

LONGITUDE

A PUBLICATION OF
ONE°15 MARINA
SENTOSA COVE
SINGAPORE



THE HEART OF HOME

Family time—stargazing holidays, bonding over barbecue, loving dads

+

Singapore's storied maritime lifestyle





SINGAPORE YACHTING FESTIVAL



SAILING INTO SPLENDOUR AND MAGNIFICENCE

The Singapore Yachting Festival (SYF) 2024 has concluded on a high note. The festival boasted a dazzling display of yacht premieres, networking events and yacht parties. This year's event features 1 world premiere as well as numerous Asia premieres from leading brands such as Azimut, Bluegame, Dufour, Fountaine Pajot, HH Catamarans, Lagoon and Leopard.

ONE°15 Marina would like to thank all our Members, sponsors, exhibitors, boaters and staff for making this event a memorable one. As we bid farewell to the extraordinary SYF this year, we eagerly anticipate the next edition, which will take place from 10 – 13 April 2025.

READ THE
HIGHLIGHTS



bit.ly/SYF2024HL



FULL OF FERVOUR

The month of May is regarded as the brightest season of the year—the time for fun, happiness, and lots of outdoor celebrations. Although the advent of summer is not a special event in sunny Singapore, it is true that we are starting the month on a new high. We are fresh out of the second edition of the Singapore Yachting Festival (SYF)—the first edition organised solely by the Club. We owe a big part of its success to your support and that of the boating community. We would also like to express our gratitude to Singapore Tourism Board for their support and to all our sponsors and partners who ensured the success of the show.

The four-day SYF was divided into three segments. This included the two-day ICOMIA Boating Industry Conference, which drew experts from around the region to learn about decarbonisation in the recreational marine industry

WE OWE A BIG PART OF SINGAPORE YACHTING FESTIVAL'S SUCCESS TO YOUR SUPPORT AND THAT OF THE BOATING COMMUNITY.

and sustainable business practices for long-term growth, and the Yacht Style Awards & Gala Dinner, which recognises excellence and creativity in the industry. The third segment, the yachting festival, lived up to its name with an on-water exhibition, festival market, and fringe activities such as supercar parade. Scan the QR code on the facing page to learn more about what went down during SYF.

Speaking of on-water events, our ever-popular Kids' Pool Party in March was a big success as well, what with a slew of fun activities such as a foam party, water slides, pool floaties, a magic show and an expansive buffet spread.

It's Mother's Day in May and Father's Day in June, so this issue of *Longitude* is rightfully dedicated to mums, dads and families. Essentials (page 6) is all about effortless power dressing for women, while Fine Food (page 24) is dedicated to barbecues—the unsaid domain of dads—and how different countries and cultures add their own twist. In Lush Escapes (page 12), we put the spotlight on the rising trend of astro tourism and the destinations that cater to it—talk about a different kind of family holiday.

In an issue that is on the heels of SYF, it is apt to profile Y.P. Loke (page 22), who recently became a part of the Club's advisory board. Here, he talks about the early beginnings of Singapore's recreational yachting industry and how it is taking its place in the international stage.

As always, the Club has activities galore to celebrate the two most important people in your life. From brunch buffet at LATITUDE Bistro to Super Dim Sum Brunch Buffet at WOK°15 Kitchen, and a cake decorating workshop—for both Mother's and Father's Day—there will be enough opportunities to express your appreciation. Flip to the Club Perks section (page 32 onwards) for details. The kids are not left far behind. RSVP (page 38 onwards) lists the many activities to sign up for. The ONE°15 Swim Meet in May; 3-day Swim Camp and Junior Tennis Tournament: Mixed Singles in June are but some of the examples. Adults can exercise their muscles too, albeit in a different way, at Boaters' Bar's Barbecue and Brews Bash.

Here's to celebrating summer all year. Cheers!

Jonathan Sit
Regional General Manager, Marina Division



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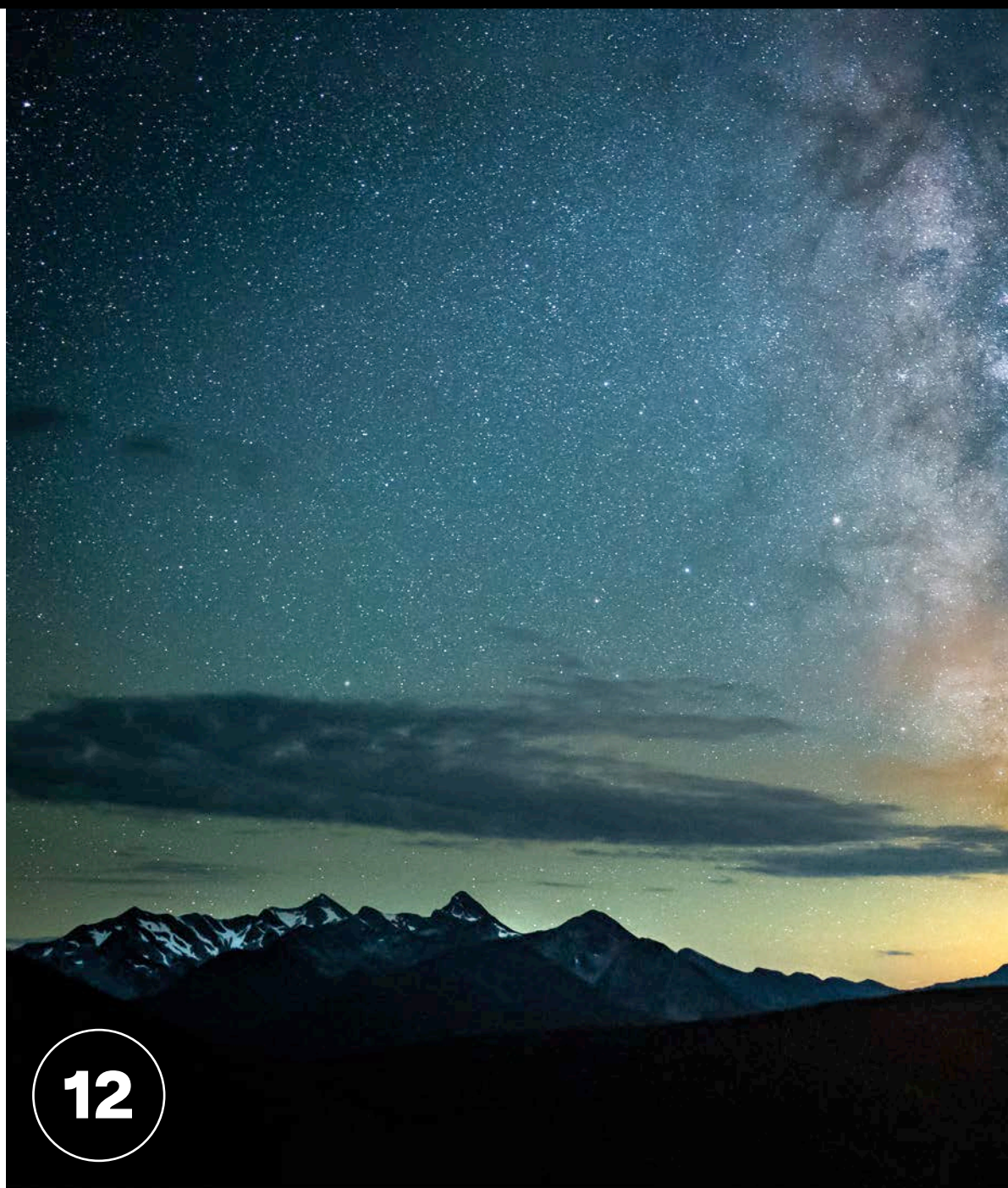
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* Charges apply

^ Guest fees apply

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Power Play

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TEXT YING RUI



6

In The Eyes

Look smart and sharp at boardroom meetings with a pair of frames in a geometric shape that flatters your face shape. For statement spectacles with contemporary allure, look no further than the bold tortoise shell spectacles from Prada. For a rectangular face, pick an angular

eyewear like the lightweight wire frames from Burberry. The refined clear acetate Oliver Peoples spectacles, which are handmade, will suit a squarish face shape. **Burberry and Prada are available at Spectacle Hut at #B2-27 Takashimaya S.C. Oliver Peoples is available at Paris Miki Level 4 Takashimaya S.C.**

Fierce and Fabulous

Inspired by women who plough the fields, Max Mara's spring/summer 2024 collection features collared shirts and pencil skirts with pockets, military jackets and utilitarian design. The Italian company is known for its understated luxury but it is fun to mix and match the bold pops of aubergine, blueberry and caramel hues with its versatile separates. No look is complete without a pair of strappy heels—the finishing touch for modern power dressing. **Max Mara is available at #01-10/#02-11 Mandarin Gallery and maxmara.com**



Ready, Set, Go

Legendary German maison Rimowa has launched a new colour for the Rimowa Essential range: a lively shade of blue that's inspired by the regenerative influence of the sea. The shell and wheel housing of the lightweight, modern polycarbonate suitcase is reimagined in beautiful Sea Blue. Whether it's the cabin bag or check-in luggage, both feature a dual-organisation interior with a fully zipped compartment to contain all your items. Ideal for busy work trips, keep everything neat and tidy with a fuss-free toiletry pouch and packing cubes in this limited-edition Sea Blue colour. **Rimowa is available at #01-11 Mandarin Gallery and rimowa.com**



Best Foot Forward

Want to be a woman that has it all just like American entrepreneur Tory Burch? Get inspired by the stylish pieces from her eponymous label, where the magic this season is in the footwear options. The Jessica Slingback in a neutral colour is perfect for work and weekend brunch, while the Clover court

sneakers are comfortable for casual Fridays and quick business trips. Always pack a pair of classic black Mary Jane flats which add a feminine touch to a smart suit or a pair of skinny jeans. **Tory Burch is available at #B2-84 The Shoppes At Marina Bay Sands and toryburch.com**



Functional Fashion

For a bag that's minimalist yet impactful, look no further than the Tod's Di bag which has been worn by Princess Diana, Naomi Campbell, Nicole Kidman and Princess Caroline of Monaco. This season, it has been stretched into a slim rectangular shape while retaining beautiful Italian craftsmanship and suppleness of leather. If you prefer to go hands-free, opt for the fashion forward T Timeless belt bag in a range of luxurious colours such as camel, burgundy, black and ecru—that's easy to match an understated wardrobe. **Tod's is available at #01-48 Paragon Shopping Centre and tods.com**

WHAT'S ON

in May and Jun



Niall Horan: "THE SHOW" LIVE ON TOUR 2024

The Irish singer-songwriter of former pop boy-band One Direction is embarking on the most epic tour of his solo career. He will be performing songs from all his three albums, including *The Show*—his most compelling and complex one yet. If his new single *Meltdown* that he premiered at NBC's *The Voice* is any indication, this promises to be a show that will be the talk of the town and the charts. **Price: From \$108, 9 May 2024, Singapore Indoor Stadium, ticketmaster.sg/activity/detail/24_niallhoran**



Paradise or the Impermanence of Ice Cream

A Singapore Repertory Theatre and Indian Ink collaboration, this play delves on the transience of life. Told through a brilliant monologue, the play explores how love, the mysteries of death and irresistible flavours of Indian ice cream intertwine in unexpected ways—a rumination like no other. **Price: From \$45, 16 to 19 May, KC Arts Centre - Home of SRT, srt.com.sg/show/paradise-or-the-impermanence-of-icecream/**

8

Rose Romance 2024

It's raining roses at Gardens By The Bay as the annual rose extravaganza returns. Indulge in luscious scents and embrace the world of perfumery and romance. Elegant, wondrous and delightfully dangerous yet full of hope—surrender to the magic of this perennial flowering plant. **Price: From \$8, May to Jun 2024, Gardens By The Bay, gardensbythebay.com.sg/en/things-to-do/calendar-of-events/rose-romance-2024.html**



Flou Papagayo

Embark on a whimsical exploration of life with Spanish contemporary circus group, Mumusic Circus. Expect song, acrobatics and rarely performed circus disciplines from this award-winning act.

Price: From \$30, 7 to 9 Jun 2024, Esplanade Recital Studio, esplanade.com/whats-on/festivals-and-series/festivals/2024/flipside/events/flou-papagayo



Mother's Day Concert 2024

The Singapore Chinese Orchestra is back again to celebrate the most important woman in all our lives. The ensemble cast will perform melodies such as *Lullabies*, *Along the Silk Road*, *The Plum Blossom Story*, as well as a medley of the works of Taiwanese composer Li Tai-hsiang. Add to that, famed Taiwanese vocalist Chyi Yu will make a special appearance. Expect some emotional moments. **Price: From \$38, 10 to 11 May 2024, Singapore Chinese Orchestra (SCO Conference Hall), sistic.com.sg/events/mother0524**



*Information of events correct at the time of printing

Serene Savaviours

MARINE TURTLES AND THEIR INTEGRAL ROLE IN MAINTAINING THE HEALTH OF OUR OCEAN ENVIRONMENT.



Turtle **nesting** plays an important role in maintaining beaches. The **nutrients** left behind by **eggs** and **hatchlings** that don't survive **nourish** coastal vegetation and are also a **source of food** for birds and mammals like raccoons.



