable afternoon with your youngster participating in activities such as face and egg painting, basket making and an egg hunt. Champions will be crowned for the egg hunt as well as the egg painting competitions.

*RSVP by 8 April 2020 to 6305 6980 or recreation.sc@one15marina.com.
Minimum of 5 children required to start the activity.*



THE ALASKA GUYS

Date: Tuesday, 14 April 2020

Time: 7pm – 9pm

Venue: Bar Nebula / Nova

Price: \$35+ (Member)

\$45+ (Member's guest)

Sample the highest quality seafood from the icy waters of Alaska at this special tasting event, courtesy of The Alaska Guys. Between salmon, cod, crab and whitefish, to name a few, there will be the most delectable offerings to suit every palate, along with special pairings with beer or wine. Seafood lovers should not miss this event.

RSVP by 7 April 2020 to 6305 6988
or membership.sc@one15marina.com.



ADULT HOT COOKING CLASS

Date: Saturday, 18 April 2020

Time: 2pm – 4pm

Venue: Outside Bistro

Price: \$25+ (Member)

\$35+ (Member's guest)

This cooking class will teach you how to create your own delectable homemade chicken cutlet. This perfectly crispy breaded delight will be a firm favourite with the family and also sure to wow your guests when you're hosting parties.

RSVP by 15 April 2020 to 6305 6980
or recreation.sc@one15marina.com. Minimum of 5 participants required to commence the class.



TENNIS COMPETITION

Date: Saturday, 25 April 2020 & Sunday, 26 April 2020

Time: 8am onwards

Venue: Tennis Court

Price: \$25+ (Member),

\$15+ (Member's child)

\$35+ (Member's guest),

\$25+ (Member's guest's child)

Swing your way to glory at this event, which features adult and child categories. Take your pick from the men's or women's open, and under-12, under-14 or under-16 events for the kids.

RSVP by 15 April 2020 to 6305 6980 or recreation.sc@one15marina.com.

FLOWER DIAMOND

Date: Thursday, 30 April 2020

Time: 7pm – 9pm

Venue: ONE°15 Marina Sentosa Cove

Price: Complimentary

Local luxury jewellery brand Flower Diamond is worn by international celebrities as well as members of royalty, and has earned a reputation as a brand for women of discerning taste. Get a special look at the brand's exquisite jewellery at the Club, and walk away with insights on how each piece of jewellery is made, its unique qualities and care tips.

RSVP by 23 April 2020 to 6305 6988 or membership.sc@one15marina.com.



Nautical Inspiration

Sailing terms aren't just heard at sea. You'll find them in your daily conversations, too.



1

The best time for sailing is during the monsoon season when the winds are strongest. Termed **champagne sailing**, the optimal wind speeds are typically between **eight and 12 knots**. Avid sailors are known to angle their boat at a minimum of 45 degrees off the wind direction to harness its power.

2

THE SINGLISH TERM “GOSTAN”, WHICH IS USED AS AN INSTRUCTION TO REVERSE CARS OR TO GO BACKWARDS IS DERIVED FROM THE PHRASE “GO ASTERN”, AN AMALGAMATION OF THE WORDS “GO” AND “ASTERN”, WHICH MEANS TO GO TO BACK OF THE SHIP.

3

To **BATTEN DOWN THE HATCHES** is to prepare yourself for a crisis. During storms, the small grated hatches, which provide ventilation on a yacht, are covered in tarpaulin and held down with wooden poles called battens to prevent flooding, and ultimately, sinking.



4

ON ROYAL NAVY SHIPS, TO SHAKE A LEG WAS A COMMAND FOR CREW TO GET OUT OF THEIR HAMMOCKS AND START THE DAY'S WORK



5

The phrase “**feeling blue**”—a metaphor used to describe sadness—arose from old days when crew members would fly a blue flag and paint a blue band along the yacht's hull when the captain died or was lost during a voyage.

Text Hazel Joanne Vincent De Paul Images 123RF, Shutterstock

Turn to page 46 for more info on ONE15 Luxury Yachting programmes aboard yachts such as Ximula (top).



GLOBAL FLAVOURS AT LATITUDE BISTRO

Restaurant refreshes menu with tasty new offerings

LATITUDE Bistro has rolled out a brand-new menu that showcases a wide array of international dishes for Members and their guests. Whatever your culinary fancy, you are bound to find something to tickle your taste buds, from Japanese to Hawaiian to Thai cuisine. Try the ever-popular katsu curry rice and unagi bowl (pictured above), with chunks of tasty grilled eel bathed in sweet teriyaki sauce on a bed of soft Japanese rice, or the healthy acai bowl, packed full of antioxidants, fibre, protein and heart-healthy fats. Alternatively, the salmon poke bowl will satisfy with ultra-fresh fish and rice, veggies and fruit—it's truly a well-rounded meal. 🍴

ROOMS WITH A VIEW

New UHD TVs for better-looking movies

Now you have more reasons to vege out at the Club, with the introduction of new ultra-high-definition television sets in all the hotel rooms. The 49-inch 4K flatscreens boast a resolution that has four times as many pixels as standard high-definition television sets, resulting in increased detail and sharpness, and a crystal-clear picture. *Jaws* never looked so scary. 📺



NEW MEMBER PRIVILEGES

Enjoy the better life with exclusive offers from our new partners.

From fashion and information to travel and play, we've got you covered with fresh privileges exclusively for ONE°15 Members at Anantara Vacation Club, Mykonos on the Bay, Resorts World Sentosa, Sole Pomodoro and more! Scan the QR code for full details! 📱



*Embark on your most precious voyage
at Asia's Finest Marina*

Celebrate your love story indoors in the opulent 360-seater pillarless Constellation Ballroom or outdoors at the stunning Rooftop Terrace with breathtaking marina views.

From an intimate and elegant affair to a grand and classy celebration, our waterfront event venues set the perfect scene for the wedding of your dreams.

Wedding Packages from \$968++ per table

*Contact us at 6305 6990 or email weddings.sc@one15marina.com
for a tour of the wedding venues and allow us to present you with
a wedding package customized for your special day.*



HIT REFRESH

Take a fashionable yet practical approach to your life with the latest spring offerings.



