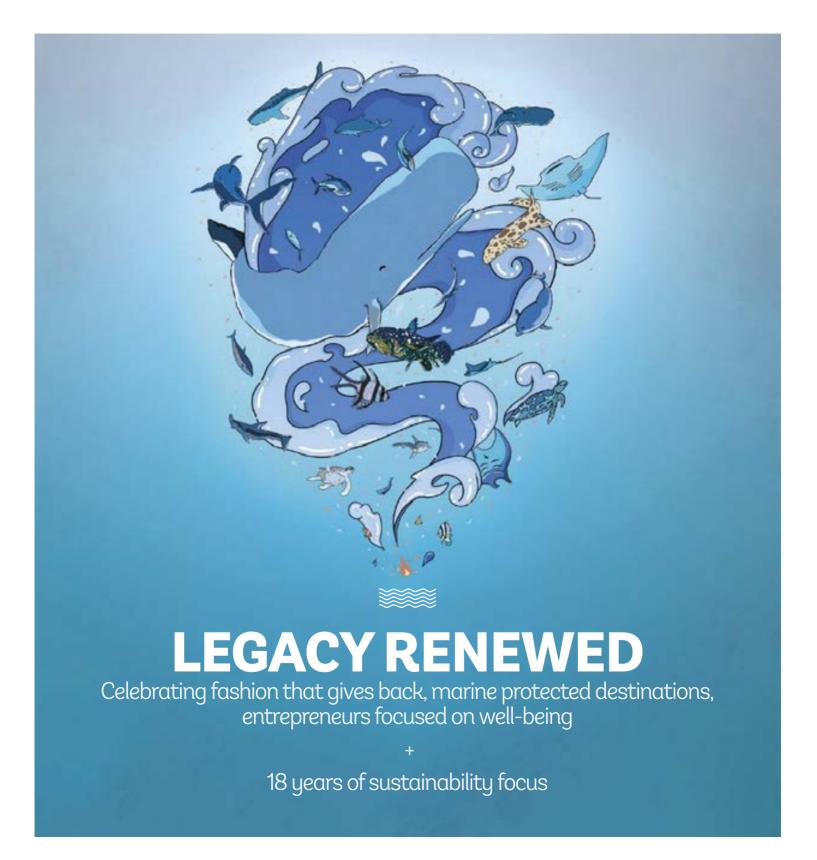


LONGITUDE

A PUBLICATION OF ONE°15 MARINA SENTOSA COVE SINGAPORE





MEMBERS' SURVEY 2025

1 SEPTEMBER - 15 OCTOBER 2025

Your voice shapes the Club.

We'd love to hear your thoughts — tell us what you love, and where we can do better.

Your feedback helps us refine our offerings and elevate your experience at ONE°15 Marina.

SCAN THE QR CODE TO PARTICIPATE



For enquiries, contact Membership department at 6305 6988 or membership.sc@one15maring.com.





he month of September marks the beginning of autumn and the end of summer in many parts of the world.

While sunny Singapore may not experience the seasonal change, the month still mirrors personal transformation, the start of new routines, and evaluation of goals. These resonate with us on a very personal level at the Club, as September also marks our anniversary month.

This year, we turn 18, and as always we take a pause to reminisce, acknowledge and express gratitude. Especially to our Members for making the decision to be a part of our journey and for your support through these 18 years—and counting.

We have always made it a point to express our appreciation through our profile features in *Longitude*, and in this issue, we have decided to focus on a new entrant to the Club (page 18). Christina Mantoura Gough runs a very successful UK-based business rooted in the wellness and hydrotherapy

THIS YEAR, WE
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AND EXPRESS
GRATITUDE.

industry, and has been an ardent advocate of our Club since the family moved to Singapore two-and-a-half years ago.

We have also featured the Co-founders of the Island Atelier (page 20), who have since 2016 set out to reimagine the retail fair experience. The Club is proud to be the venue partner for their upcoming fair in September, which will also tie in with our anniversary celebrations.

On Water (page 22) is a walk through memory lane of the eco-initiatives that the Club has implemented, as well as the many accolades and recognitions we have received for our commitment to sustainability.

As I mentioned earlier, none of this would have been possible without your support, and through the course of our strive to enhance your Club experience, we would like to hear your side of the story. Please refer to the facing page for more details on how to participate in our Members' Survey.

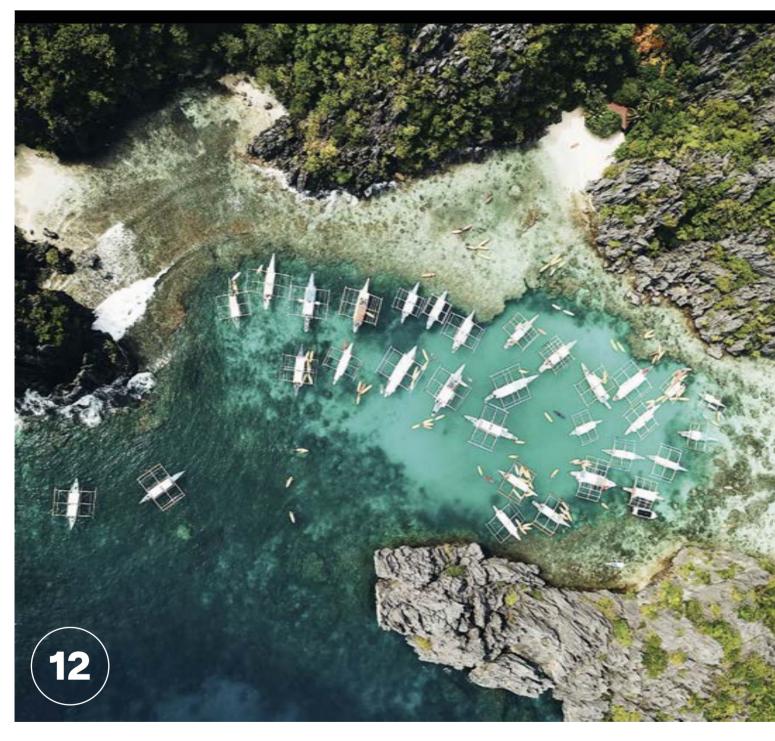
There's never a dull moment at the Club when it comes to celebrations and with the Mid-Autumn Festival upon us again, get ready for WOK°15 Kitchen's delightful offerings. As a tribute to SG60, and in honour of Singapore's rich culinary legacy, we have introduced some new mini snow skin flavours. Golden Salted Yolk, Imperial Bak Kwa Crunch, Heritage Chendol, and Orh Nee with Gingko are available to order from now till 6 October—bulk purchase discounts include complimentary sixth box for every five boxes purchased. We also have a suite of exciting events lined up—from 18th Anniversary Eco Weekend to OktoberScream at Boaters Bar on 25 October. Please refer to Club Perks and RSVP (page 30 onwards) for details.