4

LEATHERBACK SEA TURTLES ARE KNOWN FOR THEIR HUGE APPETITE, ESPECIALLY FOR JELLYFISH. THEIR ABILITY TO CONSUME 200KG OF THESE FREE-SWIMMING MARINE ANIMALS A DAY, COMBINED WITH THEIR MIGRATORY PATTERNS ACROSS OCEANS, PLAYS A BIG ROLE IN BALANCING THE MARINE ECOSYSTEM.

5
Loggerhead sea turtles **save the waters** through their diet of crustaceans—the rate of disintegration of their shells increases that of **nutrient recycling** in ocean-bed ecosystems.

2 **Sea sponges'** defence mechanisms include **chemical emissions**, which prevents them from being prey for fish and other marine animals. The resulting **overgrowth**, however, can **suffocate** slow-growing corals. **Hawksbill turtles** help **preserve** coral health and balance the **biodiversity** around them by feeding on certain varieties of sea sponges.



3

Green sea turtles, the **largest** among the hard-shelled species, get their colour from their unique **herbivorous** diet. Their grazing habits help keep **seagrass beds** healthy and boosts their function as **storehouses** of carbon.



LUXE LIFE

NATURAL WONDERS

People who underscore the yachting lifestyle, backyard barbecues and stargazing holidays for family fun.

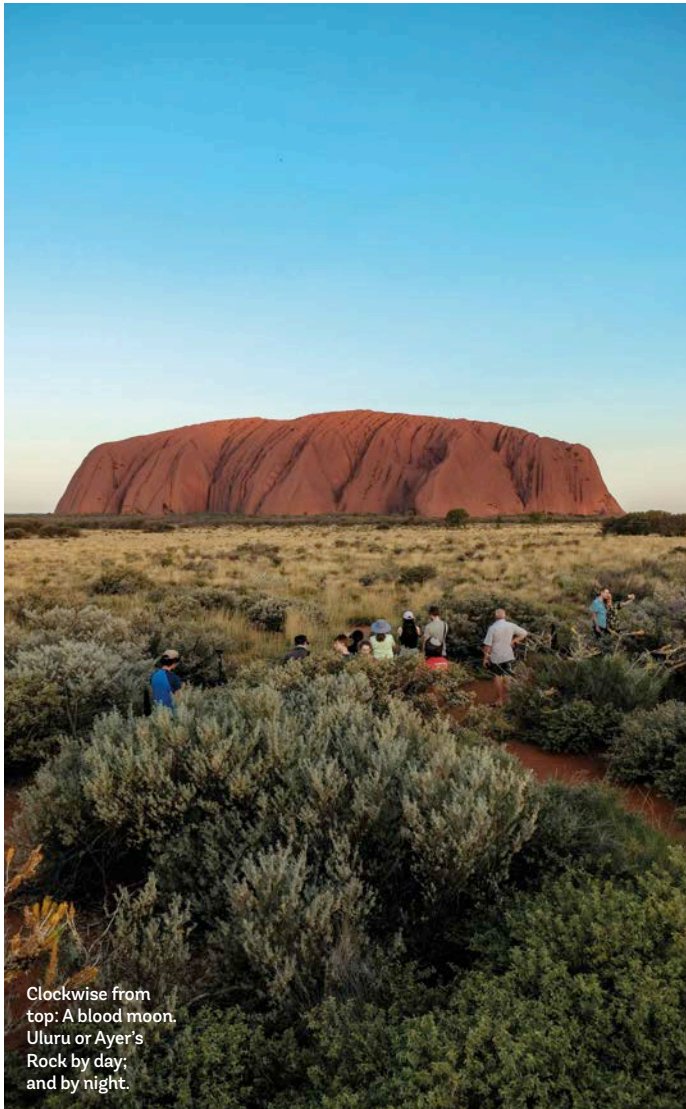
Majestic Aurora Borealis.



REACH FOR THE STARS

ASTRO-TOURISM IS EMERGING AS ONE OF TRAVEL'S BIGGEST TRENDS. FROM DESERT STARGAZING TO OBSERVATORY VISITS, THESE FAMILY-FRIENDLY DESTINATIONS GET YOU UP CLOSE AND PERSONAL WITH THE COSMOS.

TEXT BEATRICE M



Clockwise from top: A blood moon, Uluru or Ayer's Rock by day, and by night.

NORTHERN TERRITORIES, AUSTRALIA

Nestled in the heart of the Australian outback lies Uluru, also known as Ayers Rock, a revered and sacred site for the indigenous Anangu people. Located in the Uluru-Kata Tjuta National Park, the towering, terracota-red geological marvel is often visited during the day, but recent years have seen the rise of nighttime astrological tours to the site, run by indigenous guides.

These guided night sky tours to Uluru offer a unique opportunity to delve into the rich tapestry of Aboriginal astronomy—your guide will share how the stars have been used and celebrated in their culture through generations. Your education is set against an endless backdrop of stars, including constellations like the Milky Way and the Seven Sisters. Guides often come with powerful telescopes so you can observe the stars with awe-inspiring clarity too.

PLAY

Plan a road trip to Uluru and make Perth your starting point. While there, recharge at the Royal Perth Yacht Club (rpyc.com.au), one of the world's most prestigious yacht clubs.

LONGITUDE TIP

Members of ONE¹⁵ Marina can enjoy access to reciprocal clubs around the world. To visit International Associate Clubs, obtain an IAC card and letter of introduction from our Front Desk by contacting 6305 6988, frontdesk.sc@one15marina.com or membership.sc@one15marina.com.



MANILA, PHILIPPINES

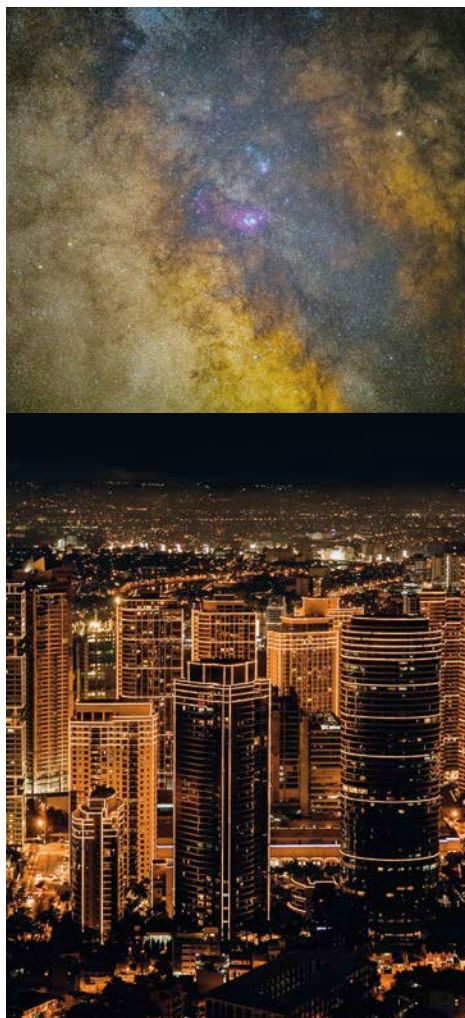
Manila may not be the first destination that comes to mind when thinking of astro-tourism in Southeast Asia, given that its metropolitan area never sleeps. Beyond the urban clamour, however, at a short drive away are idyllic stargazing spots aplenty. Place Tanay at the top of your itinerary for such road trips with loved ones. Just 90 minutes outside of metro Manila, the mountainside town is nature's playground—day and night. Several campgrounds and reserves dot Tanay, offering tourists a bit of R&R, as well as front-row seats to the stars once the sun sets.

For guided stargazing tours, take a day trip to Manila's neighbouring Quezon City, where the country's leading astronomical department, Pagasa, is located. The department has an astronomical observatory and planetarium that is open to the public for educational tours, which include guided access to its powerful Zeiss telescopes. On clear nights, famous stars like Sirius and Vega are some of the sights you can expect.

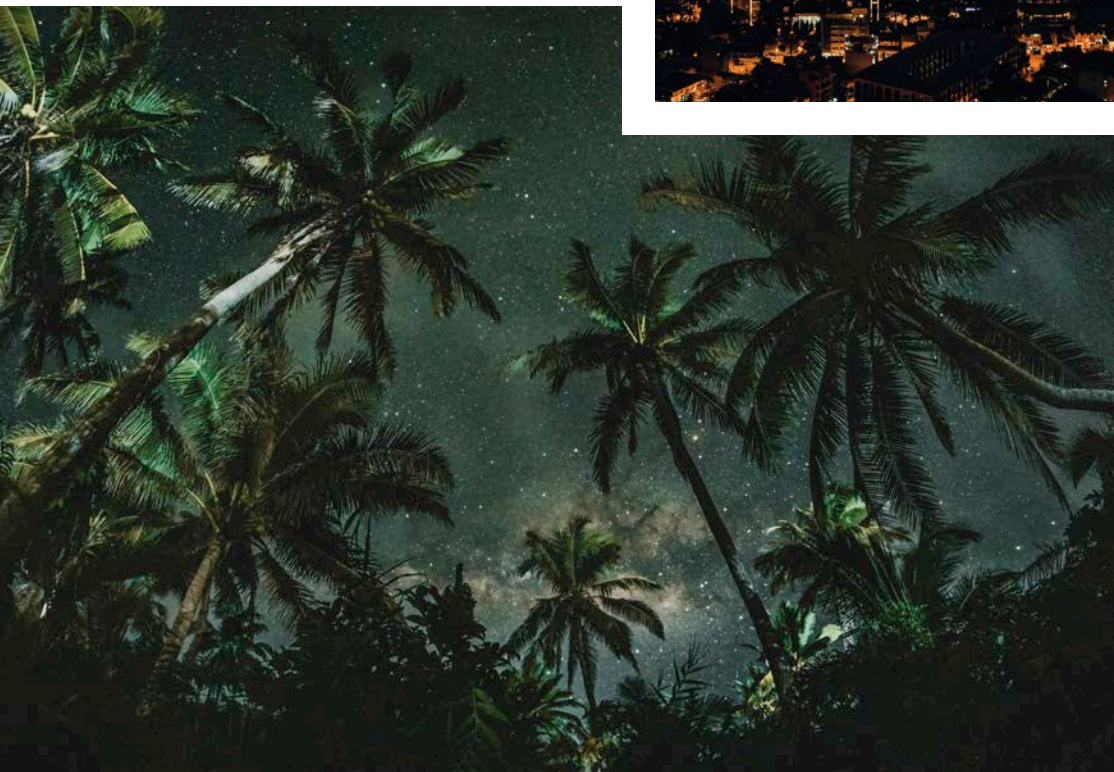
14

PLAY

On your Manila vacation, book a stay at the beautifully scenic Subic Bay Yacht Club (subicbayyachtclub.ph), northwest of the capital.



Clockwise from right: The mountain range surrounding Manning Park, Canada. Constellation spotting at an open field. Manning Park Resort cabins. The night sky over Tanay, Manila's, cityscape.





VANCOUVER, CANADA

In Vancouver, the natural wonders you can experience during the daytime cannot be overstated. Seasoned astro-tourists will tell you that the best wonders are to be seen at night, however, Vancouver has stargazing spots aplenty, with opportunities to see some of the galaxy's biggest constellations, as well as the likes of the Northern Lights. For an all-year family-friendly destination, a stay at Manning Park Resort, to the east of Vancouver, is in order. They offer a wide variety of daytime activities—skiing, hiking, and the like—as well as a handful of lookouts where you get front row seats to the marvels of the night sky.

Travellers looking to do a circuit around Vancouver can take a ferry ride to Vancouver Island for a weekend. Camping is a must—the island is home to over 5,000 campgrounds of all orders, from pitch-a-tent spots to full-on glamping. At night, the Island's main attraction is the Cattle Point Dark Sky Urban Star Park. The park is part of the



global dark-sky movement advocating for urban areas to minimise light pollution, so you can expect to have unfiltered access to an array of constellations, including the Milky Way on clear nights.

PLAY

If you're starting your trip in Vancouver city, make a detour to Hollyburn Country Club (hollyburn.org) for a bit of rest and relaxation, thanks to the club's full suite of wellness services.



LAPLAND, SWEDEN

Sweden's northernmost Lapland region is located within the Arctic Circle, which means astro-tourism here takes on a magical dimension with the Northern Lights. Also known as the Aurora Borealis, this spectacle graces Lapland during the colder months, and is best experienced from late September to March. The town of Kiruna is especially popular for viewings. Situated above the Arctic Circle, Kiruna offers optimal conditions for viewing the Northern Lights, with its dark, clear skies and minimal light pollution. Visitors can embark on guided tours led by locals who know all the best vantage points for witnessing the dancing ribbons of green, purple, and red lights shimmering across the Arctic firmament.

The Northern Lights are not all Lapland has to offer for your family holiday. There are plenty of experiences travellers can partake in, from igloo stays to dog-sled safaris, and multi-day snowmobile trips through the Lapland tundras.

PLAY

You'll likely fly into Stockholm to get to Lapland—spend some time in the capital and at the Royal Swedish Yacht Club (ksss.se), the world's second-largest yacht club.





JOSHUA TREE, CALIFORNIA, USA

Joshua Tree National Park, situated in southeastern California, is renowned for its stunning desert landscapes and unparalleled stargazing opportunities. As a designated International Dark Sky Park, it attracts stargazers from around the world eager to bask under the Orion's Belt, the sprawling Milky Way, and other iconic constellations. You'll also have views of the moon and many planets—Jupiter, Mercury, Venus and Mars to name a few. Bring binoculars so you can see them better, or book a guided night-sky tour with a company that offers telescope viewings.