BEAT THE RAYS

Whether you like sailing, golfing, hiking or just exploring cities, you definitely need sun protection. And if you find applying sunblock a hassle, take advantage of high-tech clothing that helps protect you from harmful ultraviolet rays. An Ultraviolet Protection Factor (UPF) of at least 15 is recommended, and brands like Coolibar and Solbari have a great range of everyday basics for men, women and kids. *Shop at coolibar.com and solbari.com.au.*



PREMIUM PROTECTION

The iconic grooves of Rimowa's aluminium suitcases are instantly recognisable and now, that design element has been applied to the brand's sleek, minimalist iPhone cases too. Made from the same aluminium and shockproof thermoplastic polyurethane (TPU), the lightweight iPhone cases come with a two-year global warranty and protect your phone against scuffs and scratches. However, if you love the new wireless charging feature on your phone, you'll need to get the polycarbonate or leather iPhone leather case instead. *Rimowa iPhone cases are available at all Rimowa boutiques.*



IN FULL BLOOM

Colombian designer Johanna Ortiz is known for her flamboyant colour palette, exotic floral prints and glamorous silhouettes. Now, this elegant day-to-night way of dressing is made more affordable with her collaboration with H&M. "The prints all come from my obsession with flowers, palm trees and beautiful colours I am blessed to see out the window when I wake up at home in Cali, in my native Colombia," said Ortiz. "The imprint of Latin America and its uniquely festive atmosphere is something that can be felt in each Johanna Ortiz design, so I'm thrilled that so many women in the world will have a little piece of Colombia in their wardrobes thanks to the Johanna Ortiz x H&M collaboration." *The Johanna Ortiz x H&M collection is available at the H&M boutiques at Orchard Building and ION Orchard.*



BIG SPLASH

Designed in St. Barths, Fisch's 1980s-inspired styles are stunning. The brand minimises its carbon footprint by using regenerated fishing nets woven in a mill in Italy. And for swimwear that's all-natural and less damaging to the environment than nylon or polyesters, Natasha Tonic uses hemp fabric that is UV-resistant and anti-microbial. The guys can get in on the action too with boardshorts from Riz. Made from 100% recycled plastic bottles and recyclable fabric, £1 is donated directly to the Marine Conservation Society for every pair sold. Donate your old unwanted shorts to them and score a 25 per cent discount on a new pair. *Fisch swimwear is available at fischswim.com; natashatonic.com and rizboardshorts.com.*



DANCING IN THE RAIN

Louis Vuitton has debuted its waterproof footwear collection, Rain. Three of the French luxury house's iconic styles have been reimagined in this capsule collection: the modern LV Archlight sneaker, the feminine Silhouette ankle boot with its signature flower heel (pictured), and the Rhapsody ankle boot with a tough harness and horseshoe buckle. So now, come rain or shine, whether you are amid rolling meadows or sailing the oceans, you can explore the world without compromising on your joie de vivre. *The Rain capsule collection is available at the Louis Vuitton boutiques in Ngee Ann City and ION Orchard as well as at louisvuitton.com.*



TAILORED PERFORMANCE

If you travel often, invest in Brooks Brothers' iconic non-iron dress shirts. Available in fits and collar options to suit all tastes—from gingham to broadcloth and twill weaves—the shirts also feature a touch of stretch for comfort. Designed for the man on the go, Brooks Brothers also has five-pocket tech trousers, chinos that wick away moisture and waterproof field coats. The most versatile piece to pack? An ultra-lightweight bomber. *Brooks Brothers non-iron dress shirts are available at all Brooks Brothers boutiques.*



PLAYING WITH FIRE

From East to West, discover the unique grilling traditions and techniques of mastering the heat from around the globe.

In every culture, food is serious business. Cuisine defines and demarcates each region of the world. While culinary preferences and dining experiences vary vastly from country to country, one thing they all have in common is the love of a good grill.

When it comes to firing up the grill, the plethora of techniques employed around the world will blow your mind. After all, mastering meats over fire is no small feat and requires a significant measure of skill. From working out the perfect ratio of coal to wood to knowing the right moment to flip the meat, working a barbecue is an art form in itself. After all, controlling the heat means controlling the flavour.

Get to know the myriad methods of grilling from around the world with Executive Chef William Soh from LATITUDE Bistro at ONE°15 Marina Sentosa Cove. Glean grilling tips as you prepare to turn up the heat and enjoy your meat!



JAPAN

Teppanyaki

The word “teppanyaki” comes from *teppan*, which means “iron plate”, and *yaki*, which means “grilled” or “pan-fried”. By using a large iron grill with a smooth surface to sear meats and char vegetables, Japanese chefs can prepare meals right in front of you while showing off their cooking prowess, often displayed with acrobatic flair.

Not to be confused with *hibachi* grilling (which features an open-topped box filled with burning charcoal and covered by a metal grate), teppanyaki grills are propane-heated flat surfaces that are designed to grill smaller and more finely chopped ingredients.

“Grilled foods taste fresher and have more flavour,” says Chef Soh. Using fresh produce and quality sauces is also important. He recommends leaving marinades on for no less than four hours.





HAWAII

Imu

One of the more unique methods of grilling is the Hawaiians' use of *imu*, which literally means to "cook in an underground oven". Basically, foods are cooked over heated rocks in a sloping pit that is made in the sand.

At the traditional Hawaiian *luau* feast, the *kalua* pig is a main part of the menu (*ka* means "the" and *lua* means "hole"). The meat is salted and hot stones are placed inside its cavity to ensure it gets fully cooked. The meat is then set on a bed of *ti* (*cordyline fruticosa*) leaves and banana leaves. More layers of vegetation are used to cover the meat to ensure even heating and then covered with a layer of soil to create a steam chamber. Hours later, the meat is ready to be shredded for the feast.

For an Asian twist, Chef Soh recommends *kurobuta* (black hog) pork with miso paste. Hailing from the famed Berkshire pig from England, this species is juicier and more flavourful than others. The good news is, you can get a taste of the tender *kurobuta* at LATITUDE Bistro's Seafood with BBQ Buffet.



BRAZIL

Churrasco

We are all familiar with the huge chunks of meat—churrascarias—that get paraded around restaurants which offer the all-you-can-eat *rodizio* (meaning “Brazilian steakhouse”), as waiters slice off succulent meats right onto your plate.

Churrasco is the Brazilian method of barbecuing where juicy cuts of beef, veal, lamb or pork are placed on big skewers and grilled over wood fire. A popular cut of meat called *cupim* is a tender, rich and marbled cut of meat that is found almost exclusively in Brazil. It comes from the zebu, a succulent and lean breed of cattle with a hump that is often featured in churrasco cooking.

The Brazilians let the meats speak for themselves by keeping the seasoning simple—rock salt does the trick. If you prefer a little extra flavour, Chef Soh recommends adding fresh herbs and garlic, or squirting some fresh lemon juice and pepper. With all this talk of meat, it may be time to sink your teeth into some hearty Wagyu BBQ beef steak at LATITUDE Bistro’s Seafood with BBQ Buffet.

INDIA

Chula or Tandoor

With an age-old tradition of foods and spices, it is no surprise that the Indians also have their own grilling secrets. Using a charcoal oven or *chula*, foods are cooked directly over the flame in this cube-shaped brick oven, which has a hole in the front to feed the fire. The round holes on top act as burners so you can also use a pan to cook if you prefer.

Kebabs are a particular favourite when using the *chula*. To prepare kebabs, ingredients such as onions, peppers and meats are cut into 20g square pieces, explains Chef Soh. When cooking the meat, you can tell it is done when the juices run clear. “Onions, yogurt and mint leaf make a good marinade,” he suggests.

Another method the Indians like to use is the tandoor, a large ceramic pot that gets buried in the ground up to its neck. Unlike typical grills where food is placed on top, the food is cooked right inside the tandoor using hot coals.

Chef Soh’s go-to spices for making tandoori dishes include sour cream, papaya juice, cream cheese, garam masala and lemon juice, with a dash of coriander.