July ended on a high for us with the reopening of ONE Fitness Centre—renovated with a multipurpose studio and a recovery room fitted with an ice bath and an infrared sauna. In August, we celebrated our nation's 60th birthday with some signature events. ON SAIL: SG60 Edition, our inaugural convoy to Marina Bay to watch the National Day fireworks was a big success, thanks to the support of Members and the boaters. We look forward to having you on the next ON SAIL in October—and through the next 18 years (and more) of our journey.

Nick McLaughlin General Manager







0

GM'S MESSAGE

From the desk of Nick McLaughlin, General Manager, ONE°15 Marina Sentosa Cove.



TEAM & CONTACTS

Connect with us! Send us your feedback or explore partnership and networking opportunities.



ESSENTIALS

Personal style meets exceptional quality and profound integrity to leave a positive footprint.



EVENTS

What's on and what to add to your calendar.





FUN FACTS

The symbolism and meaningful motions behind the Mid-Autumn Festival.



LUSH ESCAPES

Rediscover the riches of the deep in destinations with marine protected areas.



FOCUS

Member Christina Mantoura Gough's commitment to overall wellbeing.



FOCUS

The women behind Island Atelier, the most vibrant retail fair on Sentosa Island.



ON WATER

Marking 18 years with a spotlight on the Club's sustainability initiatives and accolades.



FINE FOOD

From omelettes to savoury scrambles, eggs take centrestage in breakfast traditions.



CLUB PERKS

Mid-Autumn delights, Halloween surprises, classy cocktails, fitness for all, and cosy staycations.



Exciting upcoming Club events to add to your calendar.



HAPPENINGS

Pickleball Social Night; Mini Red Ball Tennis Lessons; Wine Adore: An Exquisite Journey Through Portugal's Finest Wines; Chinese Tea Appreciation Workshop; ONE°15 Swim Meet; Tennis Camp; Junior Tennis Tournament: Singles; Members' Social Night



CLUB CALENDAR OF EVENTS

Exciting activities over the next four months awaiting your participation.



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PROJECT EDITOR Sandhya Mahadevan SENIOR DESIGNER Charlene Lee **CONTRIBUTING DESIGNER** Ray Kohar **CONTRIBUTORS** Beatrice Bowers, Annabel Middleton, Ying Rui IMAGES Benny Loh, Instagram, Shutterstock, Unsplash, respective brands and organisations Production & Traffic Director Grace Lim

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Publishing Executive Songni Low

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MANAGEMENT TEAM

REGIONAL GENERAL MANAGER, MARINA DIVISION

Jonathan Sit

jonathan.sit@one15marina.com

GENERAL MANAGER

Nick McLaughlir nick.mclaughlin@one15marina.com

SENIOR DIRECTOR, MARINA

james.roy@one15marina.com

DIRECTOR, MEMBERSHIP & PARTNERSHIPS

teresa.chu@one15marina.com

DIRECTOR, OPERATIONS

Kanna Karmegam

kanna.karmegam@one15marina.com

DIRECTOR, CATERING SALES

Charlene Hendricks

charlene.hendricks@one15marina.com

MANAGER, ROOMS

Mujad Yasin

mujad.yasin@one15marina.com

MANAGER, SPORTS & RECREATION

Emelyn Goh

emelyn.goh@one15marina.com

SENIOR MANAGER, HUMAN RESOURCE

Evelyn Teo

evelyn.teo@one15marina.com

SENIOR MANAGER,

SUSTAINABILITY & MARKETING

Esther Ang

esther.ang@one15marina.com

MANAGER, MARKETING

calista.tan@one15marina.com

ASSISTANT MANAGER, FINANCE

Sandy Lee

sandy.lee@one15marina.com

MANAGER, SECURITY

Azhar Bin Hamid

azhar.hamid@one15marina.com

MANAGER, ENGINEERING

Arayindhan Baskaran

aravin.baskaran@one15marina.com

DIRECTORY

MEMBERSHIP

9am - 6pm (Mon - Fri) 6305 6988

membership.sc@one15marina.com

MARINA

9am – 7pm (daily) 6305 6991

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5pm – 12am (Fri & Sat)

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and 11.15pm (Fri & Sat)

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boatersbar.sc@one15marina.com

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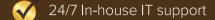


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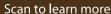
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TEXT YING RUI



Mother Nature

In an era defined by precious resources, Dior is intensifying its commitment to preserving our planet's natural beauty. From bags to clothes to homeware, each item is capable of being repaired, restored and recycled. Through its Dream in Green programme, Dior also addresses environmental challenges unique to each region it operates in. Immerse in sustainable luxury with the latest Dioriviera collection: Dior Maison pieces crafted

from natural materials and featuring the iconic cannage (woven cane pattern) and Toile de Jouy Palms designs.