The national park also has daytime and child-friendly activities aplenty. You'll be in the high desert, with a countless number of hiking trails, revealing otherworldly rock formations, cactus gardens and views of arid canyons. Park rangers also offer a fun Junior Rangers Programme, with quests and activities to complete, all of them doubling as an education about the desert. 📖

PLAY

If your family is planning to sail during your California vacation, visit Marina del Rey's crowning jewel, the California Yacht Club (calyachtclub.com), which offers guest mooring.



Clockwise from left: Sled dogs running towards the Northern lights. An igloo hotel in Lapland, Sweden. Glamping in Lapland's tundra. A resort in Joshua Tree National Park, California. Constellations over the national park.



TRUE LIVES

NAVIGATING THE BOUNDARY BETWEEN HIS PERSONAL AND PROFESSIONAL LIVES IS SECOND NATURE TO BENJAMIN TAN.

TEXT SANDHYA MAHADEVAN PHOTOGRAPHY BENNY LOH ART DIRECTION CHARLENE LEE

Benjamin Tan thanks the server who brings his water, addressing her by her name, as we settle down at LATITUDE Bistro for the interview. He does the same with every other staff at the restaurant and whoever he meets around the Club. “I make it a point to know them by name,” he asserts, and going by the reciprocation of his greeting, it is clear that his presence and actions are appreciated.

The Club is where I am myself, apart from my home. My work is intense, so the Club is a tranquil place for me to unwind. It’s my sanctuary,” says Benjamin, who has been a Member since April 2023.

“I’ve always had an affiliation to the sea and wanted to join a club that would connect me to it,” says Benjamin. In fact, he has wanted to join the Club since its opening 16 years ago, but held back as his wife does not share his appreciation of the sea. “She prefers that I be involved in activities on land than in water.”

CLEAR PATH

As fate would have it, much as he loved water, Benjamin made his career in aviation. In fact, he met his wife Genevieve at work—they were attending a course together. “Her presence was definitely more exciting than the content of the course,” he laughs. The spark was mutual, moving very quickly from friendship to a relationship, and they got married two years later. The couple have two daughters, 18 and 26 years of age.

Benjamin was born into a family of government civil servants. His father was in the Ministry of Defence and mother in the Ministry of Finance—incidentally, his wife, too—so the inspiration for his career choice is obvious. “I think I was driven by the fact that I wanted to do something meaningful and professional at the same time,” explains Benjamin. “I believe that those who are able to work within regimented standards and yet be able to lead and take charge are a special breed of individuals. That was something I told myself that I wanted to achieve in my career.”

He wanted to be part of the commandos, but that remained a dream as he wore—still wears—spectacles. Being a pilot with the air force was again off-limits for him. So he opted for aviation-related operations that would allow him to work closely with ground

BENJAMIN’S TOP 3

FITNESS

I gym a lot and so does my wife. Every Sunday, we will come to the Club’s gym. I also like to swim. We like taking long walks, mostly on the mainland. Sometimes, we will hike around Sentosa Island—we would go twice around the Northern and Southern Cove area.

TIPPLE

I love red wines, especially French wines. I have been attending professional wine appreciation events and courses since my 20s—mainly for leisure and networking reasons. I recently also enrolled in the French Wine Scholar programme to deepen my knowledge.

SEA

Even though I used to dive a lot, I was diving mainly in local waters, around the Southern Islands. I hope to one day go back to the Maldives—I holidayed there a few years ago but couldn’t dive—and explore its waters.



and air crew, undergoing training with the Royal Air Force in the United Kingdom.

Eight years ago, at the age of 44, he left the military to counter its retirement-at-50 mandate, “to give my career a longer runway”. He, however, continues to be in aviation.

“The two careers have given me a lot of opportunity and learning, and shaped me to be the man I am today—how I respond, how I handle issues of all manner and life as a whole,” he adds, with palpable gratitude.





FAVOURITE THINGS

All that military conditioning, however, goes out the window at home with his daughters. His wife is more of a disciplinarian, while Benjamin is the “go-to friend” they can talk to about anything, and the dad that opens up opportunities for them. “Nothing compares to having that close relationship with your children,” he says proudly. “My eldest daughter is getting married. I suddenly came to realise that this would be the year that she would leave the family, when she’ll be staying out of the house. It’s really hitting me,” he says with true *Father of the Bride* anxiety.

Aside from his three loves—his wife and children—Benjamin has one more: the sea. An active surfer, sports diver and a canoe instructor since young, he also got his power pleasure craft licence many years ago.

“I have always been interested in boats. When I was a teenager, I would diligently save money so I could buy a \$40 rubber boat,” he recalls.

Being a Member at the Club is the closest he can get to experience the exhilaration he feels when he is in the water. Owning a yacht and moving to Sentosa Cove are dreams he hopes to realise one day. “Whether or not it materialises depends on my wife, but I am working on it,” he laughs. “She is starting to slowly appreciate the exclusivity of the place, the sights that you can see, the marina and the yachting lifestyle.” 🍷



DESTINED HORIZONS

RELATIONSHIP MANAGER FOR MEMBERSHIP SUSANA CHUA IS AS AT HOME IN SINGAPORE AS SHE IS AT THE CLUB.

TEXT SANDHYA MAHADEVAN PHOTOGRAPHY BENNY LOH ART DIRECTION CHARLENE LEE

“The best way to predict the future is to create it.” This famous quote is by former US president and statesman Abraham Lincoln. It’s an adage that Susana Chua, the Club’s Relationship Manager for Membership, has lived by. We live in times of increasing awareness of the need for flexibility and adaptability when it comes to our careers, and Susana has always been up for the challenge. She has never let her educational qualifications and past work experience restrict her to a certain industry.

FORGING AHEAD

Susana was born in the island of Bintan, Indonesia, but moved to the capital city of Jakarta at a young age, starting her career in an oil and gas company there. “I was so eager to join the workforce that I didn’t have the time to complete my graduation. I only recently acquired a degree in Logistics and Supply Chain Management from Kaplan in Singapore,” she laughs. Her eagerness and verve to learn didn’t go unnoticed and it was only a matter of time before she was promoted from a clerical position to that of a sales manager.

In 2016, her dream of living and working in Singapore came true, but the visa situation soon saw her making an industry pivot from manufacturing to construction. “I found that my skills were transferable. So with a bit of guidance from my senior, I was able to catch up,” she says undeterred.

But juggling studies with a demanding career in construction was challenging and when an administrative position—Assistant Admin Manager for Membership—opened up at ONE*15 Marina Sentosa Cove in April 2022, she jumped at it. But she soon realised that the work scope she opted for to get a better work-life balance had much more to offer and in tune with where she wanted to be and what she wanted to do.

FINDING HER NICHE

As much as being in Singapore was a dream come true, working in an environment that was all about

the water put the island girl at home instantly. “I knew of Sentosa, but I never imagined that such a beautiful place existed,” she gushes, recalling the day she stepped foot in the Club.

Late last year, she took on her current position as Relationship Manager for Membership. “It’s very different from my previous experiences in shipping and construction. Although I was handling sales there as well, it was a very B2B setup,” she says, whereas her current role is more client or Member facing.

Having dabbled in some customer-facing side hustles while in Jakarta, she remains unfazed. At the same time, she is very aware that familiarising herself with the specific workings of the marina and its offerings is key. “As the first point of contact for new Members, we are also the go-to for any queries they may have—even if it is not under our department—so I have to make sure I have all the information on hand to point them in the right direction.”

Having the support of her colleagues, the teamwork and camaraderie, she adds, has made the transition much easier. Susana’s personable and sincere approach to her work is another ace up her sleeve. “I always ensure I am able to give any job my best and see it through to the end,” she asserts.

It’s a trait she says she has acquired from her father, watching him navigate his work with apathy—in the shipping industry as well. “He is a very honest and patient person, who is always happy to lend a listening ear and offer support and advice. My mother on the other hand is very impatient and restless, so they balance each other out,” she laughs.

A former owner of an F&B outlet in Bintan, her mother has imparted some culinary lessons to Susana. “I have picked up many recipes from her, but these are for easy-to-cook dishes. My sister picked up all the complicated recipes. I am trying to become as good at baking as my mother though,” she adds.

SECURITY BLANKET

That security of a solid family backing that she had growing up is of utmost value to Susana and she is raring to build the same with her husband, whom she met in December 2019 and got married to in 2021 during the time of COVID-19.

“I always dreamt of coming to Singapore, but I knew that I would not be able to do it without education. I cannot believe that today I am here, have a degree, in such a good working environment, and I met my better half here. So life has really worked out for me,” says Susana, adding that she has never been one on the quest of climbing the career ladder. “I am very happy where my hard work has brought me.”

SUSANA'S TOP 3

FAITH

I am quite a religious person. Every Saturday, I will make time to serve the members of my church and the community. My faith in God and the church, I would say, has built my character.

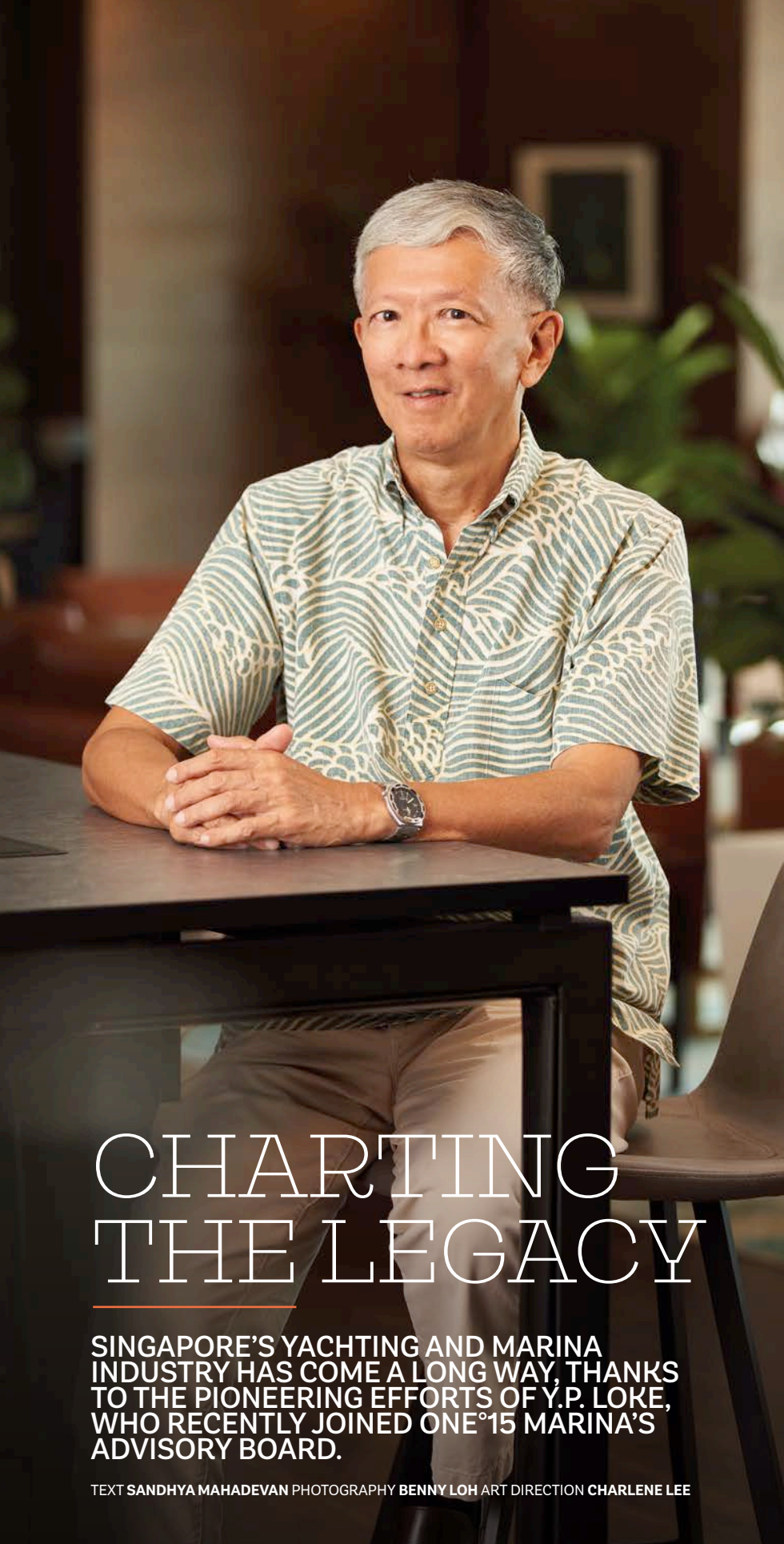
FOOD

My husband and I are both foodies, and like to try various cuisines. When planning holidays, the first thing we do is research the best places to eat in our destination. During a recent trip to Japan, we went to this 100-year-old establishment in Kyoto serving sukiyaki. It was truly memorable.

ADVENTURE

We like going on the water—not so much water sports but rather taking an island tour on a boat. My favourite is the RHIB ride.