ARGENTINA

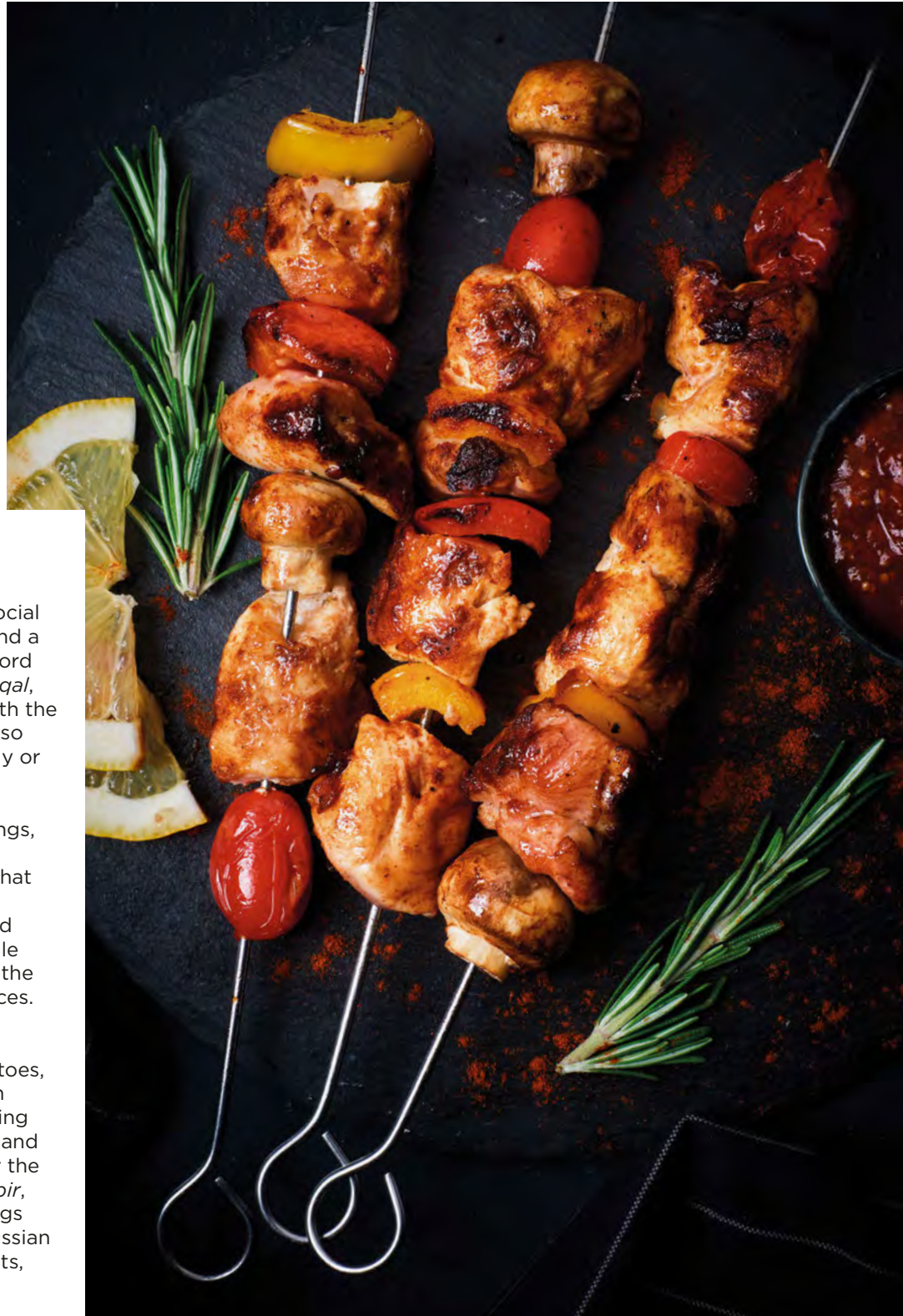
Asado

If you love cooking on an open fire, *asado* will be right up your alley. Both the name for an event and a technique, *asado* is a method of grilling that involves nothing but meat over fire—but as the Argentinians will tell you, it is far from the typical American barbecue.

Meats like beef, pork, chicken, chorizo or morcilla sausages are cooked on the *parrilla* (meaning “cooking device”), a grill that contains a bed of smoldering coals from native trees.

For whole animals or very large cuts of meat, *al asador* is a technique that uses an iron cross positioned vertically over an open flame to roast the beast. The meat is rarely marinated, but only sprinkled liberally with salt or doused in a brine of hot water, coarse salt and herbs.





TURKEY

Mangal

Like most cultures, a barbecue is a social ritual that brings people together—and a Turkish *mangal* is no different. The word is derived from the Arabic word *mangal*, meaning “portable”, and refers to both the event and the cooking grill itself. It also refers to the social gathering of family or friends in a garden or picnic area.

From skewered meats like kebabs and *shashlik* to steak and chicken wings, the cooking of the meat takes place over a charcoal-grill fire. But before that happens, the meat must be properly prepared. Kebabs have to be kneaded for the flavours to be coaxed out while chicken or fish must be marinated in the right blend of special spices and sauces.

A popular salad that goes with a Turkish barbecue is *çoban* (meaning “shepherd”)—a combination of tomatoes, red peppers and onions drizzled with olive oil. So as to not waste the glowing coals, produce like onions, tomatoes and potatoes are put on the *mangal* after the meat is done. Eaten alone or as *kumpir*, the baked potato is stuffed with fillings such as olives, pickles, sweetcorn, Russian salad, pickled cabbage, sausage, beets, mushrooms, coleslaw and even *kiri*, a popular Turkish bulgur wheat salad.

ALTERNATIVE GOURMET

LATITUDE Bistro’s menu features a wide selection of local and international dishes to suit every palate. For more information, call 6305 6982 or email bistro@onel5marina.com

RECIPE OF THE MONTH



GRILLED SCALLOPS WITH CHEESE

PREP TIME: 25mins **SERVES:** 1 person

INGREDIENTS

- 200g scallops (with half shell)
- 30g onions (chopped)
- 5g garlic (chopped)
- 30g button mushrooms (sliced)
- 20g Gruyere or Emmental cheese
- 10g Parmesan cheese
- 20ml cooking cream
- Cooking oil
- Salt and pepper (to taste)

METHOD

- Grill scallops on a char-griller for about one minute on each side. Remove and set aside.
- Add oil to a medium-heat frying pan. Sauté garlic, onions and mushrooms until fragrant.
- Add cooking cream to the pan and reduce to the right consistency. Season to taste.
- Place grilled scallops in the half-shells and spoon the cream mixture over. Top with cheese.
- Place in the oven and bake until golden brown. Serve.