Dior is available at #B1-26/27/28 The Shoppes at Marina Bay Sands and dior.com.









Take Flight

More than 80 years since its debut, Antoine de Saint Exupéry's *The Little Prince* continues to enchant, its universal themes of love and friendship resonating across 600 languages. IWC's new Le Petit Prince special editions exemplify this harmonious blend of haute horlogerie and heartfelt purpose. Made from responsibly sourced materials, they embody unparalleled craftsmanship and continue the IWC tradition of supporting the Antoine de Saint Exupéry Youth Foundation—auction proceeds fund the Foundation's vital educational initiatives. The Big Pilot's Watch Perpetual Calendar Tourbillon Le Petit Prince, limited to 100 pieces, is IWC's first Le Petit Prince watch in ceramic, while the Big Pilot's Watch 43 Tourbillon Le Petit Prince features a platinum case and a rotor shaped like the Little Prince on his asteroid.

IWC is available at #02-06 ION Orchard and iwc.com.



Ethical Luxury

In the evolving landscape of luxury, conscious consumption is no longer a trend, but a cornerstone. French high jewellery maison Chaumet continues to lead this charge, proving that beauty can indeed be cultivated with integrity. Demonstrating an enhanced drive for positive influence, the maison has joined the Swiss Better Gold Association (SBGA), championing the sustainable development of artisanal mines. This dedication culminates in the new Bee de Chaumet

pendant made from 100 per cent traceable gold from responsible sources. Every gram, from the iconic bee motif to the delicate chain and clasp, is meticulously verified against stringent specifications, ensuring a fully transparent journey from mine to masterpiece. Chaumet's initiative plays a pivotal role in shaping a more ethical future for high jewellery, proving that true luxury shines brightest when it's consciously crafted. Chaumet is available at #02-04/05 ION Orchard and chaumet.com.



Quiet Luxury

For over 40 years, Loro Piana has been synonymous with the world's finest cashmere, deeply rooted in Ulaanbaatar, Mongolia, the only manufacturing plant outside of Italy, where cashmere fibres are processed. Now, the Italian brand has launched a five-year programme to support Mongolia's cashmere cooperatives and herding communities. Partnering with the United Nations Convention to Combat Desertification, Sustainable Fibre Alliance, and Odyssey Conservation Trust, "Resilient Threads"

embraces a holistic

"One Health"
approach,
recognising the
interconnected
well-being
of people,

animals, and the environment. This year sees the launch of the first mobile One

Health Hub, delivering essential healthcare and training to remote herding communities. Furthermore, a new biodiversity centre will establish a seed bank to protect crucial plant species, combating soil erosion and fostering diverse livelihoods. It's the luxury brand's pledge to preserve a heritage, empower communities, and protect the delicate balance of Mongolia's precious ecosystem. Loro Piana is available at #B1-79 The Shoppes at Marina Bay Sands and loropiana.com.



True Beauty

Those who like a streamlined and fuss-free skincare and beauty routine, look no further than Trinny London. The iconic stackable T-Pots are elegant containers designed for a lifetime of utility. The multi-use products can be applied on your cheeks and lips—perfect for travel—and also transform into curated makeup looks, tailored according to your

skin type and skin colour. The same functional and sustainable approach apply to the skincare products—from the Be Your Best cleanser to the Intense Peptide moisturiser and The Elevator serum. Once your favourite product is finished,

simply replenish with an easy-to-buy refill that will save you up to 20 per cent in cost and prevent packaging waste. Trinny London is available at trinnylondon.com.

WHAT'S ON

in Sep and Oct

Ballet Under The Stars 2025

There's nothing more mesmerising than watching a ballet performance under a star-lit sky. Singapore Ballet is all set to enchant you over two weekends with performances of classics such as *Paquita* and iconic works, from local danseur Choo-San Goh's *Momentum* and *Double Contrasts*, to Edmund Stripe's *Piano Concerto*, Toru Shimazaki's *Blue Snow*, and Ma Cong's *Incomparable Beauty*. Grab your picnic mats and get ready for a magical evening. **Price: \$48, 19 to 21 and 26 to 28**September, Fort Canning Park, sistic.com.sg/events/buts0925





SCANDAL Tour 2025 "Love, Spark, Joy!"

The all-female Japanese rock band is coming back to Singapore after six years, as part of a promotional tour for their brand new EP Love, Spark, Joy. With Singapore as their first Asian stop, the talented quartet comprising Haruna (vocals, guitar), Mami (guitar, vocals), Tomomi (bass, vocals) and Rina (drums, vocals) will be supported by Li-sa-X and her band KOIAI, who will be making their debut in Singapore. Price: From \$118, 13 September, The Star Theatre, The Star Performing Arts Centre, sistic. com.sg/events/scandal0925

The Serangoon Gardens Techno Party of 1993

Sixteen-year-old Candice goes on a night-long bender to escape her staid surroundings. The result? A time travel to Singapore of the '90s, where youthful anger and rebellion stir underneath

orderliness. Directed by Sim Yan Ying, this provocative play by Joel Tan is in fact a love song to that Singapore.