CHARTING THE LEGACY

SINGAPORE'S YACHTING AND MARINA INDUSTRY HAS COME A LONG WAY, THANKS TO THE PIONEERING EFFORTS OF Y.P. LOKE, WHO RECENTLY JOINED ONE°15 MARINA'S ADVISORY BOARD.

TEXT SANDHYA MAHADEVAN PHOTOGRAPHY BENNY LOH ART DIRECTION CHARLENE LEE

It's a breezy day in March and Y.P. Loke walks in for the interview in slick khakis and a batik shirt. He is not only in tune with the weather, but also very much in vibe with the marina ambience. Just as well, as Loke, who recently came on board as an advisor at ONE°15 Marina Sentosa Cove, is no stranger to the marina and yachting industry.

His relationship with water started as a young boy in the '60s running around in the shipyard his father owned at Jalan Benaan Kapal, which is situated along the northern bank of the Geylang River near to the river mouth at Kallang Basin. "In the old days before they cleaned up the Kallang River, it is where all the shipyards and boatyards were located. Hence the name," he explains. "I guess that's where my love for being near the sea and seeing what happens when people knock about their boats comes from."

Today, aside from his advisory role at the Club, Loke runs his own consultancy Spinnaker Marine, is Chairman of Singapore Boating Industry Association, President of Raffles Marina, and cofounded the Asia Pacific Superyacht Association—he is now an honorary member—and Global Marine Business Advisors (GMBA). He has a long relationship with ICOMIA (International Council of Marine Industry Associations), having been a member of the ICOMIA Marinas Group since 1999—he has been Vice President of the Board, and was made an honorary member last year.

Over a casual chat, he regales us with stories on yesteryear Singapore, the yachting industry here and his hopes for its future.

What got you into the commercial side of the shipbuilding business?

It was in the 70s and Singapore was just taking over both Keppel and Sembawang dockyards from the British, so a lot of scholars in my time went to the United Kingdom (UK) to do marine engineering and naval architecture, and upon their return became the first locals to take over their running from the British. Sembawang was then a naval base, and was converted to a commercial shipyard. I went to work for Keppel after finishing my degree in naval architecture from the UK. I didn't join the family business as my dad was very clear: "Go make your mistakes elsewhere" [laughs].

Then somewhere along the line I went back to the UK to do my MBA and dabbled in the restaurant business for a while. It was around that time in 1991 that Raffles Marina was being built, and I interviewed with them for the position of General Manager. I thought it would be an interesting job to do, as I had some hospitality experience, knew a few things about boating and could sail—I learnt to sail when I was studying in the UK and became a member of Changi Sailing Club upon my return.

How did the marina industry change the sailing scene in Singapore?

In those days, boats were parked in boatels in Punggol, where operators would launch the crafts on and off the beach using tractors. These were smaller boats, and could be hauled out of the water easily, and they would be spread out like in an open car park—very land intensive. It was not environmentally friendly either, as you can imagine, with oil from the boats spilling on to the ground. There were no proper refuelling facilities then so boaters would carry the fuel in jerry cans. From there to a walk-on, walk-off marina was a giant leap for the industry.

There was no real boating scene in the modern sense at the time that Raffles Marina launched in 1993. So it was more than just selling a product and a parking space, it was about selling the lifestyle and the boating experience. If you look at Europe and other Western countries, yacht clubs are tiny with a lot of space on the water for the boats. But in Asia, country clubhouse associated with a yacht club took root. This, obviously, comes with a big social component attached to it. Thinking about the ecosystem of it—how the marina is just one part of the supply chain delivering the boating experience—was more interesting to me than running the club itself.

How different is the boating culture in Singapore from other countries?

In the West, there is a robust sailing culture, and people start to learn to sail from quite a young age starting with a small boat and graduating to bigger boats. But in Singapore, people get into boating quite late in life, after the family comes along,

when they have made a bit of money, and paid their mortgage off. Recreation by the sea is not really a part of Asian culture, although it has changed. Singaporeans also do not have a do-it-yourself mentality, everyone has hired help. Whereas in the West, tinkering with the boat is part of the boating culture. Four out of five times they go to their boats would be to fix something or mess about the boat.

What was the thought process behind the founding of the Asia Pacific Superyacht Association?

In the '70s and '80s, there were very few boats that could cross the oceans. These superyachts were based in the Mediterranean—traditional routing was summer in the Mediterranean and winter in the Caribbean. The opening of the first marina brought a sprinkling of adventurers through Singapore waters as well. With the advent of the integrated resorts, the Singapore government sold the mental image of Monte Carlo and Monaco with high-end casinos and superyachts. The opening of ONE°15 Marina Sentosa Cove was well timed to benefit from this. And in order to incentivise more superyachts to come to Singapore, we realised the need to look at the bigger picture and market Southeast Asia as a whole. This prompted the founding of the Asia Pacific Superyacht Association based in Hong Kong. The objective was to promote Asia Pacific as a yachting destination, the way that the Mediterranean and Caribbean are destinations. A regional body was a way for all stakeholders to chip in to promote it as a superyacht destination.

How did you meet the Club's Chairman and CEO Arthur Tay?

His father had a boat in Raffles Marina when I was the General Manager. Arthur was still a young man then. I met him again when I started my own consulting firm—I had stepped down from my role at Raffles Marina by then—when he became interested in building ONE°15 Marina. We got into quite a few long discussions about the financial aspects and business plan during the bidding and planning stages.

What changes do you hope to bring to the Club?

That is probably a question for Arthur [laughs]. But I looked at the rest of the members of the advisory board. I can see their backgrounds are quite different from mine, so there's a diversity of expertise. I see that I can bring something to the table that is different from the other advisors. 🍷

LOKE'S TOP 3

SAILING

I didn't get my boat until 2019. In my younger days, I had a Hobie Cat 16, a small 16ft beach catamaran. The furthest I have been to is the Andaman Islands, but also to Phuket, Anambas, Tioman, and circumnavigated Batam and Bintan. Some of this is on other people's boats—if you know something about boats and sailing, people want you on their yachts.

UNWIND

I have been doing Standup paddleboarding for some years now—every Thursday, a group of us go out paddling. During COVID-19, I picked up kayaking. Whether it's a workday or weekend, I still like being in the water, and these are activities that complement sailing.

TRAVEL

I like travelling, and like to go to different places. But I have a daughter in the US, so my wife and I invariably go there to see her and the family—she has two children. We use her place in Maryland as the base and travel around.



FIRE AND FOOD

BARBECUE HAS ITS REPORTED ORIGINS IN THE NEW WORLD, BUT HAS EVOLVED TO BECOME A BELOVED TRADITION ACROSS COUNTRIES AND CONTINENTS—AND EACH CULTURE HAS ITS OWN TWIST.

TEXT SANDHYA MAHADEVAN



Australia

Barbecuing tradition in the Down Under dates back 40,000 years. Large gatherings involving fire, food, a pint or bubbly, and music is an event that is defined by its multi-cultural mix, balmy climate and an innate love for the outdoors. In that sense, an Australian “barbie” (lingo for barbecue) spread is as eclectic as its diners. Lamb chops, sausages (or snags), seafood, rissoles, and honey-soy chicken wings, and loads of onions make their way to the fire in no particular order or culinary rule.

The Australian concept of living off the land lends itself well to their barbie and has not diminished with modern trends such as veganism although plant-based foods, vegetables and gluten-free breads add to the accompaniments.

To say the grill is the centrepiece would not be an overstatement. While the master of the grill holds position with a drink in hand, friends and family vie with each other to turn the meat and add their share.

FUN FACT

Barbecue in Australia has been associated with political campaigns since the early 1900s. On polling day, it is tradition to grab a “democracy sausage”, a regular sizzled sausage between bread, from stalls near the public voting areas. In fact, most stalls advertise their offerings on social media, so people can choose the venue to place their votes based on their food choices.

North America

Slow cooking over an open flame, under open skies—this is what early explorers to the Americas encountered in 1492. The Taino, indigenous people of the Caribbean and Florida roasted their meat atop a wood framework made of green, fire-resistant bearded fig branches. They called this mode of cooking *barbaca* in their native language Arawak, which in time evolved into what we know as barbecue today.

It is uncertain if the Taino people were indeed the first in the world to employ the barbecue method of cooking, but its discovery sure brought it to mainstream culture. Throwing hamburgers and hotdogs on the grill served alongside mashed potatoes and vegetables is a tradition that is dear till today. In fact, it has grown bigger with a picnic table thrown in the midst.

The spread on the table may differ depending on the state, region, availability and cultural influences—as do the meat, proteins, sauces and rubs. Think pork ribs smothered with a dry rub in Memphis, Tennessee; smoked beef, slow-cooked over oak and Tex-Mex style barbecued meat served with tortillas, beans, Mexican rice and salsa in Texas. A good example is LATITUDE Bistro's Baby Back Ribs, served with housemade Kansas barbecue sauce, fries, and garden salad.



FUN FACT

The conquerors from Spain embraced the Taino style of cooking and also spread it across America and other parts of the world. Spanish explorer Gonzalo Fernández De Oviedo y Valdés is credited for introducing the word "barbecoa" in print in Spain in 1526.





South Korea

Barbecuing is a way of life in Korea and the multitude of Korean barbecue restaurants around Singapore are testament to the fact that it is also their greatest culinary export.

The Korean barbecue of *gogi-gui* happens around a tabletop with a hotplate at the centre of it—each person does their own grilling. However, there is an unsaid hierarchy, where elders in the group are waited on as the younger lot take over the grilling.

Gogi-gui grills all kinds of meats, from pork belly (*samgyeopsal*) and beef ribs (*galbi*) to the famous *bulgogi*. While meat takes the centrestage, the flavourful marinades, which include pepper, soy sauce, garlic, ginger, sesame oil, sugar, and pear juice, among others, as well as the side dishes, *banchan*, elevate it to a different level. Copious amounts of *soju* (Korean alcoholic beverage), do well to down the meats, marinated and grilled to perfection.

Non-marinated meats also make their way to the hotplate—Koreans go for those first in terms of order of eating so as to not overwhelm the palate and allow it to enjoy the marinated meat to the fullest.

Once the meat is grilled, it is common to wrap it in lettuce or perilla leaves, along with the condiments to create a delectable package or *ssam*. Try it with Boaters' Bar Korean Wagyu Short Rib served with salad, pickles and gochujang.

FUN FACT

It is believed that Maek, a nomadic group of people from Central Asia, brought the culture of marinating and grilling to the Korean peninsula—pre-seasoning meat helped them save time when it came to food preparation and was well suited for their wandering lifestyle.





FUN FACT

Gathering around a roaring fire for warmth was one of the biggest comforts for early man. At one instance, one of them accidentally dropped a piece of meat into the fire. The discovery that cooked meat was tastier is believed to have led to the first *braai*.

South Africa

The *braai*, which in Afrikaans means grill or just barbecue, is popular in African culture, but the practice has ancient roots in South Africa. Indigenous peoples, namely the Khoikhoi and San communities are known to have been using open fires to cook their meats and other food.

During the British colonial period in South Africa, the *braai* became more of a close-knit and intimate backyard celebration amongst the non-white communities as they were not allowed in public parks. It has since become a national celebration of independence and this mode of cooking has also been embraced across the continent.

With South Africa evolving into a melting pot of cultures from around the world, various culinary concepts have been integrated with *braai* as did its significance as a means for communities to get together and share stories of their heritage. Beef and lamb are centrepieces, but chicken, pork, and game meat also find their way to the grill. Spiced sausage, which the British introduced, are now *braai* staples. The sauces and marinades espouse a plethora of influences, from a simple combination of olive oil, lemon, garlic and herbs to chutneys, which was again introduced by the British. Similar influences can be seen in the side dishes, which range from a traditional polenta porridge to potato salad and coleslaw.



New Zealand

In New Zealand, the traditional Maori way of barbecuing, *hāngī*, is done over heated rocks over a pit oven buried in the ground. Food is covered with cloth and soil to trap the heat from the hot stones, and is lowered in large baskets into the oven, or *umu*. This allows for large amounts of meat and other kinds of food to be cooked, adding to the communal nature of the event—which is in line with the Maori belief that food should be shared.

The building of the *umu* itself is a process. A large hole is dug, to the depth of 20 to 40 inches, into which large searing hot volcanic rocks are stacked. Logs of the manuka plant are usually used to build the fire. Large baskets loaded with meats such as lamb, pork, chicken and seafood, slow cook alongside root vegetables, including potatoes, yams and taro, and other popular vegetables. In place of popular barbecue spices, the Maoris flavour their food using herbs such as *horopito* and *karwakawa*, which impart a spicy and peppery kick. The leaves are also known for their astringent properties and used in traditional medicine to cure stomach pain and other digestion-related ailments.

The *hāngī* method of cooking can also be seen in Fiji and Samoa, where it is referred to as *lovo* and *umu* respectively.



FUN FACT

The Polynesian ancestors of the Maori people are believed to have brought the tradition of *hāngī* when they migrated to New Zealand over 700 years ago. Although modernisation has introduced gas-fired grills, it continues to be a part of the cultural identity of the Maori people of New Zealand, steeped in ritual as much as spiritualism.