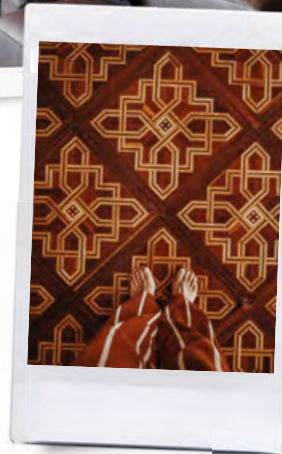
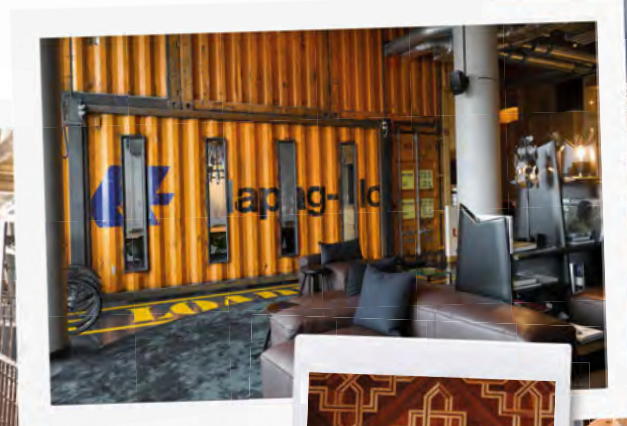
**EXECUTIVE CHEF
WILLIAM SOH**

ONE°15 Marina's Executive Chef William Soh oversees the kitchens in LATITUDE Bistro and WOK°15 Kitchen. He also looks after the banquets, catering services for the yachts and charters, as well as special Members' events. His wealth of experience has made him one of the most sought-after chefs in Singapore.

In this issue of *Longitude*, Chef Soh offers insights into the various methods of grilling and cooking meat from all around the world. He also contributes a delicious seafood recipe you can whip up in a jiffy for your loved ones.

CITIES LESS TRAVELLED

Second city travel takes savvy globe-trotters away from overcrowded capital cities and closer to authentic local culture at lesser-known destinations.



Traversing the well-worn tourist route may mean missing out on authentic local experiences, while having to jostle for space in neighbourhoods that cater solely to tourists. In some European capital cities, for instance, clusters of short-term rental apartments, coupled with over development, have resulted in unsustainable tourism.

In an effort to counter the effects of over tourism and make a positive impact on locals, an increasing number of travellers are skipping capital cities for alternative cities that fly under the tourist radar. The trend, known as second city travel, brings them closer to the local culture, oftentimes at a lower price tag. According to a travel trend report published by accommodation website Booking.com in 2019, 54 per cent of global travellers want to play a part in reducing over-tourism, while 51 per cent would swap their original destination for a lesser known, but similar alternative, if they knew it'd leave less of an environmental impact. Visit these lesser-known destinations for traditional cuisine, hidden attractions and affordability.

(From left) Archways, geometric patterns and modern facilities blend harmoniously in the sumptuous Palacio de Villapanes in Seville. The 25Hours Hotel Hamburg Hafencity is all about industrial chic.





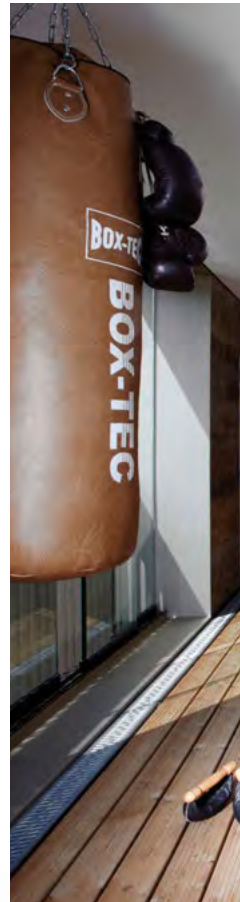
Seville, Spain

Thanks to a high-speed train that runs between Madrid and Seville, the sun-dappled Andalusian capital is highly accessible. Travellers are skipping Barcelona's crowds for the city's authentic flamenco and tapas. Sample some of the city's best small plates on one of Mimo's gastronomic tours, which include stops at hole-in-the-wall joints and palatial restaurants alike. On the quest for tapas, don't miss the beloved Casa Cuesta, where you can nosh on moreish pork-cheek stew, as well as fried eggplant fingers drizzled with dark cane-sugar syrup in an intimate space beautified by azulejo tiles. Work off your post-lunch stupor with a beginner's flamenco lesson at Casa de la Memoria, or if you're less inclined to shimmy, head to the fizzy Mercado de Triana for daily flamenco performances. Seville is known for its Moorish-Gothic architecture; soak your sluggishness away in the Aire de Sevilla thermal baths, carved into a 16th-century Mujedar-style palace. More architectural brilliance can be found at Real Circulo de Labradores (iacworldwide.com/clubs/real-circulo-de-labradores), a neo-Baroque style private club with intricate cornucopias, fluid arches and tessellated ceilings.



(From top) The elegant courtyard of Palacio de Villapanes is perfect for lounging in with a fine drop. Enjoy authentic Sevillian fare on Mimo's gastronomic tours.

STAY: Sybarites will appreciate the fine touches that Palacio de Villapanes lavishes on guests: marbled courtyards and suites with Loewe TVs, Molton Brown toiletries and Philippe Starck-designed bathtubs—all housed in an 18th-century palace.





Hamburg, Germany

Berlin may have long drawn hipsters to its pulsating techno scene and avant garde art, but Hamburg, where British band The Beatles cut their teeth, is quickly emerging as the buzzword for all things cool. Nowhere is this more evident than in former warehouse district Speicherstadt, where Gothic red brick buildings with imposing turrets and gables play host to a raft of tech startups, co-working spaces and cafes. Discover different brews at a coffee tasting session at Kaffeemuseum Burg, or try the much-raved-about Speicherstadt Kaffeeroerei, which roasts its own beans. For an excellent meal of locally sourced produce (think venison with baby turnips and potato cakes), dine at Nil. The city also has no shortage of nightlife haunts, from the freewheeling entertainment district of St Pauli with its legendary live music venues such as Docks and Grosse Freiheit, to Uebel und Gefährlich, an electronic dance club throbbing from a former WWII bunker. If you are visiting during the warmer months, pencil in open-air festivals such as the Holsten Brewery Festival in May and the Elbjazz Festival in June to your calendar. To dial things down a notch, wander just outside the city to Golfanlage Green Eagle e.V. (iacworldwide.com/clubs/golfanlage-green-eagle-e-v), a 42-hole golf course frequented by professionals and amateurs alike.

STAY: Explore the city on a sleek rental Schindelhauer bike when you stay at 25 Hours Hotel. The retro-chic hotel features rooms with a maritime theme and a sauna overlooking the harbour.

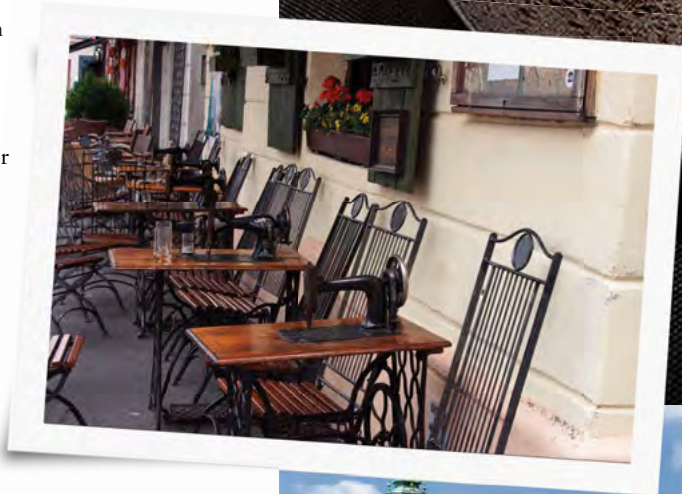
(From top)
The sauna
at 25Hours
Hotel Hamburg
HafenCity
overlooks the
harbour. Soak
up Hamburg's
eclectic music
scene at the
Elbjazz Festival.