Price: From \$35, 17 October to 1 November, Wild Rice @ Funan, sistic.com.sg/ events/party1025



Cirque Alice

Think Lewis Carroll's classic reimagined and retold through astounding gravity-defying feats. The greatest aerialists, acrobatic performers, puppeteers, and contortionists from around the world draw you into Carroll's wonderland, complete with an enthralling soundtrack of new renditions and favourite classics. With acrobatics, dances, comedy acts and more, expect an extravaganza for all ages. Price: From \$78, 9 to 26 October, Sands Theatre @ Marina Bay Sands, sistic.com.sg/events/cirquealice1025





Disney Jr. Live On Tour: Let's Play!

Here's one for Disney fans. Ginny and Bitsy from SuperKitties and Team Spidey from Marvel's Spidey and his Amazing Friends are due in Southeast Asia to join other fan-favourite Disney Jr. characters. From singing and dancing—all the popular tunes—to dazzling 3D visuals, this fully immersive live show leaves no stone unturned. Price: From \$28,5 to 7 September, Singapore Indoor Stadium, ticketmaster.sg/activity/detail/25sg_disneyjrlive

*Information of events correct at the time of printing

IN ANCIENT TIMES, THE MID-AUTUMN FESTIVAL WAS ALSO WHEN SINGLE PEOPLE PAID HOMAGE TO "THE OLD MAN ON THE MOON"—BELIEVED TO BE THE GOD WHO UNITES PEOPLE IN MARRIAGE—IN ORDER TO FIND THEIR TRUE LOVE.



The festival originated in the form of a moon-worship ceremony during the Zhou
Dynasty (1046 - 256
BC). The tradition follows the legend of Chang'e, the moon goddess, who put an end to the malevolent reign of her husband
Hou Yi by drinking the

Mid-Autumn Magic THE SIGNIFICANCE, SYMBOLISM AND MEANINGFUL MOTIONS BEHIND THE END OF AUTUMN HARVEST. The moon in Chinese culture signifies togetherness and completeness, represented by the shape of mooncakes and the **imprints** on top of them. The Mid-Autumn Festival typically falls on the 15th day of the eight month of the Chinese lunisolar calendar, which is a full-moon day.

3

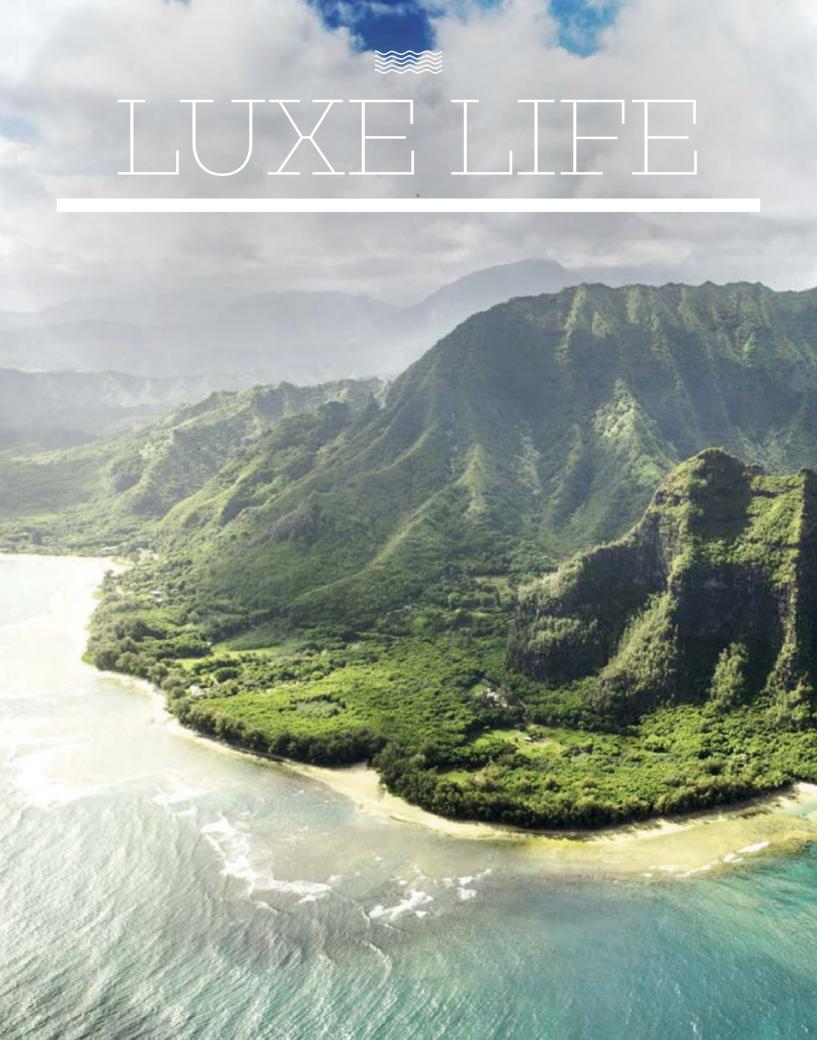
flying to the moon.

elixir of immortality and

The largest mooncake
ever made was prepared
on 19 September 2013 by the
culinary team at the renamed
Changfeng Parkside Plaza and
JW Marriott Hotel Shanghai
Changfeng Park in China.
It weighed 2,496.4kg
and had a diameter
of 2.57m.

4 The term "Mid-Autumn" is said to have first appeared in the Confucian book *Rites of Zhou* written during the Han Dynasty (202 BC – 220 AD), outlining the rituals of the Zhou Dynasty.