FUN FACT

Corn planting has been documented in Colombia since roughly 3,000 years ago. When the Spaniards invaded in the 1500s, they devastated its indigenous population and also brought in slaves from Africa via its port city Cartagena. This aspect lends to the strong African flavour and the copious use of beans, plantains and grains in its cuisine, especially along its Caribbean coastline.



Colombia

In the South American country as well, *asado*, as a traditional Colombian barbecue is called, is a lively and social affair. A plethora of meats are grilled, while family and friends gather over drinks and side dishes and music. No barbecue in Bogota, the country's capital city, is complete without chorizo (pork or beef); *costilla*, grilled beef or pork ribs; *churrasco* of Brazil fame (thinly sliced marinated beef steaks); *morcillo*—a blood sausage which is mixed with rice, beans and onions; and of course rotisserie chicken, *pollo a la brasa*. Colombians love their *arroz* (rice) and coconut flavoured variety goes well to soak in all the barbecue spices, while a plateful of fruits adds a refreshing touch.

Plantain finds its way into many Colombian dishes, but at a barbecue, the humble *patacones*, fried plantain chips act as a delightful side with the drinks. Wholesome foods such as *ajiaco*, a soup made of corn, chicken and potatoes also make it to the table, and is almost a staple.

Rum and beer rule the roost but plenty of non-alcoholic beverages, including the *chicha*, a fermented drink made of corn to keep the gathering family-friendly. 🍷



CLUB BUZZ





MEMBERS ONLY

The definitive list of all that's happening in and around ONE°15 Marina Sentosa Cove.

32

Mother's and Father's Day buffets, happy hour promotions, fitness for all, and luxurious staycations.

38

Exciting events and interactive workshops to RSVP to.



SPECIALS IN MAY & JUN

LATITUDE BISTRO

Mother's Day Weekend Buffet Brunch

11 and 12 May 2024, 11am to 3pm

Treat mum to a culinary indulgence at the Mother's Day Buffet Brunch with delectable dishes like the Slow-braised Wagyu Short Ribs, Double-boiled Collagen Soup and Salt-baked King Salmon. Mothers get 50% off their meal when accompanied by four paying guests as well as a free Mother's Day cake. Larger groups of eight and above enjoy a complimentary bottle of wine.

PRICES: \$78+ (Adult)
\$38+ (Children aged 3 to 11 years)

Father's Day Weekend Buffet Brunch

15 and 16 June 2024, 11am to 3pm

Celebrate the day with that special man in your life, indulging in delights such as freshly shucked oysters, Braised Oxtail, and succulent Wagyu Prime Ribs. Dads enjoy 50% off their meal and a Father's Day cocktail when dining with a group of four paying guests. Larger groups of eight and more also get a complimentary bottle of wine.

PRICES: \$78+ (Adult)
\$38+ (Children aged 3 to 11 years)

WOK°15 KITCHEN

Super Mum Dim Sum Buffet Brunch

11 and 12 May 2024

11am and 12.30pm; 1pm to 2.30pm
Make Mother's Day weekend a tasteful tribute with a buffet spread, where mothers enjoy a complimentary Bird's Nest with Rock Sugar, and Double-boiled Collagen Soup. The array of delights range from Pork Dumplings with Baby Abalone to Steamed Rice Rolls with Shiitake Mushrooms and Black Truffle, topped off with the exquisite Singapore-style Chilli Crab. Mothers get 50% off their meal when dining in groups of four or more, while groups of 10 and more can revel in a complimentary whole Peking duck.

PRICES: \$68+ (Adult)
\$38+ (Children aged 3 to 11 years)

Super Dad Dim Sum Brunch

15 and 16 June 2024

11am to 12.30pm; 1pm to 2.30pm
Elevate Father's Day Weekend with our extraordinary Dim Sum Buffet Brunch. Dads get a 50% discount with a party of four and will relish a complimentary serving of mini Buddha Jumps Over the Wall. Larger groups of 10 and more can indulge in a complimentary whole Peking Duck. The buffet menu also showcases culinary masterpieces like Stewed Beef Brisket, Deep-fried Oyster with Salt and Pepper, and Live Tiger Prawns Flambéed with Shaoxing Wine and Herbs.

PRICES: \$68+ (Adult)
\$38+ (Children aged 3 to 11 years)



Bring Your Own Bottle

Tuesdays to Fridays

Sip and savour without restraint at WOK^o15 Kitchen. Pair exquisite Cantonese cuisine while enjoying complimentary corkage on wine. Elevate your dining experience with the perfect pairing of flavours and spirits.

PRICE: Complimentary

BOATERS' BAR

Sipping in the Rain

Rainy days, Wednesdays, Thursdays and Sundays

Spend the next rainy evening sipping on a cocktail or two with Boaters' Bar's 1-for-1 drinks special. Let the raindrops enhance your spirits as you enjoy a complimentary drink with each one purchased. Cheers to embracing the downpour.

PRICE: 1-for-1

Trivia Night

26 May and 30 June 2024

Engage your intellect at Boaters' Bar's Trivia Night, hosted by the charismatic Quizmaster Colin Chamberlain. Unleash your inner genius over a beer or two and dive into a night of brain-teasing fun and camaraderie.

PRICE: Complimentary

Sundown Steals

Ongoing

Raise your glass without breaking the bank with Tiger draughts, prosecco, house wines, and house spirits—all priced at \$10. Members enjoy 15% off plus 10% service charge waived. How's that's for affordable indulgence?

PRICE: \$10 per tipple

Ladies' Night

Wednesdays

Ladies, spice up the night at Boaters' Bar by grabbing 50% off your second drink—because good times and great deals are the ultimate power couple. Excludes \$10 happy-hour drinks. Cheers!

For orders and reservations:

LATITUDE Bistro: Call 6305 6982, WhatsApp 9144 7124 or email bistro.sc@one15marina.com.

WOK^o15 Kitchen: Call 6305 6998, WhatsApp 8500 1015 or email wok15.sc@one15marina.com.

Boaters' Bar: WhatsApp 9849 0115 or email boatersbar.sc@one15marina.com

All prices are nett unless otherwise stated.



FITNESS

Personal Training

Ongoing

Embark on a fitness journey with a personal trainer, who will provide customised workouts, expert guidance, and personalised strategies that propel you towards your health goals.

PRICES: \$135 per session

\$1,090 for 10 sessions

\$1,962 for 20 sessions

\$2,616 for 30 sessions

All sessions are for 60 minutes.

Personal Training for Kids

Ongoing

Fuelling the potential of young minds, personal training for children ensures a fun and safe fitness experience.

Not only will expert guidance foster healthy habits, it'll also help boost your little one's confidence while laying the foundation for a lifelong love of physical activity.

PRICE: \$872 for 10 sessions

All sessions are for 60 minutes.

CrossCore®

Ongoing

Take your workout to the next level with CrossCore®. Trusted by leading professionals and athletes worldwide, it transforms bodyweight training. Easily shift between static and rotational suspended exercises with a simple knob turn, ensuring adaptability to any user's height when locked.

PRICES: \$709 for 10 sessions

\$1,090 for 20 sessions

\$1,472 for 30 sessions

All sessions are for 30 minutes.

\$1,090 per 10 sessions

\$1,962 per 20 sessions

\$2,616 per 30 sessions

All sessions for 60 minutes.

Power Plate

Ongoing

Enhance your health journey with Power Plate sessions. This efficient, compact and lightweight exercise tool optimises workouts, and accelerates your progress towards diverse body goals with precision and effectiveness.

PRICES: \$600 for 10 sessions

\$1,090 for 20 sessions

\$1,472 for 30 sessions

All sessions are for 30 minutes.

Buddy Training Special

Ongoing

Embark on a fitness journey with a workout companion. Buddy training infuses workouts with shared motivation, personalised guidance, and mutual support, making the path to improved health and fitness an enjoyable and collaborative experience for both. Take it up a notch and include Power Plate into your training.

PRICES: \$1,308 for 10 sessions

\$2,398 for 20 sessions

\$3,270 for 30 sessions

With Power Plate:

\$1,417 for 10 sessions

\$2,616 for 20 sessions

\$3,597 for 30 sessions

All prices are for two persons and sessions are for 60 minutes.

Boxing

Ongoing

Discover the heart-healthy benefits of boxing beyond the ring in these intense sessions. The intensity of each punch elevates your cardiovascular health. Boost your endurance and let boxing shape a healthier you.

PRICES: \$1,308 for 10 sessions

\$2,180 for 20 sessions

\$2,834 for 30 sessions

All sessions are for 60 minutes.

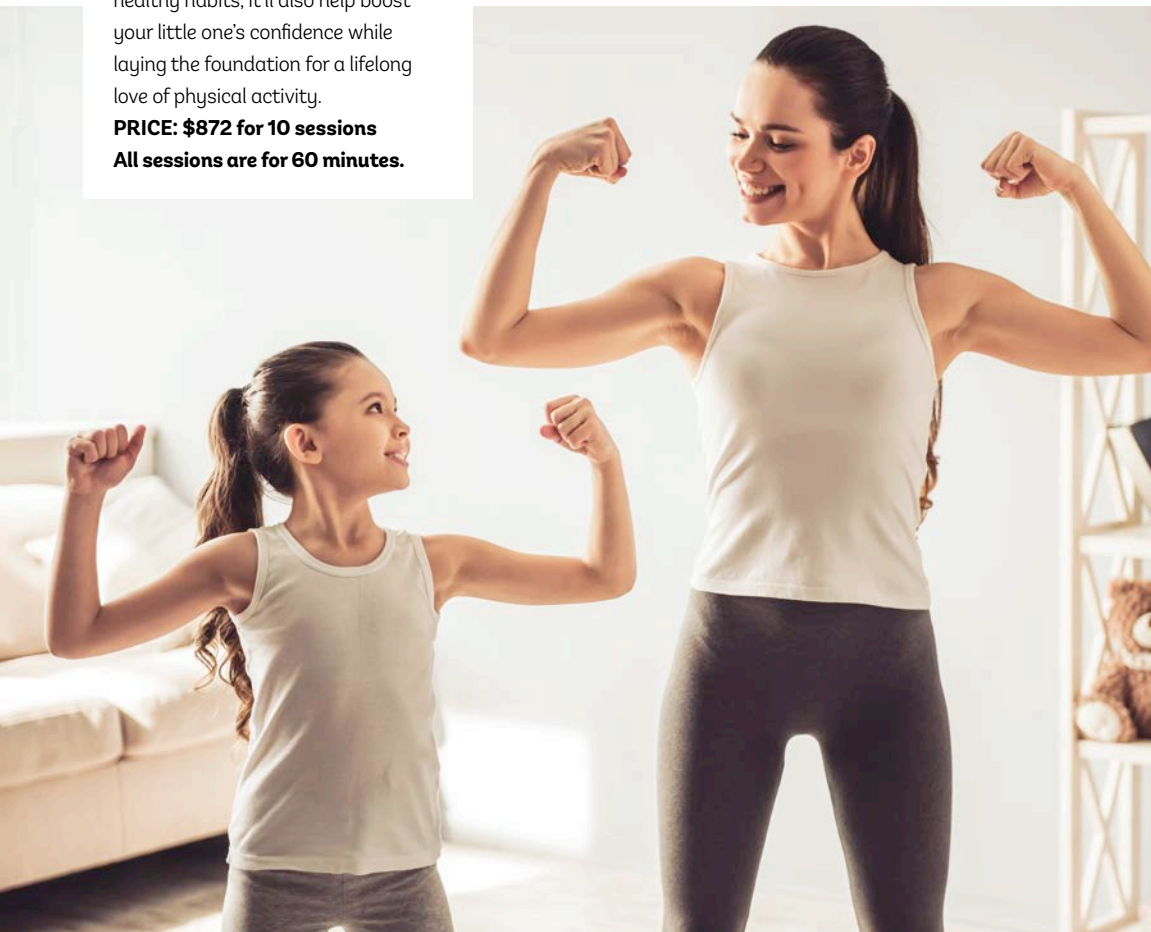
Boxing Fitness

Thursdays, 10am to 10.45am

Dive into the art of boxing with technical punches like jabs, crosses, and uppercuts. Learn the ropes and the do's and don'ts from certified trainers such as proper pad holding. This high-energy workout burns 500 to 900 calories per session, enhancing strength, endurance, flexibility, and reflexes. Boxing gloves will be provided.

PRICES: \$40 (Member)

\$50 (Member's guest)





**Member Referral Programme
Ongoing**

Encourage a fellow Member to enrol in 10 personal training sessions, and as a token of appreciation, both of you will receive a complimentary group fitness session of either Pilates Matwork or Gentle Yoga. The choice is yours.

PRICE: \$1,090 for 10 sessions

**Sculpt & Tone
Fridays, 10am to 11am**

Experience a holistic approach to fitness with exercises meticulously designed for total body conditioning. Tailored for all fitness levels, this programme specifically targets and sculpts the lower body. Engage in a dynamic blend of strength-enhancing and muscle-toning exercises, seamlessly integrating both equipment and bodyweight techniques.

**PRICES: \$16 (Member)
\$20 (Member's guest)**

**Gentle Yoga
Tuesdays, 6.30pm to 7.30pm and
Wednesdays, 10am to 11am**

Bask in the serenity of Sunset Yoga every Tuesday and embrace tranquility while the sun sets, engaging in yoga postures that strengthen, enhance flexibility, and release tension. Shift gears on Wednesdays with Yoga Flow Vinyasa, a dynamic fusion of movement and meditation aimed at fostering a profound connection between mind and body. All levels are welcome, whether you're a seasoned yogi or a beginner.