Krakow, Poland

With its abundance of picturesque churches and fairy tale-like castles, Poland's well-preserved former capital is a magnet for culture vultures—without the crowd intensity of Warsaw. Outside the 10th-century city, one of the most important historical sites is the labyrinthine Unesco World Heritage-listed Wieliczka Salt Mine. Its cavernous halls are adorned with towering salt sculptures. When you are not busy exploring the city's ancient draws, including the Jewish Quarter's 16th-century synagogues and Unesco World Heritage Site Wawel Castle, take time to discover its contemporary side. At experimental Polish restaurant Art, sample roe deer tartare with burnt onion mayonnaise and rhubarb jam. A nightcap may lead you to the quirky Singer, whose haunted atmosphere can be attributed to tables repurposed from antique sewing tables and dark, patterned wallpaper. Or quaff rare ales and lagers from around Europe at reasonable prices at House of Beer—its more than 200 bottled beers lend credence to Poland's burgeoning craft beer scene.

STAY: In the quaint village of Paczoltowice, Krakow Valley Golf & Country Club (iacworldwide.com/clubs/krakow-valley-golf-country-club) offers private rooms and apartments in a rustic villa. Aside from its championship golf course, the 160ha property is home to a shooting range, horseriding facilities and ski lifts.

(From top) Sample inventive Polish cuisine at Art. Singer is decked out with antique Singer sewing tables. Unesco World Heritage Site, Wawel Castle.

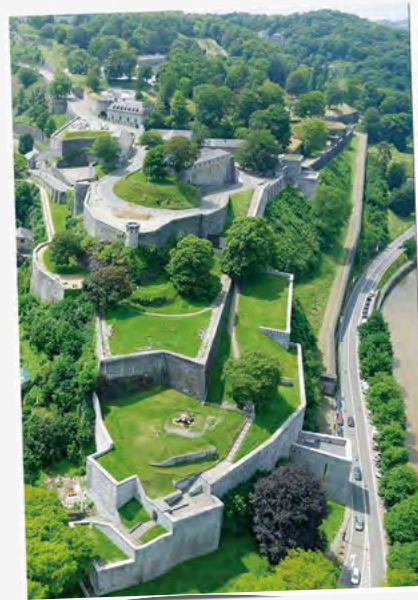




Namur, Belgium

With its winding cobblestoned lanes, small shops and serene public parks you can explore at your own pace, laid-back Namur is a flaneur's antidote to Brussels' bustle. Pop by Parfums Guy Delforge to create your own scent, and amble through riverside quarter Le Corbeil, which is lined with elegant brick mansions, small bars and eateries. Then nurse a cocktail at the terrace of Cercle de Wallonie – Chateau Melot (iacworldwide.com/clubs/cercle-de-wallonie-chateau-melot), set in a lush, 6ha park overlooking the river Meuse. Those with a penchant for the capital city's atmospheric, Gothic heritage sites will not be disappointed here either. Settled at the confluence of the Meuse and Sambre rivers, Namur boasts a rich history as a key military garrison. One of its dominant features is a rambling medieval citadel concealing an extensive network of underground tunnels. Explore these on guided tours jazzed up with multimedia projections. Also don't miss the Museum Felicien Rops, dedicated to its namesake 19th-century Belgium painter with a taste for the macabre.

STAY: Sleep in a beautifully restored farmhouse at the four-star Ne5t Hotel and Spa. The property spells understated luxury with its exposed brickwork and richly textured surfaces.



(From top)
The 2,000-year-old Citadel of Namur is perched on a rocky spur. The beautifully landscaped grounds conceal a warren of subterranean tunnels.

LONGITUDE TIP

Members of ONE*15 can enjoy access to reciprocal clubs around the world. To visit International Associate Clubs, obtain an IAC card and letter of introduction from our front desk by contacting +65 6305 6988 or frontdesk.sc@one15marina.com

SPECIALS OF THE MONTH



(Above, from left) Gorge on succulent Alaska King Crab with Yuzu Citrus Salsa at LATITUDE Bistro and savoury peppery Bak Kut Teh at WOK°15 Kitchen.

Succulent seafood is the order of the day at LATITUDE Bistro and WOK°15 Kitchen in March and April. Serving up dishes that feature a variety of fish and crustaceans, the chefs bring the very ocean to your table.

A key highlight, the specially curated lunch buffet at LATITUDE Bistro features a smorgasbord of mouth-watering delights to whet your appetite, including speciality fish such as the flavourful Black Pepper Crusted Tuna as well as the Halibut with Miso Glaze.

The popular Seafood with BBQ Buffet, held on the weekends, will keep you salivating. From grilled fish and meats to tantalising appetisers and desserts, you will be spoilt for choice at this ocean-focused banquet that is designed to delight all seafood lovers. Make room for all-you-can-eat Baked Oyster Rockefeller and don't miss the Alaska King Crab with Yuzu Citrus Salsa.

Photos are used for illustration purposes only.

For those who prefer a little more variety, the International Buffet Dinner is where you will find a feast of foods around the world. It may be worth skipping lunch just so you can tuck into the vast plethora of pickings on offer, including the Jumbo Prawn Provençale. Meat lovers will also want to save some space for the coveted BBQ Wagyu Beef with King Mushroom.

If buffets are not your thing, go local with their delicious Bak Kut Teh. Savour tasty pork ribs with oh-so-tender meat that falls right off the bone as you slurp up belly-warming broth seasoned with flavourful herbs and spices. Or, turn up the heat with some tongue-tingling curry fish head that hits the spot.

Not to be outdone, the chefs at award-winning WOK°15 Kitchen are also bringing out their best seafood dishes, starting with the Braised Garoupa Head with Bean Root in Claypot—a savoury fish head dish for those who do not take curry—and the famous Peking Duck that is crispy on the outside and tender on the inside.

More seafood flavours can be enjoyed at the Dim Sum Buffet, including dumplings stuffed with prawns or rice noodles topped with shrimp. Take your pick of bite-sized delicacies—from steamed buns to scrumptious meats to savoury tarts. If hot soup is more to your liking, head over to the Steamboat Buffet where you can cook up your favourite seafood, meats and vegetables in a cauldron of flavourful broth. There is nothing like good food shared with good company. 🍲



LATITUDE BISTRO

Seafood with BBQ Buffet

March: Friday & Saturday, Dinner

Prepare your palate for a plethora of mouth-watering offerings such as Baked Oyster Rockefeller and Alaska King Crab with Yuzu Citrus Salsa, not to mention an array of aromatic grilled fish and BBQ meats.
PRICE: \$68+ (Adult), \$34+ (Child)

Bak Kut Teh

March

Peppery and flavourful, savour tasty and tender pork ribs that have been carefully simmered for hours in a delicious broth infused with plentiful herbs and spices. For an extra kick, dip the meat in dark soya sauce with freshly cut chilli and minced garlic.
PRICE: \$18+

International Buffet Dinner

April: Friday & Saturday, Dinner

There is something for everyone at this scrumptious smorgasbord that features a globally inspired variety of appetisers, mains and desserts, including the highly coveted BBQ Wagyu Beef with King Mushroom.
PRICE: \$58+ (Adult), \$29+ (Child)