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PELAGOS SANCTUARY FOR MEDITERRANEAN MARINE MAMMALS, FRANCE & ITALY

Straddling the Ligurian Sea between France, Monaco and Italy, the Pelagos Sanctuary is a vast Marine Protected Area dedicated to the conservation of marine mammals in the Mediterranean. This transboundary zone is the only area in international waters protected specifically for marine mammals under an international agreement. The sanctuary is a haven for fin whales, striped dolphins, sperm whales, and Cuvier's beaked whales, among others.

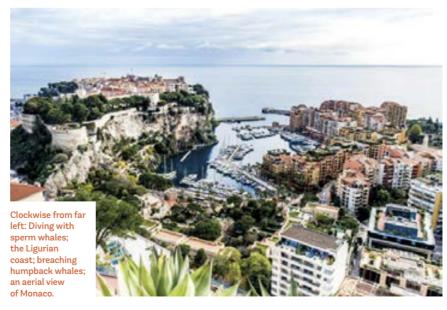
Naturally, whale and dolphin watching are especially popular, with sustainable charters taking you out to sea from Monaco's Port Hercule. If you're keen to explore the marine ecosystem's wealth of waterscapes, book a snorkelling or scuba diving guide to take you down. Snorkellers will be brought to Posidonia seagrass meadows—underwater forests known as the "lungs of the sea", where resident sea bream and octopuses frolic.

On the other hand, pro divers can set sail from Port-Cros in France or Livorno in Italy to access some of the Ligurian Sea's most storied dive sites. The calm summer conditions from June to September make for excellent visibility and smooth access to deeper waters, including shipwrecks dating back to 2 BC.



PLAY

Come on land in Monaco and make the most of your stay with a visit to the Theatre Fort Antoine to catch a play.
Dating back to the 18th century, the military fortress is now an open-air theatre.





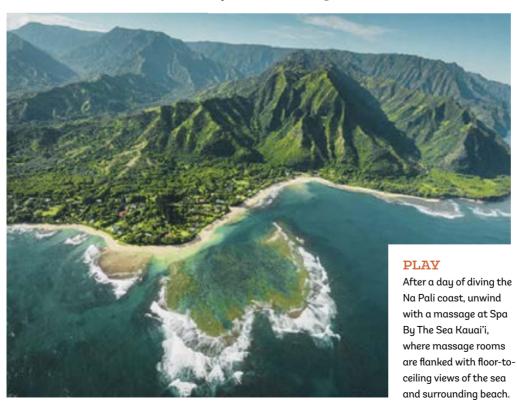


PAPAHĀNAUMOKUĀKEA MARINE NATIONAL MONUMENT. HAWAII

Far northwest of the main Hawaiian Islands lies one of the largest marine protected areas in the world, Papahānaumokuākea. This sacred stretch of ocean, spanning 1.5 million kilometres, is not only rich in biodiversity but also steeped in cultural significance for Native Hawaiians. Named after the Hawaiian creation deities Papahānaumoku (Earth mother) and Wākea (Sky father), the monument is considered a spiritual centre that connects ancestors to the natural world.

While access to the monument and its 7,000 species itself is highly restricted, travellers can still experience the monument's wider influence via waters adjacent to Kaua'i, O'ahu and Ni'ihau, which benefit from the ecological spillover of the protected area. Visitors can book expeditions or charter private yachts to tour these waters year-round with expert guides. A popular tour destination is the Na Pali coast off Kaua'i, framed by emerald cliffs and white sand beaches. Pods of spinner dolphins, green sea turtles and humpback whales frequent the coast, with the latter migrating through the area during the winter months—a dream for whale watchers.

Apart from the wealth of aquatic adventures, travellers can also enjoy cultural activities aplenty on land. The Na Pali coast, for instance, has several heiau (ancient Haiwaiian temples) and museums dedicated to Polynesian wayfinding practices and cosmological beliefs.





Clockwise from bottom left: The Na Pali Coast; breaching humpback whales; Hawaii's deep blue; Star Beach in the Philippines; reefs across the Sulu Sea.









TUBBATAHA REEFS NATURAL PARK, PHILIPPINES

Only accessible during a three-month diving window from mid-March to mid-June, Tubbataha is Southeast Asia's answer to the Galápagos. Situated in the Sulu Sea, this UNESCO-protected marine park is a true aquatic frontier—raw, isolated and teeming with marine life. The magic of Tubbataha lies not only in its biodiversity but also in its pristine condition, thanks to strict laws forbidding human settlements. Visitors live entirely onboard liveaboard diving vessels, spending up to a week immersed in the magic of this isolated marine sanctuary.

One of the park's most breathtaking underwater landscapes is the Jessie Beazley Reef, where steep walls draped in soft corals plunge dramatically into the deep blue abyss. Swim with grey reef sharks and giant trevallies, and schools of snappers that shimmer in the filtered sunlight. Aside from this reef, Tubbataha also boasts two massive atolls—North Atoll and South Atoll—both meccas for advanced divers. If swimming alongside its native whale sharks and manta rays doesn't get your heart racing fast enough, dive down to the Malayan Wreck, some 30m below the surface, and explore a shipwreck from the 1970s.



PLAY

Extend your stay in the Philippines to visit some of its stunning golf clubs for some R&R. The Mount Malarayat Golf & Country Club (malarayat.com), surrounded by its namesake mountains, should top the list.

When one thinks of Marine Protected Areas teeming with biodiversity, the Galápagos Marine Reserve is at the top of the list. Located at the confluence of three major ocean currents, this UNESCO World Heritage-listed site houses nearly 3,000 marine species, many of which are found nowhere else on Earth. The archipelago is made up of 13 different islands and 60 smaller islets, making it the perfect playground for explorers seeking both land and sea adventures.