**PRICES: \$30 (Member)
\$40 (Member's guest)**

**Pilates Matwork
Mondays, 10am to 11am**

Pilates, a dynamic blend of strength and lengthening exercises, targets your core muscles while also engaging and toning your arms and legs. Immerse yourself in this comprehensive workout that sculpts, tones, and enhances overall flexibility.

**PRICES: \$30 (Member)
\$40 (Member's guest)**

AQUA

**AcquaPole & AcquaPole Boxing
Thursdays, 9.30am to 10.20am**

Beat the heat and burn fat without straining your muscles in this low-impact workout series—all of which are suitable for beginners.

**PRICES: \$40 per lesson;
\$132 for 4 lessons (Member)
\$45 per lesson; \$155 for 4 lessons
(Member's guest)**

**Hydrotherapy
By appointment only**

Dive into a personalised hydrotherapy programme by Yvonne Swim School, precisely tailored to address your unique injuries and concerns. These aquatic wellness sessions are ideal for diverse groups, including those managing chronic diseases, diabetes, low back pain, stroke recovery, osteoarthritis, and more.

**PRICES: \$86 (45 minutes)
\$109 (60 minutes)**

**Aqua Bike
Tuesdays
8.15am to 9.05am**

Pedal away in this underwater spin class and follow the simple arm movements to the beat of the music. It's the perfect low-impact class to get started with an exercise routine.

**PRICES: \$40 per lesson;
\$132 for 4 lessons (Member)
\$45 per lesson; \$155 for 4 lessons
(Member's guest)**

**Swimming Lessons – Kids' Group
Lesson (4 to 16 years)**

Tuesdays, Thursdays, Saturdays
Tuesdays, 4.30pm and 5pm
Thursdays, 4.30pm, 5pm and
5.30pm

Saturdays, 9.30am, 10am,
10.30am and 11am

Water safety is an important life skill for children. Equip your child with the necessary knowledge at these 30-minute beginner sessions; intermediate or advanced swimmers will receive 45-minute lessons.

PRICE: \$112 for 4 lessons

**Swimming Lessons –
Babies & Toddlers' Group lesson
(6 months to 3 years)**

Tuesdays, 4pm to 4.30pm
Thursdays, 4.30pm to 5pm
Saturdays, 9.30am to 10am

Let your little one build muscle strength, cardiovascular health and more with fun swimming lessons conducted by qualified instructors.

PRICE: \$112 for 4 lessons

**Private Swimming Lessons
Ongoing**

A private instructor will guide you in mastering the right strokes so you can perfect your swim techniques. The sessions are conducted on a one-on-one basis, and classes can be personalised to suit your swim abilities. Beginner sessions are 30 minutes while intermediate and advanced sessions are 45 minutes and 60 minutes respectively.

**PRICES:
Private Lesson
For 1 Swimmer:
\$70 (30 minutes)
\$80 (45 minutes)
\$90 (60 minutes)**

**Semi-Private Lesson
For 2 Swimmers:
\$45 per person (30 minutes)
\$50 per person (45 minutes)
\$55 per person (60 minutes)**

For more information on recreation programmes, contact the Recreation department at 6305 6980 or recreation.sc@one15marina.com. All prices are nett unless otherwise stated.



TENNIS

Private Tennis Lessons

Ongoing

Unlock the essentials and master proper techniques with lessons from amiable pros. These private tennis lessons are meticulously crafted to enhance strengths and refine weaknesses, while focused guidance helps hone your techniques.

PRICES:

Head Coach

\$109 for 1 player

\$60 per player for 2 players

Associate Director of Tennis

\$131 for 1 player

\$71 per player for 2 players

Director of Tennis

\$142 for 1 player

\$77 per player for 2 players

Group Lessons

\$50 per player for 4 to 6 players

Cardio Tennis Drills Group Lessons

Mondays, 9am and 7.30pm

If you're just getting started with tennis lessons, these drills sessions can help accelerate your learning, allow you to master fundamental techniques and improve your consistency. Plus, you'll also get to network with other participants.

PRICES: \$50 per player

(60 minutes)

\$71 per player (90 minutes)

Junior Tennis Group Lessons

Ongoing

Give your child a headstart in the game of tennis at these stress-free lessons. Instructors will guide children to master the required skills while having fun. Categories include Red Ball (4 to 6 years), Orange Ball (6 to 9 years) and Green Ball (9 years and above).

PRICE: \$156 for 4 lessons

(3 to 5 players)



SAILING

Powered Pleasure Craft Driving License (PPCDL) Course

Saturdays and Sundays, 9am to 5pm

Learn how to sail with this course by Asian Yachting Academy instructors, which covers theoretical topics and practical techniques. You will get a Certificate of Attendance—a necessity for Singapore Maritime Academy's PPCDL test that is conducted afterwards.

PRICES: \$298 per trainee

(Member)

\$263 per trainee

(Member's birthday month)

\$350 per trainee

(Member's guest)

Opti Junior 4-day Sailing Course

11 to 14 June 2024, 9.30am to 5.30pm

Embark on a nautical adventure with Opti Junior, where kids aged 7 to 12 get an introduction to sailing through engaging lessons. Taught by Singapore Sailing Federation, they will learn to navigate the seas in pairs on optimist boats, mastering teamwork and understanding boat mechanics. After this course, young sailors will have knowledge of sailboat components, adept rope and knot techniques, have an understanding of basic sailing rules, and the confidence to command a boat independently at sea. Lunch is included. Participants must be able to swim at least 50m with a personal flotation device to join.

PRICES: \$520 (Member)

\$620 (Member's guest)

DIVING

Discover Scuba

Ongoing

Immerse yourself in the thrill of scuba exploration with Discover Scuba Diving by White Manta Diving. If you're eager to test the waters before committing to a certification, seize this opportunity. It provides a swift and straightforward introduction to the mesmerising world beneath the surface—no certification required. Participants aged 10 and above are welcome.

PRICES: \$137 (Member)

\$164 (Member's guest)

PADI Open Water Dive Course

Ongoing

Explore the underwater realm through the PADI Open Water Course. Immerse yourself in the world's most acclaimed scuba programme, offering an intimate instructor-to-student ratio of 1:2. Participants aged 10 and above are welcome.

PRICES: \$905 (Member)

\$1,069 (Member's guest)

For more information on recreation programmes, contact the Recreation department at 6305 6980 or recreation.sc@one15marina.com.

All prices are nett unless otherwise stated.



**Refine Scuba
(Diving Refresher Course)**

Ongoing
Want to perfect your skills before heading out on a diving holiday this summer? This refresher course by White Manta Diving helps refine your diving, teaching core skills such as mask-work, buoyancy and finning.
**PRICES: \$344 (Member)
\$404 (Member's guest)**

OTHERS

Lockers for Rent

Ongoing
Stow your belongings safely in the lockers that are available in both the male and female changing rooms. A minimum rental period of six months applies.

PRICES:
6 months
\$65 (Small)
\$130 (Medium)
\$195 (Large)

1 year
\$120 (Small)
\$240 (Medium)
\$360 (Large)

Bicycles for Rent

Ongoing
Get in a refreshing morning workout while you take in the island's best sights on two wheels. Helmets are complimentary with your rental, or you may bring your own bikes and rent only helmets.

PRICES:
\$8 for the first hour (Adult)
\$6 for the first hour (Child)
+\$5 per subsequent hour
+\$20 for bicycle returns after 7pm
\$5 for helmet rentals only

ROOMS

**Foodie Escapade
1 May to 30 June 2024**

Transform any celebration with the Foodie Escapade room experience. In addition to the breakfast buffet for two, you'll get to immerse yourself in a delightful four-course dinner at LATITUDE Bistro, complemented by a bottle of prosecco and a tasteful charcuterie platter. The room will also be thoughtfully adorned for a joyous and professional celebration, making it easy to create unforgettable moments.

**PRICES: Hillview Room: \$398+
(U.P. \$592+)**
**Marina View Room: \$438+
(U.P. \$637+)**

**Mother's Day Majestic Staycation
May 2024**

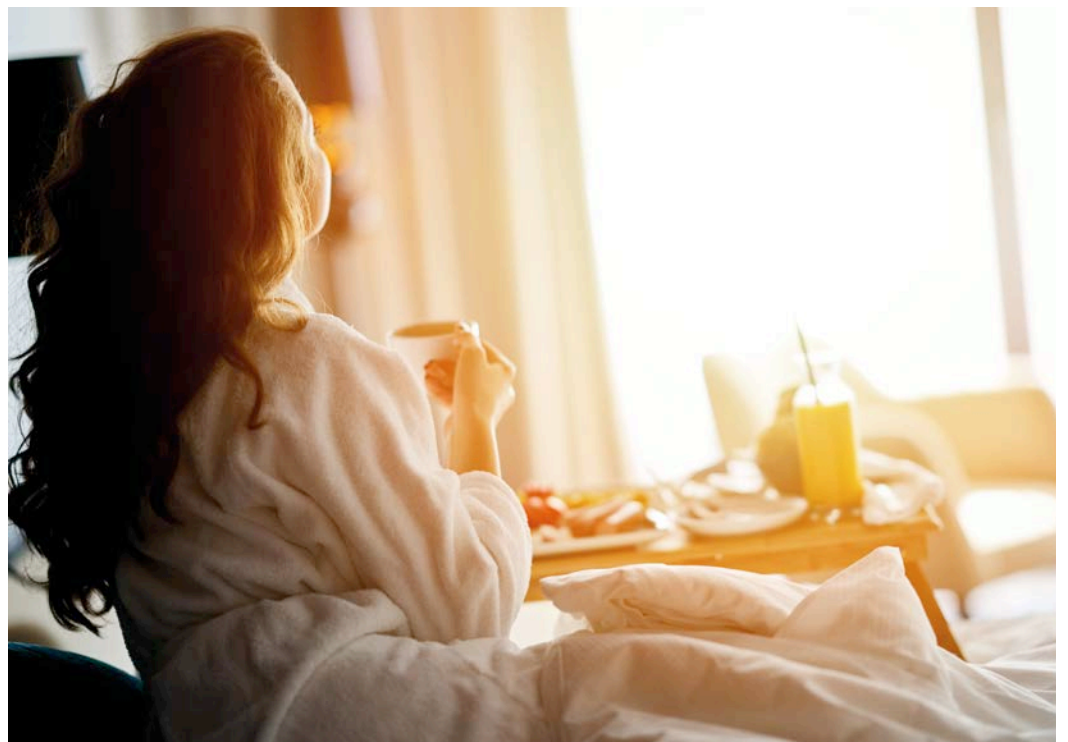
Celebrate Mother's Day in style all through the month of May with a Club staycation. Pamper mum with a blissful night, featuring a 60-minute massage for two at Spa Rael, a bottle of exquisite red wine, and exclusive merchandise, including a chic golf umbrella. Enjoy a delectable breakfast buffet for two in the morning and unwind with a complimentary minibar.

**PRICES: Hillview Room: \$488+
(U.P. \$709+)**
**Marina View Room: \$528+
(U.P. \$749+)**

**Father's Day Retreat
15 and 16 June 2024**

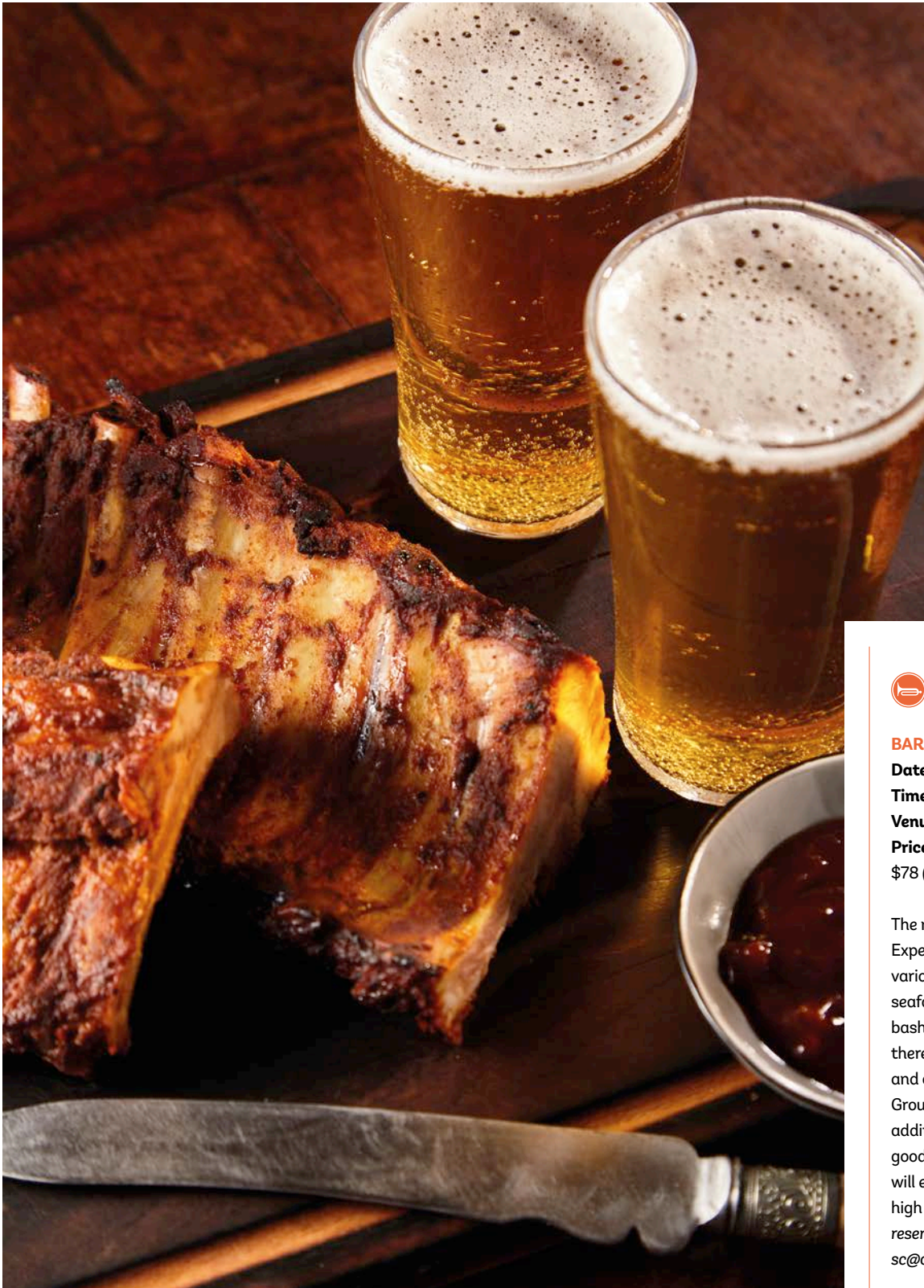
Treat your superhero to a night of luxury, savour an exclusive brunch at LATITUDE Bistro, and toast with two pints of Tiger draught. Dad gets extra swag with a cool navy cap too. Enjoy a hearty breakfast and snacks in a complimentary minibar—it's a celebration that's both playful and polished.