Curry Fish Head

April

Simmered in a claypot with crunchy greens such as ladies' fingers, long beans and brinjal, this rich curry certainly packs in heat and flavour. Perfect for sharing with family and friends.
PRICE: \$28+

WOK°15 KITCHEN

Braised Garoupa Head with Bean Root in Claypot

March

Ideal for those who prefer a non-spicy version of fish head, this comforting Cantonese-style alternative makes for a family-friendly lunch or dinner.
PRICE: \$42+

Peking Duck

April

Crispy on the outside and tender on the inside, this perfectly roasted duck with its characteristic crackly skin pairs perfectly with a side of vegetables for extra crunch and rolled up in soft, steamed pancakes—both young and old will absolutely love this delicacy.
PRICE: \$48+ (U.P. \$60)

Dim Sum Buffet

Ongoing

Tuesday to Sunday, Lunch
From dan tart (egg custard tart) to chee cheong fun (rice noodle rolls) to meat dumplings like siew mai and har gao, get your fill of succulent bite-sized portions of food that cover the gamut of Chinese steamed and savoury treats.
PRICE: \$38+ (Adult), \$19+ (Child)

Steamboat Buffet

Ongoing

Tuesday to Sunday, Dinner
At WOK°15 Kitchen's popular steamboat buffet, you get to play with your food as you dunk choice meats and vegetables in flavoursome broth right at your table.
PRICE: \$48.80+ (Adult), \$25+ (Child)



BOATERS' BAR

Happy Hour All Night

Wednesday – Sunday

5pm – 11pm

After a hard day of work, take time to chill out and unwind at Boaters' Bar. Best of all, you get to enjoy half-pint beers, house pours or house wines for a steal all night long at the floating bar.

PRICE: \$6+ per glass

Trivia Night

March & April:

Last Saturday of every month,

7pm – 8.30pm

Get your friends together for a fun night of wits and words as you compete with others at Trivia Night.

Craft Beer Bucket Deal

Ongoing

Be it the Olympics, the World Cup or a football game in regular season, catch live sports on the big screen while catching up with friends. To sweeten the pot, craft beer at just \$48+ per bucket of five bottles is sure to make everyone smile.

PRICE: \$48+ per bucket

RESERVATIONS & ENQUIRIES

LATITUDE Bistro • HELIOS93 • Bar Nebula • Boaters' Bar

6305 6982 | Bistro.sc@one15marina.com

WOK°15 Kitchen 6305 6998 | wok15.sc@one15marina.com

RECREATION

Fitness

Personal Training Packages

Got fitness goals to achieve this year? Cultivate strength and endurance with a personal trainer who can work with you to tailor a customised training programme so you can reach your health and fitness targets. Our qualified trainers provide functional rehabilitation or personal training sessions that are designed to boost flexibility, mobility and posture. With their expert guidance, you can count on safe and optimised training processes that ensure success.
PRICE: \$1,000 for 10 sessions

Cross Core 180 & Personal Training (60 minutes)

A strong core is the secret to strength and stability. Build up your overall fitness while improving balance when you incorporate the Cross Core 180 in your exercise routine. This rotational bodyweight device works out your core muscles so that they are ready to handle any stresses they are exposed to, no matter what type of sports you engage in.
PRICE: \$1,000 for 10 sessions

Kickbox Fit (60 minutes)

Integrating techniques that are inspired by traditional martial arts and heart-pumping cardio, get your heart rate going and burn off all those unwanted calories and fat with this high-energy workout. Kickboxing also vastly improves your coordination, flexibility and reflexes as it is designed to engage almost every part of your body.
PRICE: \$1,200 for 10 sessions



Aqua

AcquaPole® & AcquaPole Boxing®

March & April:

Every Thursday, 9.30am – 10.30am

If you have knee problems, this workout is for you. Exercising in shallow water is a great way to tone up your muscles and burn fat without impacting sensitive knee joints. You will also be strengthening your core at the same time. Suitable for beginners, jump into the Infinity Pool and experience a workout like no other!
PRICE: \$100+ (Member)
\$120++ (Member's guest)

Aqua Bike Endurance

March & April:

**Every Tuesday, 9.30am – 10.15am,
7pm – 7.45pm**

Every Friday, 8.30am – 9.15am

Want a workout with a higher intensity? This Level 2 class combines interval and aerobic training with strategic arm movements for a full-body routine. For triathletes and marathon runners, the class lets you switch things up and doubles as a cross-training alternative. Note: Aqua shoes are required for these sessions.

PRICE: \$120+ (Member)
\$140++ (Member's guest)

Aqua Bike Lite

March & April:

Every Friday, 9.30am – 10.15am

Turn up the music and get pedalling! This fun class combines the simple coordination of arm movements while you cycle to the beat of the music. Suitable for beginners, move to the groove and get your circulation going. Note: Aqua shoes are required for the sessions.

PRICE: \$120+ (Member)
\$140++ (Member's guest)



Deep Water Workout

March & April:

Every Saturday, 11.30am – 12.15pm

This challenging aqua exercise requires the use of a deep-water belt that keeps your body afloat vertically as the instructor leads you through a series of interval-training exercises. The buoyancy reduces impact on your joints while the resistance provided by the water helps to burn more calories as you exert effort against it. Before you know it, you will have increased muscle strength and better cardiovascular fitness.

PRICE: \$120+ (Member)
\$140++ (Member's guest)

Private Swimming Lessons

Daily

Get personalised attention with one-on-one lessons in the water. Let a private instructor of your choice from Yvonne Swim School teach you the strokes.

PRICE: Private lesson for 1 swimmer:
\$60+ per swimmer (30 minutes)
\$70+ per swimmer (45 minutes)
\$80+ per swimmer (60 minutes)

Semi-private lesson for 2 swimmers:

\$40+ per swimmer (30 minutes)
\$45+ per swimmer (45 minutes)
\$50+ per swimmer (60 minutes)

Sports

Playball – Children’s Multisport Enrichment Programme

March & April:

Every Monday, 3.50pm (1 year old);

4.40pm (4 – 6 years old);

Every Tuesday, 3.50pm (2 years old);

4.40pm (3 years old);

Every Wednesday, 9am (12 – 22 months old); 9.50am (23 – 28 months old);

10.40am (29 months – 3 years old)

Playball is a non-competitive enrichment activity that focuses on all kinds of ball sports and places an emphasis on having fun. This international multisport programme is for kids aged between 10 months and four years old.

PRICE: \$20 per lesson

Call the Recreation Centre for schedule.

Tennis

Discover Tennis

March & April:

Every Wednesday, 9am – 10.30am

Build the right foundation and get the basics in order so you can master the court with the help of our friendly instructors. Sign up today so you can unleash your inner Andre Agassi with skill and confidence.

PRICE: \$45 nett per lesson

Tennis Fit

March & April:

Every Tuesday, 7.30pm – 9pm

Refine your technique in tennis with the guidance of elite coaches who are trained to cover the fundamentals of the game. Designed to help you improve your game, high-energy workouts are also available for those who want to increase their fitness levels.