To get there, travellers typically fly into mainland Ecuador—either Quito or Guayaquil—before taking a domestic flight to Baltra or San Cristóbal. Be sure to book a licensed tour or cruise for your visit, as unaccompanied access is prohibited. It's also worth noting that the entrance fee and visa into the island will set you back US\$200, a mandatory charge that supports conservation and sustainable tourism in the area.

Diving and snorkelling are the biggest draws here, offering encounters with marine iguanas, Galápagos sharks, sea turtles, manta rays, and playful sea lions. Between June and December, cooler waters bring in large schools of hammerhead sharks, while warmer months from January to May yield better underwater visibility and calmer seas. On land, hike lava trails and spot rare species like the giant tortoise, renowned for their century-long lifespan, as well as beautiful birds, including Darwin's finches, named after the famed naturalist.





PLAY

Santa Cruz Island is a must when in the Galápagos, as it's where you'll be able to get up close and personal with the archipelago's famed giant tortoises. After, hike the Twin Craters—sinkholes in the highlands formed from collapsed magma domes.



Clockwise from left: Blue-footed boobies; the red lava tubes of Bartolome; the Las Grits Grotto in Santa Cruz; bonding amidst nature; rabbitfish in the reefs of Tun Sakaran; the Sipadan Kapalai Dive Resort.

TUN SAKARAN MARINE PARK, SABAH

For a Marine Protected Area closer to home, visit the Tun Sakaran Marine Park, off the coast of Borneo. The 350sq km expanse forms part of the globally significant Coral Triangle, an Australasian ecoregion that supports over 500 species of reef-building corals.

The park includes eight islands, the most prominent being Bohey Dulang, Sibuan and Mantabuan, as well as stunning reef systems like Bodgaya Reef and Maiga Reef. If you must pick one island, Bohey Dulang offers one of the most iconic hikes in Sabah. A short but steep trek up an ancient volcanic ridge rewards visitors with panoramic views of the park's lagoons and scattered islets. The island also hosts a marine research station and conservation centre, where visitors can learn about reef restoration and local seaweed farming initiatives. For a dose of culture, visit the stilted villages on Maiga or Sibuan, where one can glimpse the daily lives of the Bajau Laut, a seafaring indigenous people who live in villages built on stilts atop the sea.

Underwater, Tun Sakaran is as much of a visual feast—think vibrant coral gardens and sandy slopes populated by all manner of colourful tropical fish. Its calm and relative clarity make it a haven for novice divers, as well as underwater photographers looking to capture the park's marine marvels.



DT.AV

When in Sabah, stay in the Sutera Harbour Marina & Country Club (suteraharbour.com), complete with an exclusive resort and an awe-inspiring 27-hole Graham Marsh-designed golf course.







SOAKING IN SUCCESS

BRITISH BUSINESSPERSON AND WELLNESS EXPERT CHRISTINA MANTOURA GOUGH IS REINVENTING WELLNESS ONE HOT TUB AT A TIME, AND THEN SOME.

TEXT SANDHYA MAHADEVAN PHOTOGRAPHY CHRISTINA MANTOURA GOUGH



he wellness economy saw an exponential growth post-pandemic—from US\$4.6 trillion in 2020 to a record US\$6.3 trillion by the end of 2023 and is projected to grow even further this year by the Global Wellness Institute. Christina Mantoura Gough, Managing Director of UK-based The Hot Tub & Swim Spa Company (HTSS) has been on the pulse of that trend for two decades now.

Established 10 years ago with a clear vision to bring everyday happiness—the mantra that continues to drive the company's mission—HTSS is today one of the UK's most award-winning wellness and aquatic-leisure brands specialising in hot tubs, swim spas, pools, saunas, steam rooms, and infra and ice baths. Its USP: Turnkey, thoughtfully designed wellness products that leverage the latest technology to enhance lifestyles. HTSS is rooted in Christina's passion for human well-being and biohacking, enabling her to transform her clients bodies into the best version of physical and mental well being.

LED BY WATER

Water truly is in Christina's blood too. She was born into a family of Olympic swimmers—her mother and great grandfather were both champion swimmers, who participated in both the Commonwealth Games and the Olympics. To this day, her mother holds the Olympic world record for 110 yard breaststroke before the metric system took over.

Interestingly though, her career took a minor detour into London's corporate life, first in back-office banking, before being offered a management consultant position with Accenture. But events of a "beautiful British summer", as Christina describes it, changed all of that—a day when her parents urged her to help them sell some chemicals and swimming pools from their luxury showroom.

Christina recalls it becoming a very busy day very quickly, with the gorgeous weather moving things along. "I naturally started selling swimming



pools and smaller jacuzzi hot tub versions—some also with swim jets—which were perfect for people that couldn't necessarily afford, or didn't want to allocate a huge amount of space in their garden to a swimming pool," she says. "But through it all, I remember thinking this is really fun."

Seeing the potential she could bring to the business, her parents requested that she defer her place at Accenture for a year and join the family business. "My dad used this very persuasive term at the time, saying, 'Christina, can you impart some of your expensive education and your business acumen into our company and earn us some money for a year and try and repay some of that education," recalls Christina with a laugh.

Suffice to say, Christina never looked back, revelling in the casual

atmosphere-"I could go to work in shorts!"-and savouring the opportunity to meet people from all walks of life, some of whom have remained loyal customers even a decade later. The A-list clients include sports people, Olympic athletes, premiership footballers, and even politicians. "I just sold a sauna to the former Prime Minister of England," quips Christina.

NEW VIBE

She also recently founded The Sauna and Steam Room Company—on the heels of her move to Singapore, following her husband's transfer from the UK to head up credit for assets company BlackRock's operations in Asia. She now shuttles between the UK and Singapore.