PRICES:
Hillview Room: \$360+ (U.P. \$429+)
**Marina View Room: \$400+
(U.P. \$469+)**



For more information on room bookings, contact 6305 6988 or frontdesk.sc@one15marina.com. All prices are nett unless otherwise stated.





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**BARBECUE & BREWS BASH****Date:** Saturday, 18 May 2024**Time:** 7pm to 9pm**Venue:** Boaters' Bar**Price:** \$68 (Member)

\$78 (Member's guest)

The name is self explanatory. Expect grilling stations serving various kinds of meats, seafood, and vegetables. This bash is also about brews, so there will be free-flow draught and craft beers for two hours. Groups of eight can enjoy an additional 10% off. Add to that, good music and entertainment will ensure that spirits remain high through the evening. For reservations, email boatersbar.sc@one15marina.com



ONE*15 SWIM MEET

Date: Wednesday, 22 May 2024

Time: 9am to 1pm

Venue: Infinity Pool

Price: \$20 (Member)

\$25 (Member's guest)

It's that time of the year for some splashing fun in the pool while learning valuable swimming lessons. The expert coaches from Yvonne Swim School are back this year as well. From timed competitive swimming for boys and girls in Freestyle and Breaststroke divided by age groups to games on water that build team spirit, children can look forward to a fun-filled day. Parent and child or teen mixed relays add a good dose of family bonding as well. Attractive prizes are up for grabs across all the categories, but no participant will go home empty-handed either. Participants can join in more than one category by paying an additional \$8 per category. *RSVP by 15 May to recreation.sc@one15marina.com*



CHUANCHENG GUQIN SOUND THERAPY

Date: Friday, 24 May 2024

Time: 7pm to 8.30pm

Venue: Bar Nebula

Price: \$38 (Member)

\$58 (Member's guest)

Experience the holistic healing of traditional Chinese medicine that harnesses the ethereal melodies of the gither instrument. This one-of-a-kind therapy uses guqin as against sound bowls for sound therapy. *RSVP by 10 May to membership.sc@one15marina.com*

All prices are nett unless otherwise stated.



MIXED TENNIS CLINIC WITH COACH GUILLERMO

Date: Tuesday, 28 May 2024
Time: 7pm to 9pm
Venue: Tennis Court
Price: \$12 (Member)
 \$18 (Member's guest)

This quarterly Tennis Clinic features a new format. Led by Coach Guillermo from Oloso Tennis Academy, it is designed to elevate your tennis game by focusing exclusively on improving your skills and techniques in a fun and engaging manner. Open to all levels. *RSVP by 22 March before event to recreation.sc@one15marina.com*



LEARN TO PLAY TENNIS

Date: Fridays, 7, 14, 21 and 28 June 2024
Time: 7pm to 8pm
Venue: Tennis Court
Price: \$50 per session (Member)
 \$60 per session (Member's guest)

Adults of all skill levels, beginners and returning players, will master the basic rules and fundamental tennis strokes under the expert guidance of Oloso Tennis Academy's Assistant Tennis Director. All while making new friends. *RSVP one week before the event at recreation.sc@one15marina.com*

All prices are nett unless otherwise stated.



3-DAY SWIM CAMP

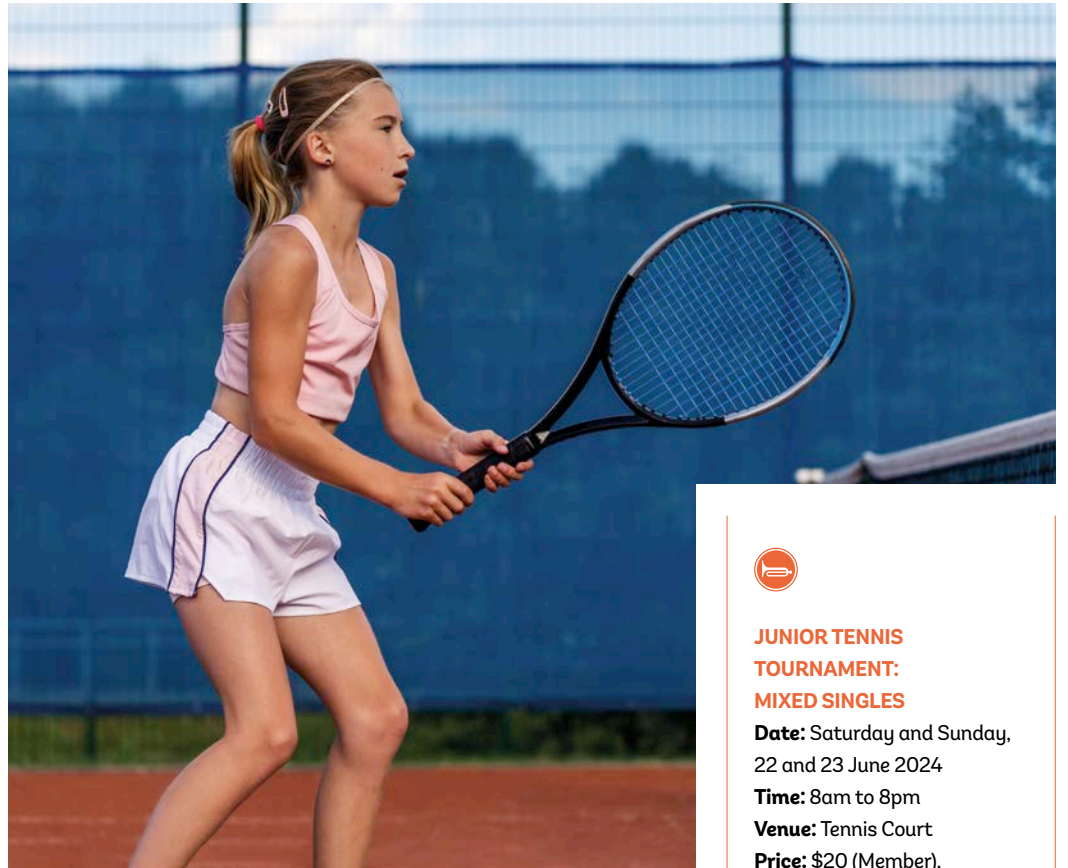
Date: Tuesday to Thursday,
18 to 20 June 2024

Time: 8am to 10am
(7 to 9 years)
10am to 12noon
(10 years and above)

Venue: Infinity Pool

Price: \$75 per day, \$175 for all
three days (Member)
\$90 per day, \$210 for all three
days (Member's guest)

Children will enjoy this retreat from the sun where they get to work on their techniques, practise their skills through friendly races and engage in fun water games with their friends. Snacks and beverages will be provided. *RSVP* by 11 June to recreation.sc@one15marina.com



JUNIOR TENNIS TOURNAMENT: MIXED SINGLES

Date: Saturday and Sunday,
22 and 23 June 2024

Time: 8am to 8pm

Venue: Tennis Court

Price: \$20 (Member),
\$40 (Member's guest)

Early bird (till 20 May)

\$12 (Member)

\$28 (Member's guest)

The Club's inaugural junior tennis tournament is set to hit the tennis courts. Young players will get to show off their tennis skills and court play. The tournament is divided into three categories—Red Ball (under 7 years), U10 Singles and U16 Singles—with matches being played in a round-robin format, where each participant plays against all other participants. Every player will receive a medal. The Champion and Runner-up will receive additional trophy and bragging rights. *RSVP* by 9 June to recreation.sc@one15marina.com.





Countdown Party at Boaters Bar

Boaters' Bar came alive on 31 December 2023 for a countdown party like no other, that included artisanal cocktails and drinks, great food, lively tunes by OnTheRox.sg and more. Members and their guests gathered at Singapore's first and only floating bar got into the party mood with neon-lit party clappers that filled the air with splashes of colour for every song enjoyed and happy moment shared—they also made for excellent props at the holographic photobooth. This was well complemented by the clinks of glasses as the clock struck 12 to usher the new year in. Newcomers to Boaters' Bar expressed their surprise that such a venue existed in Singapore. Nevertheless, regulars and first timers hoped that this would become an annual celebration.



Members' CNY Dinner

On 15 February, the Club's Constellation Ballroom filled with 273 Members who got into the festive spirit for the Lunar New Year. Ushering them into the ballroom for the banquet dinner were fringe activities at the foyer area—from paper cutting to calligraphy and Chinese knot. The night's festivities kicked off with a lion dance performance—the LED-adorned lion and sunglass-toting God of Fortune had Members cheering in delight and capturing the performance on their smartphones for posterity. A welcome speech by Director of Membership Yully Effendi with updates on the Club's new roster of activities set the stage for an evening of camaraderie and merriment. A sumptuous eight-course fare of traditional classics and fusion dishes ushered in the new year in ultimate style—think Smoked Salmon Yu-sheng, Poached Chicken Cantonese Style served with ginger scallion sauce, Deep-fried Prawn with Mango served with wasabi mayonnaise sauce and Braised Flower Mushroom with Black Moss and Baby Cabbage, and more. The Mango with Sago and Pomelo dessert provided a delightfully sweet ending. Throughout the night, the emcee kept everyone entertained with games, including Journey to the West and dressing up fellow tablemates for the best-dressed award. A lucky draw segment with a luxurious 2D1N staycation at the coveted Marina View room as the grand prize followed, and a karaoke session offered a fitting finale. The sound of laughter and song that reverberated through the room was evidence that Members enjoyed every moment.





Chinese Brush Painting: Year of the Dragon

For the January sessions (on 17 and 31 January) of Chinese Brush Painting, artist Yap Sin Guan delved into the symbolism behind the majestic dragon, focusing on bringing its timeless sensibilities to paper through pen and ink. With preserving tradition as the premise, Yap guided Members through the intricacies of this traditional art form. The result: beautiful, personalised renditions that will stand the test of time.



Gin & Jazz Night

On 5 January, Boaters' Bar took on yet another celebratory note—this time as an ode to gin. The mixologists whipped up artisanal cocktails with the juniper-berry infused spirit, which Members appreciated and enjoyed even more with the soulful jazz notes by live band, The Julep Dandies. Adding to the evening's vibe were the camaraderie and delightful conversations, which seemed to centre around personal experiences around the alcoholic beverage—it was one that neither rain nor grey clouds could dampen.



Kids' CNY Craft: 3D Dragon Head

Captain's Table was the venue for an equally immersive experience into Chinese heritage. On 27 January, children created a dragon head using a template, cutting and crafting their own version. They also got to learn about the rich tapestry of Chinese culture, the significance behind the Lunar New Year celebrations, and of course, the zodiac animal of the year, the dragon. A mini dragon dance performance capped the event beautifully, where there was much fun and laughter as the children encapsulated the characters represented by their masks.



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Kids' CNY Craft: Paper Fortune Cookies

A new year is always about ushering in good luck and positivity, and nothing spells it out in so many words as a fortune cookie in modern times. On 4 February, children participated in a thought-provoking and soul-satisfying event, where they crafted these good luck cookies out of colourful paper and also inserted their own messages into them, which they shared with the rest in the group. It was endearing to see the children eagerly waiting to see the reaction their messages evoked in the other person. It was an event that not only promoted creativity but also fostered connections and a sense of community.