PRICE: \$45 nett per lesson

Junior Tennis Programme

March & April:

Every Wednesday, 4.30pm – 5.30pm

& 5.30pm – 6.30pm

Every Saturday, 8am – 9am

Focusing on the essential elements of tennis, this programme is categorised into four sections (red, orange, green and yellow). The

Junior Team Tennis Mini is used to nurture early competition. For volume purposes, normal balls are used for closed drills. A minimum of four players is required for the programme to start.

PRICE: \$30 nett per lesson

Private Tennis Lessons

Available upon request

Ready to take on a low-impact sport that is both fun and competitive? Whether you are a novice or wanting to improve your existing skill, a lesson can help to take you to the next level. At ONE°15 Marina, you can book one-hour lessons either as a single or in small groups.

PRICES: Director of Tennis

\$100+ (1 player)

\$50+ (2 players)

\$42.50 (3 players)

\$32.50 (4 or more players)

Head Professional

\$90+ (1 player)

\$45+ (2 players)

\$38.50+ (3 players)

\$29.50+ (4 or more players)

Mixed Tennis Social

March & April:

Every last

Thursday of the

month, 8pm –

10pm

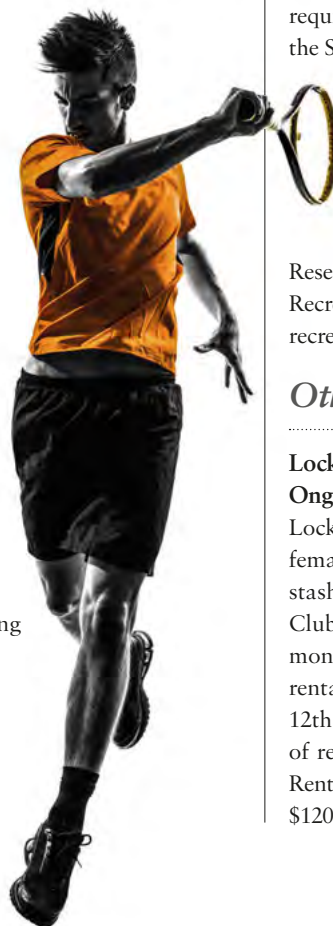
Get to know new people while getting your exercise for the day. Light refreshments will be provided.

Register your interest by contacting the Recreation Centre.

PRICE: \$10+

(Member), \$20+

(Member’s guest)



Sailing

Powered Pleasure Craft Driving License (PPCDL) Course & Sailing Competent Crew Course

March & April:

Every Saturday and Sunday

Designed to prepare aspiring sailors for the PPCDL test, this two-day course is conducted by instructors from the Singapore Maritime Academy (SMA) and covers everything from theoretical topics such as sound and light signals to practical sessions involving being behind the wheel and piloting the boat. Trainees will receive a Certificate of Attendance at the end of the course, which is required for the PPCDL test conducted by the SMA.

PRICE: \$350+ per trainee (Member);

\$290+ per trainee (student or NSF);

\$380+ (non-member). Prices exclude test fees. A minimum of three persons must be in attendance for the course to commence.

Reservations & Enquiries:

Recreation Department: 6305 6988 |

recreation.sc@one15.marina.com

Others

Lockers for Rent

Ongoing

Lockers are available in both the male and female changing rooms so you can safely stash your belongings while you are at the Club. Locker rentals start as low as \$10 per month (depending on size), with a minimum rental period of six months. Bonus: Get the 12th month free when you pre-pay for a year of rental.

Rental fees for six months: \$60+ (small);

\$120+ (medium); \$180+ (large).

SPA RAEI

Birthday Special

March & April

Battling dull skin and clogged pores? Invigorate your complexion with this oxygenating facial treatment, which refines your pores while infusing energising oxygen into your skin for much-needed rejuvenation. For your birthday, get a complimentary Express Oxygen Face Spa (U.P. \$107 nett for 30 mins), or upgrade at just \$88 nett to enjoy a full Oxygen Face Spa (U.P. \$235.40 nett for 75 mins).

By appointment only. Quote "OMC2460-SR2" when booking your appointment. Valid during your birthday month and for two months after. Valid for one-time redemption only. Other terms and conditions apply.



ROOMS

March School Holidays

March

Forget the hassle of travelling overseas—just check into the marina with your family for a staycation during the March break. Book your stay 30 days in advance and enjoy 20 per cent off room rates. Not applicable during the Singapore Yacht Show.

Promo code: ONE15MAR

PRICE: From \$288+ (Cove Suites)

Indulge in April

April

No need to wait for a special occasion to sneak in a short getaway or plan for some much-needed R&R. This month, if you book three nights or more, you get 20 per cent off room rates on the last night. Not applicable during black-out dates on the Easter weekend.

Promo code: ONE15APR

PRICE: From \$218+ (Marina View)

ONE15 LUXURY YACHTING

Introductory Team-Building Sailing Experience by Ocean Diva

Conducted by a veteran captain and his professional crew, this hands-on session on sailing is suitable for all guests above 10 years old. As part of the course, guests will be divided into teams comprising the helmsman, two winchmen and two trimmers. Teams will even get to sail a challenge course!

PRICE: \$2,000++ (weekdays) and \$2,400++ (weekends) for the first 15 guests, five-hour charter

Each additional guest at \$75++, up to 27 guests.

Happy Sailors Programme by Ximula / Gracefully

Glean hands-on sailing techniques from three licensed trainers who will offer

salient pointers on the practical aspects of sailing. Suitable for both leisure charters or corporate team-building sessions, this six-hour programme is designed to impart valuable life skills as each person is assigned a specific role for hands-on learning. In teams, participants will go through a challenge course as part of the training. Afterwards, enjoy a feast at Lazarus Island. You can also relax onboard or enjoy water activities such as kayaking or paddle-boarding.

PRICE: \$5,000++ (weekdays only) for up to 15 participants

Experiential Monohull Sailing by Epicurean

Seize the opportunity for an adventure onboard the only sailing monohull boat in our fleet! Conducted by two seasoned sailors, be regaled by tales from their sailing experiences while learning the ropes of basic sailing at the same time. They will even let you try your hand at sailing yourself. Suitable for small groups of all ages.

PRICE: \$1,000++ (weekdays) and \$1,250++ (weekends) for four hours, maximum six guests only

For bookings and enquiries, email sales@one15luxuryyachting.com or call +65 6305 9676.

ONE°15 LIFE

March – April

Introducing Epic Ocean—our new Bayliner

Set off on an exquisite joyride out to sea onboard Epic Ocean at cruising speeds of up to 30 knots. Enjoy the thrill and adrenaline rush like no other! Be spoilt by the hospitality Epic Ocean has to offer as you bask in its spectacular lounge area. With any F&B order for your charter, enjoy a complimentary bottle of Prosecco.

PRICE: From \$699++ (weekdays) and \$899++ (weekends) for four hours, maximum 10 guests only. Includes the use of amenities such as BBQ pit, snorkelling and fishing gear, kayaks, floats, and coffee and tea machines.

For bookings and enquiries, visit www.one15life.com or email sales@one15life.com.