She is also geared up for the new kind of buyer in Singapore—who are more discreet, yet discerning about their health and wellbeing, says Christina.

As someone who sits on the industry panel of wellness experts and stays ahead of market trends, this is a welcome challenge for Christina.

The great thing is people here are typically very healthy and fitness conscious, adds Christina. "So for me, it already means that the personal commitment is there, it's more about educating people softly and sharing with them knowledge of the latest technology-from the benefits of infrared saunas to a combined technology sauna, and more—that could be made available in their homes."

CHRISTINA'S TOP 3

UNWIND

I'm a naturally gregarious person who loves staying active and spending quality time with others. Unwinding for me is all about exercising, enjoying sunny days at the beach or waterpark with the kids, playing tennis with my husband, catching up with friends on a walk, or sharing a relaxed meal out with the family.

TRAVEL

We have had many delightful holidays in Asia—Hong Kong, Langkawi, Bali, Maldives... it's hard to pick a favourite as they're all completely different. Maldives was special as I celebrated my 40th birthday there. It was our first time there and I really enjoyed snorkeling with the sharks and the tropical fish, and just relaxing with champagne in hand and soaking in the stunning surroundings.

PURPOSE

I truly embody my company's slogan "everyday happiness". I don't let things get me down. I know that I have the ability to transform peoples lives and make a difference. That's my raison d'être.

Customers all around the world are today much more educated on mental wellbeing and the health and emotional benefits of a hot tub or a massage therapy or an ice bath than they were 20 years ago or even until 10 years ago, she adds. "There used to be a time when people would say to me, 'Oh, Christina, you run a luxury business'. But now, they say, 'wow, you run a wellness business'."

The future looks busy as well with plans to open a 11,000 sqft superstore showroom. "We've chosen to expand our range—visually as well for people from all around the UK to come and see our products," she says. "I foresee big market penetration in Asia, which will be fantastic. And then, I think we will open another branch within Europe or maybe Dubai in a few years."

JOY UNFILTERED

Christina's passion for wellness goes beyond the business. "Self care is a commitment that I have made throughout my life. I'm 40, and I really believe that I'm in one of the strongest times of my life, physically, mentally and emotionally."

A heptathlete in her younger days, she is also an avid swimmer-no brainer-fitness enthusiast and takes tennis lessons at the Club. Her older son-she has two boys, aged 8 and 3 years—created a record at the Club's recent Swim Meet.

Time with the family is as much a priority as she values her down time. She took time off from work when the family moved to Singapore to ease her sons into the new environment. That initiation included embedding themselves into the island nations's many restaurants, museums and the beaches of Sentosa itself. "We had been to Singapore a few times before, and I then discovered Sentosa—the most beautiful place that we could possibly live in," gushes Christina.

A naturally joyful person, Christina looks forward to each day as an opportunity to do something new. "I am one of those annoying morning people. My husband jokes that I probably fell from the 'happy tree' as a child and hit all the branches on the way down. I genuinely bounce off my bed in the mornings." Here's to a lifetime of happy mornings. ∑

JACOUIE HOURIHANE AND EMILY GREALLY OF ISLAND ATELIER WANT TO REDEFINE THE RETAIL FAIR EXPERIENCE. FROM ARTISANAL BRANDS TO SUNSET COCKTAILS. AND EVERYTHING IN BETWEEN.

TEXT SANDHYA MAHADEVAN PHOTOGRAPHY BENNY LOH ART DIRECTION CHARLENE LEE

appiness is not in money, but in shopping," said Marilyn Monroe. That's "retail therapy" in today's context.

What was once a tongue-in-cheek excuse for a shopping spree is today a full-blown cultural phenomenon beyond mere materialism-with scientific evidence that intentional shopping can lift your mood, help you regain a sense of control and even provide comfort during stress or sadness.

All of the above outline the goal behind Island Atelier, a premium shopping fair concept co-founded by Jacquiee Hourihane and Emily Greally. Harnessing their combined expertise in retail—alongside Emily's background in publishing and event curation—their fairs place the shopping experience front and centre, complemented by a curated lineup of exclusive, design-led brands that go beyond the usual suspects.

The curation is driven by a desire to bring the charm of boutique shopping to Singapore, where the retail scene leans heavily on high-street, mass-market convenience or ultra-luxury formality, says Jacquie, recalling the kind of shopping she grew up with back home in Ireland.

The brands featured at Island Atelier fairs go through an intensive vetting process to ensure they offer a delightful in-between with an emphasis on personality, design and quality over quantity. An opportunity to showcase that difference is what Island Atelier's fairs are about. "The independent brands that we feature are those that we love and want to support, because their products are so special and so unusual compared to everything else that is available," adds Emily.

Bring these together in an idyllic setting such as Sentosa Cove, and it's Monroe's dream come true the perfect blend of style, charm and effortless luxury.

VIBE, UNDENIABLE

Jacquie and Emily met in 2016 in the course of doing their own fairs from personal stints to intimate condo events to larger ones at Quayside Isle and W Singapore - Sentosa Cove, where their flagship stands to date.

A year later, they organised the Sentosa Fair at the Club's Constellation Ballroom. It was a one-day affair, with a DJ working his set, a bar and a lineup of exclusive indie brands from around the islandstate. With all the makings of the retail experience they had always dreamt of, the duo decided to keep building it up to turn their shared vision into reality.

As with any venture, the learning curve was steep, steeper because nature threw in a big curveball in the form of COVID-19. "The rules kept changing, so we did groups of five at first and then it went to groups of two, so we had to be really careful," recalls Jacquie. "It was a nightmare, but we got through it; we got people out of their homes, and the names of the brands out into the market."