MAY – NOV 24

MAY

1
Labour Day

11 – 19
2024 Formula Kite World Championships
Hyères, France
kiteclasses.org

17 – 23
IMA Maxi European Championship
Sorrento, Australia
tregolfsailingweek.com

22
Vesak Day

27 – 2 Jun
Allianz Regatta 2024
Almere, Netherlands
allianzregatta.org

JUN

7 – 14
Finn World Masters Championship
Puntala, Italy
finnworldmasters.com

17
Hari Raya Haji

19 – 23
RC44 Cup/World Championship
Marstrand, Sweden
44cup.org

24 – 30
Soling World Championship
Hankø, Norway
solingworlds.com

28 – 5 Jul
2024 Formula18 World Championship
Costa Brava, Spain
f18-international.org

JUL

1 – 8
ILCA 6 Women & ILCA 7 Men U21 World Championships
Viana de Castelo, Portugal
2024ilcau21.ilca-worlds.org

6 – 13
J/80 Worlds Championship
La Rochelle, France
j80worlds2024.com

13 – 19
62nd Vaurien World Championship
Liptovská Mara, Slovakia
vwc2024.newsailing.sk

15 – 20
Rolex TP52 World Championship
Rhode Island, USA
52superseries.com

20 – 26
International Topper Worlds 2024
Murcia, Spain
itcaworld.org

28 – 8 Aug
Paris 2024 Olympic Sailing Competition
Marseille, France
paris2024.org

AUG

1 – 10
2024 505 World Championship
Getterön, Sweden
varbergssegelsallskap.se

2 – 10
Dragon European Championship 2024
Pärnu, Estonia
dragoneuro2024.com

9
National Day

10 – 16
GP14 World Championship
Wales, Great Britain
gp14.org

24 – 31
Micro Class World Championship
Hourtin, France
micro-class.org

31 – 7 Sep
Finn Gold Cup
Aarhus, Denmark
2024.finngoldcup.org

SEP

7 – 13
Shark 24 World Championship
Ontario, Canada
shark24.org

14 – 21
J/70 World Championship
Palma, Spain
j70ica.org

16 – 21
Raceboard World Championships
Cadiz, Spain
raceboard.org

27 – 4 Oct
Melges 24 European Championship
Split, Croatia
melges24.com/Europeans2024

OCT

2 – 6
KiteFoil World Series - Italy
Cagliari, Italy
kiteclasses.org/events/upcoming-events

8 – 12
A's Youth Foil European Championship
Torregrande, Italy
kiteclasses.org/component/eventbooking/youth-foil

13 – 19
ISCA World Championship
Texas, USA
sunfishclass.org

19 – 27
Nacra 15 World Championship
Barcelona, Spain
nacra15class.com/2024-worlds

24 – 2 Nov
Snipe World Championship
Dársena Norte, Argentina
snipeworlds.org

25 – 27
RS Aero Youth Team Racing World Championships
Sardinia, Italy
rsaerosailing.org

31
Deepavali

NOV

10 – 28 Feb
Vendée Globe
Les Sables-d'Olonne, France
vendee-globe.org



7 – 13 SEP

The Shark 24 is a sailing yacht, designed by Canadian boat designer George Hinterhoeller in 1959—it gets its name from its size—24ft. It was built with the objective to be able to withstand the harsh conditions of the North American Great Lakes region. Not only has it proven itself with its extraordinary longevity, the Shark 24 class has been contested in the World Championship Regatta for over 50 years.

**Information of events correct at the time of printing*



Luxury Aboard: Escape the Ordinary with An Unforgettable Sailcation Beyond Compare

Imagine the gentle ebb and flow of the sea, the soft hum of a luxury superyacht, and a night sky freckled with stars. Welcome aboard the quintessential escape — a 2-day, 1-night indulgence onboard Ferretti 111 with ONE°15 Charters Luxury Yachting, where opulence meets adventure for an experience unmatched by any hotel staycation.

Unlike conventional staycations, our sailcation invites you to a world rife with exclusive island-hopping experiences, water activities and beyond. Excitement is a constant companion on this sea-bound escape with complimentary jet ski rides and giant water slides. Revel in the allure of the setting sun in a gourmet barbecue dinner, set against the dramatic backdrop of Singapore's dazzling cityscape.

Whether you're a family on a quest for extraordinary memories, or a couple seeking a romantic retreat, this getaway promises a stay like no other.

Find out more and connect with our professional sales team from ONE°15 Charters Luxury Yachting at sales@one15luxuryyachting.com.

2D1N OVERNIGHT SAILCATION From \$14,500+ for up to 10 persons

HIGHLIGHTS

- Customisable itinerary
- Exclusive use of 5 elegantly appointed cabins with ensuite bathrooms
- Sunset barbecue dinner and breakfast
- Complimentary jet-ski ride experience
- Complimentary use of Giant Water Slide
- A variety of water toys, including kayaks, paddleboards, and assorted inflatable floats
- Exclusive use of newly refurbished mahjong room
- On-demand karaoke

THE WORLD AT YOUR FINGERTIPS

As a Member of ONE°15 Marina Sentosa Cove, your privileges extend beyond our premises. The Club has partnered with a top-tier selection of the world's best marinas, yacht, golf and city clubs to enable our Members to access their facilities.

CANADA
 RECIPROCAL CLUBS
 HOLLYBURN COUNTRY CLUB
 THE ROYAL CANADIAN YACHT CLUB
 THE UNION CLUB OF BRITISH COLUMBIA

USA
 RECIPROCAL CLUBS
 ONE°15 MARINA BROOKLYN
 CALIFORNIA YACHT CLUB
 MANHASSET BAY YACHT CLUB
 QUEEN CITY YACHT CLUB
 SEATTLE YACHT CLUB
 THE HAMILTON CLUB OF LANCASTER

MONTENEGRO
 RECIPROCAL CLUB
 PORTO MONTENEGRO YACHT CLUB

PORTUGAL
 RECIPROCAL CLUB
 MARINA DE LAGOS

SWEDEN
 RECIPROCAL CLUB
 THE ROYAL SWEDISH YACHT CLUB

UNITED KINGDOM
 RECIPROCAL CLUBS
 DEBEN YACHT CLUB
 THE CARLTON CLUB
 ST. JAMES'S HOTEL AND CLUB

BERMUDA
 RECIPROCAL CLUB
 ROYAL BERMUDA YACHT CLUB

UNITED ARAB EMIRATES
 RECIPROCAL CLUB WITH GOLFING PRIVILEGES
 ARABIAN RANCHES GOLF CLUB

SINGAPORE
 AFFILIATE CLUBS
 THE BRITISH CLUB
 CHINESE SWIMMING CLUB
 LAGUNA NATIONAL GOLF AND COUNTRY CLUB
 SWISS CLUB SINGAPORE
 TOWER CLUB SINGAPORE

VIETNAM
 GOLFING PRIVILEGES
 MONTGOMERIE LINKS GOLF CLUB
 SEA LINKS GOLF & COUNTRY CLUB

THAILAND
 RECIPROCAL CLUBS
 PACIFIC CITY CLUB
 ROYAL VARUNA YACHT CLUB

CAMBODIA
 RECIPROCAL CLUB WITH GOLFING PRIVILEGES
 ANGKOR GOLF RESORT

MALAYSIA
 RECIPROCAL CLUBS
 ROYAL LANGKAWI YACHT CLUB
 SUTERA HARBOUR MARINA GOLF & COUNTRY CLUB

INDONESIA
 RECIPROCAL CLUBS
 ONE°15 MARINA NIRUP ISLAND INDONESIA
 THE AMERICAN CLUB
 BATAVIA MARINA
 CIPUTRA GOLF CLUB & HOTEL
 NONGSA POINT MARINA & RESORT

AUSTRALIA
 RECIPROCAL CLUBS
 BRISBANE POLO CLUB
 FREMANTLE SAILING CLUB
 MIDDLE HARBOUR YACHT CLUB
 ROYAL MOTOR YACHT CLUB
 ROYAL PERTH YACHT CLUB
 SOUTHPORT YACHT CLUB
 YORKEYS KNOB BOATING CLUB

CHINA & HONG KONG
 RECIPROCAL CLUBS
 ABERDEEN BOAT CLUB
 AMBASSY CLUB
 BEIJING AMERICAN CLUB
 CHANG AN CLUB
 THE CLEARWATER BAY GOLF & COUNTRY CLUB
 DISCOVERY BAY MARINA CLUB
 THE DYNASTY CLUB
 GOLD COAST YACHT & COUNTRY CLUB
 NANSHA MARINA
 ROYAL HONG KONG YACHT CLUB
 SANYA SERENITY MARINA
 SHANGHAI RACQUET CLUB
 VISUN ROYAL YACHT CLUB
 WANDA YACHT CLUB
 YALONG BAY YACHT CLUB

JAPAN
 RECIPROCAL CLUBS
 BAYCOURT CLUB
 ROPPONGI HILLS CLUB
 TOKYO AMERICAN CLUB

THE PHILIPPINES
 RECIPROCAL CLUBS
 MOUNT MALARAYAT GOLF & COUNTRY CLUB
 PUERTO GALERA YACHT CLUB
 SHERWOOD HILLS GOLF CLUB
 SUBIC BAY YACHT CLUB

To visit our **Affiliate/Reciprocal Clubs**, please bring along your Membership card. Those visiting the Chinese Swimming Club will also need to obtain a letter of introduction from the **Membership Department at 6305 6988** or membership.sc@one15marina.com. To view the access period and terms of our Affiliate/Reciprocal Clubs, visit one15marina.com and log in to Membership.

Clubs on the **International Associate Clubs (IAC)** list also offer reciprocal rights and privileges to our Members. To visit these clubs, please arrange for your International Associate Clubs (IAC) visitor card from the Membership Department.

View the IAC list here:



JOIN THE RACE IN SAVING LIVES

PASS ON THE BATON OF LIFE & HOPE

For those battling kidney failure, every second counts.

What the baton represents is hope, in the form of dialyser. The dialyser serves as a filter during haemodialysis treatment to remove waste products and excess fluid from blood. Every year, over 700,000 dialysers are required to sustain and save lives.

Pass on the Baton of Life and join in the meaningful cause of Giving Life and Hope to patients and their loved ones!

How can you help?

- \$25 - Supports a patient with dialysers during treatment for a week.
- \$100 - Supports a patient with dialysers during treatment for a month.
- \$500 - Supports 5 patient with dialysers during treatment for a month.
- \$1,000 - Supports 10 patient with dialysers during treatment for a month.

Scan to support
our patients today



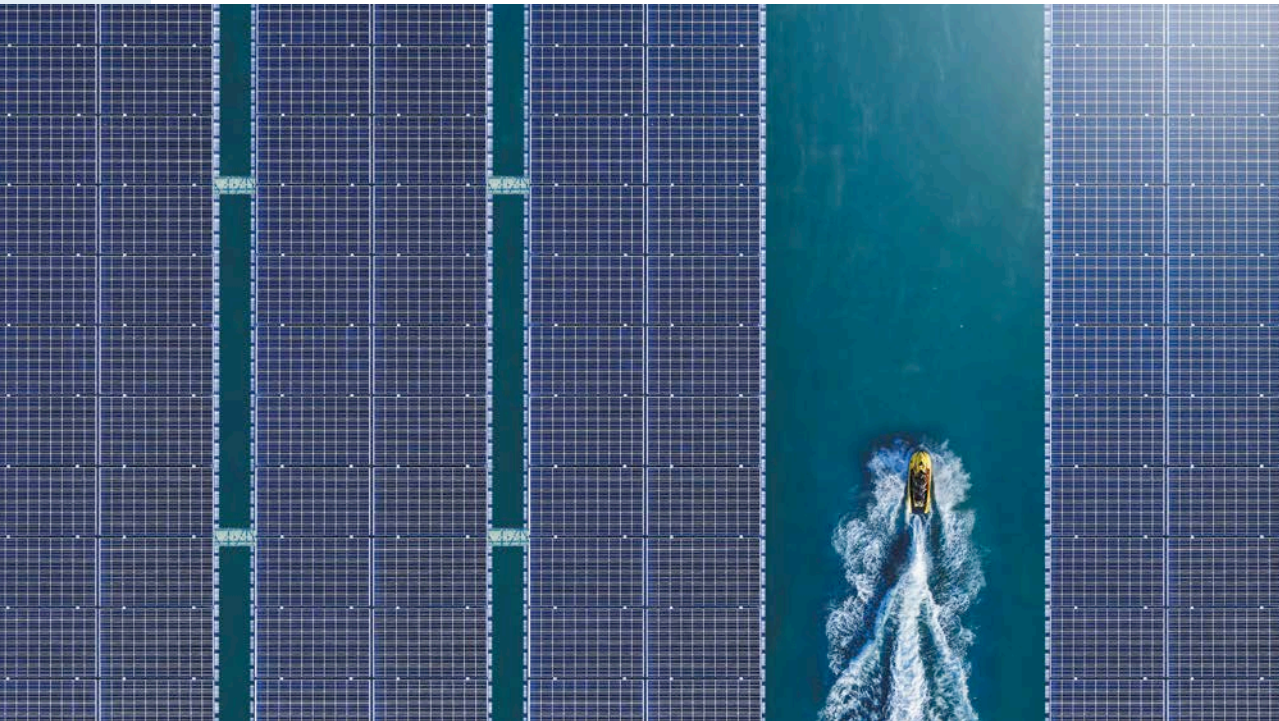
Scan for more
information on
Baton of Life



Let's get social




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