RESERVATIONS & ENQUIRIES

Fitness Centre 6305 6981 | gym.sc@one15marina.com

Recreation Department 6305 6988 | recreation.sc@one15marina.com

ONE15 Luxury Yachting 6305 9676 | sales@one15luxuryyachting.com

Rooms 6305 6988 | frontdesk.sc@one15marina.com

Spa Rael 6271 1270 | marketing@sparael.com.sg

March 2020 to September 2020

MARCH

27 – 4 April

51st Trofeo S.A.R. Princesa Sofia

📍 Palma de Mallorca, Spain

🌐 www.trofeoprincesasofia.org

APRIL

10

Good Friday

20 – 26

Dragon European Championship

📍 Palma de Mallorca, Spain

🌐 <http://intdragon.net>

24 – 26

Ficker Cup 2020

📍 Long Beach, USA

🌐 www.lbyc.org

24 – 3 May

Congressional Cup 2020

📍 Long Beach, USA

🌐 <https://thecongressionalcup.com>

MAY

1

Labour Day

7

Vesak Day

15 – 17

2020 OK Dinghy European Championship

📍 Lundeberg, Denmark

🌐 <http://okdia.org>

24

Hari Raya Puasa

30 – 1 June

Soling Spring Trophy

📍 Tuscany, Italy

🌐 www.cvcpi.it

JUNE

14 – 21

Hempel World Cup Series – Enoshima

📍 Enoshima, Japan

🌐 <http://wcs-enoshima.org>

20 – 28

Kieler Woche

📍 Kiel-Schilksee, Germany

🌐 www.kieler-woche.com

JULY

4

Soling European Championship

📍 Hohe Düne, Germany

🌐 www.solingeuropeans.com

12 – 18

Zoom8 Youth World Championship

📍 Furesøen, Denmark

🌐 <http://yachtklubben.dk>

31

Hari Raya Haji

AUG

7 – 15

2020 OK Dinghy World Championship

📍 Marstrand, Sweden

🌐 <http://2020.okworlds.org>

15 – 22

International 8 Metre World Championship

📍 Enkhuizen, the Netherlands

🌐 www.knrv.nl

17 – 19

Laser Europa Cup – Poland

📍 Dziwnow, Poland

🌐 www.laserinternational.org

SEP

4 – 10

2020 Formula Kite Individual World Championship

📍 Weifang Binhai, China

🌐 www.formulakite.com

5 – 11

Dragon Gold Cup

📍 Kinsale, Ireland

🌐 <https://internationaldragonsailing.net>

12 – 18

2020 J/24 World Championship

📍 Parkstone Yacht Club, Great Britain

🌐 www.j24worlds2020.com



THE WORLD AT YOUR FINGERTIPS

As a Member of ONE^o15 Marina Sentosa Cove, Singapore, your privileges extend beyond our premises. The Club has partnered with a top-tier selection of the world's best marinas, yacht, golf and city clubs to enable our Members to access their facilities.

AFFILIATE CLUBS (SINGAPORE)

- Chinese Swimming Club
- Laguna National Golf and Country Club
- Swiss Club, Singapore
- The British Club
- Tower Club

To visit our Affiliate Clubs, please bring along your membership card. Those visiting the Chinese Swimming Club will also need to obtain a letter of introduction from the Membership Department at **6305 6988** or membership.sc@one15marina.com. Log in to the Members' Area on the Club's website to view the access period and terms of our Affiliate Clubs.

RECIPROCAL CLUBS AUSTRALIA

- Brisbane Polo Club
- Fremantle Sailing Club
- Middle Harbour Yacht Club
- Royal Motor Yacht Club
- Royal Perth Yacht Club
- Southport Yacht Club
- Yorkeys Knob Boating Club

BERMUDA

- Royal Bermuda Yacht Club

CANADA

- Hollyburn Country Club
- The Royal Canadian Yacht Club
- The Union Club of British Columbia

CHINA

- Aberdeen Boat Club
- Embassy Club
- Beijing American Club
- Chang An Club
- The Clearwater Bay Golf & Country Club
- Discovery Bay Marina Club
- Gold Coast Yacht & Country Club
- Nansha Marina
- Royal Hong Kong Yacht Club
- Serenity Sanya Marina
- Shanghai Racquet Club
- The Dynasty Club
- Visun Royal Yacht Club
- Wanda Yacht Club
- Yalong Bay Yacht Club

INDONESIA

- Batavia Marina
- Ciputra Golf, Club & Hotel
- Mercantile Athletic Club
- Nongsa Point Marina
- The American Club

JAPAN

- Roppongi Hills Club
- Tokyo American Club

MALAYSIA

- Royal Langkawi Yacht Club
- Sutera Harbour Marina Golf & Country Club

MONTENEGRO

- Porto Montenegro Yacht Club

PHILIPPINES

- Mount Malarayat Golf & Country Club
- Puerto Galera Yacht Club
- Sherwood Hills Golf Club
- Subic Bay Yacht Club

PORTUGAL

- Marina De Lagos

SWEDEN

- The Royal Swedish Yacht Club

THAILAND

- Pacific City Club
- Royal Varuna Yacht Club

U.A.E (UNITED ARAB EMIRATES)

- Arabian Ranches Golf Club

UNITED KINGDOM

- Deben Yacht Club
- The Carlton Club
- St. James's Hotel and Club

USA

- California Yacht Club
- Manhasset Bay Yacht Club
- The Hamilton Club of Lancaster
- Queen City Yacht Club
- Seattle Yacht Club

GOLFING PRIVILEGES AUSTRALIA

- Sanctuary Cove Golf & Country Club

CAMBODIA

- Angkor Golf Resort

MALAYSIA

- The Els Club

INDONESIA

- Royale Jakarta Golf Club
- Laguna Golf Bintan

SINGAPORE

- Sentosa Golf Club

THAILAND

- Laguna Golf Phuket

UNITED ARAB EMIRATES

- Arabian Ranches Golf Club

VIETNAM

- Montgomerie Links Golf Club
- Sea Links Golf & Country Club

To visit our Reciprocal Clubs, you will need your membership card, your passport and a letter of introduction, which can be obtained from the Membership Department at **6305 6988** or membership.sc@one15marina.com.

View the IAC list here:



INTERNATIONAL ASSOCIATE CLUBS (IAC)

Members also enjoy reciprocal rights and privileges at the various clubs under the international associate clubs (IAC) list. To visit any of the clubs in the list, please arrange for your international associate clubs (IAC) visitor card via Membership at **6305 6988** or membership.sc@one15marina.com



St James Hotel and Club London



Nongsa Point Marina

INTRODUCING A NEW AND IMPROVED YOU

Our inspirational Personal Trainers at the Gym will help to transform your fitness goals from dream to reality.



Personal Training Packages

With personalised training plans, our fitness trainers will be with you every step of the way as you work towards your fitness goals.

Cross Core 180 & Personal Training (60 minutes)

Combine your fitness regime with a rotational bodyweight device designed to build functional, full-body strength, improve balance and core inclusion to achieve maximum results.

10 sessions: \$1,000+ | 20 sessions: \$1,800+ | 30 sessions: \$2,400+

Kickbox Fit (60 minutes)

Combining techniques originating from traditional martial arts and heart-pumping cardio, kick-boxing is a high-energy workout that helps your body to burn calories and fat. The exercise also engages almost every part of your body, which would ultimately improve your coordination, flexibility and reflexes.

10 sessions: \$1,200+

For sign up, contact 6305 6981 or gym.sc@one15marina.com

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