The fair venue has always been magical and the products unique, but as vendors themselves, the duo knew that in order for the brands to thrive, they had to up their marketing game.

> "The Sentosa Fairs were lovely, but it has been mainly community based, with activities designed around the interests of Sentosa residents. We encouraged people to come, but we did not really have much of a marketing budget," explains Jacquie. They also actively promoted on social media, "but we've never really explored what we could do with it, in terms of what the reach could be, and what we wanted", adds Emily.

> On the behest of their anchor brands, they decided to build that into the fee that they charged the vendors—setting the stage for a more comprehensive setup in the form of Island Atelier. "We formed a board with these brands and put together our ethos, our wish lists and importantly, our KPIs-of what we wanted to provide our vendors," they add. Beyond offering a platform to showcase their products, Island Atelier provides a full suite of support for participating brands including PR services, social media promotions and

ISLAND ATELIER FAIR

A three-day retail fair by Island Atelier that will blends island charm with curated sophistication—independent brands, artisanal makers, and lifestyle labels.

Wednesday to Friday, 10 to 12 September 2025

TIME

10 September, 5pm to 9pm (Atelier Insider Only) 11 September, 10am to 8pm 12 September, 12pm to 8pm

ONE°15 Marine Sentosa Cove







marketing guidance. The team is currently engaging influencers to help build brand awareness and extend the reach of their vendors.

The duo also decided to expand the fair from a one-day affair into a full three-day extravaganza—giving vendors more time to connect with their audience, and shoppers more time to soak in the atmosphere and explore at their own pace.

COME SEPTEMBER

Island Atelier's upcoming fair to be held at the Club from 10 to 12 September will live up to all that promise, ticking many boxes on Jacquie and Emily's wishlists—think a DJ box, a bar, and interactive sessions, including talks and workshops.

The Club has also specially curated F&B packages to enhance the shopping experience. Shoppers from all over Singapore can also hop on to the Club's two-way shuttle buses from Vivocity for added convenience.

They have partnered with Sentosa Development Corporation for their SG60 promotions for dining and other activities. An in-house concierge at the fair means that "people can come in and shop, drop their bags at the concierge to head off for a coffee or a glass of wine, and come back to browse some more," shares Jacquie, excitedly. The curated indulgences include signature cocktails.

From left: Jacquie Hourihane, Emily Greally The fair also includes an Atelier Insider segment for by-invite-only guests—press, influencers, key Club Members, and personal invitees.

The eclectic mix of shoppers—Sentosa Cove residents, expats and locals, to special invitees—will be complemented by an equally versatile lineup of vendors, offering everything from design-led fashion and homeware to artisanal gifts and lifestyle products.

"We have new brands coming in for this edition. Our core vendors who have been with us for many years remain, but we also keep them in rotations. We want to keep it inclusive—that's always been really important to us," says Emily.

That aided by an authentic island vibe, which the venue throws in in spades, and it has all the makings of a no-pressure, no-rush, easy, enjoyable day or days out. Like their tagline clearly states, Jacquie and Emily truly want you to "come for the shopping, and stay for the experience"—and there's a lot more of that to come for the future.

GREEN HORIZONS

THE MANY SUSTAINABLE INITIATIVES, AWARDS AND ACCREDITATIONS OF ONE 15 MARINA SENTOSA COVE.







MARINA OF THE YEAR HALL OF FAME

This year, the Club was inducted in Marina Industries Association's **Marina of the Year Hall of Fame**—the first Asian marina to be given the honour.



GLOBAL SUSTAINABLE TOURISM COUNCIL CERTIFIED

In 2024, we became **Global Sustainable Tourism Council Certified** for its adoption of internationally recognised standards for **sustainable operations**, **environmental conservation**, and **community engagement**.



SINGAPORE HOTEL SUSTAINABILITY AWARD

Received the Singapore Hotel Sustainability Award 2023 - 2024 in acknowledgement of the dedication to sustainable management practices that drive continuous improvement.

FARM-TO-TABLE BASE TIER

The Club was certified with the Farm-to-Table Base
Tier logo in 2023. The **Singapore Food Agency** award
recognises establishments that **procure 15%** of its supply
of **hen shell eggs, leafy vegetables, beansprouts,**or **fish** from local suppliers.



MARINA INDUSTRIES ASSOCIATION

ONE°15 Marina Sentosa Cove is the **first Asian marina** to have won the biannual Nautilus Marine Insurance **Marina of the Year** award consecutively in **2021** and **2023**.



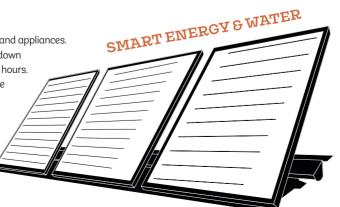


ENVIRONMENT AWARD 2025

We received the Environment Award (Highly Commended) in May 2025 by Marina Industries Association that recognises an outstanding new product, process or service initiative that yields positive environmental outcomes.

ENERGY-SAVING MEASURES

- · Switched to energy-efficient equipment and appliances.
- Installed automated timers that power down non-essential equipment after operating hours.
- Implemented IoT technology for real-time energy monitoring and optimisation.
- Installed solar-powered garden lights, LED lighting throughout the property, and rooftop solar panels.
- Installed motion sensors that switch off equipment and lighting when not in use.



WATER-SAVING MEASURES

From water-efficient taps, flushes and showerheads in washrooms, changing rooms and hotel rooms, to conscious linen and towel reuse programmes, and water-efficient landscaping.







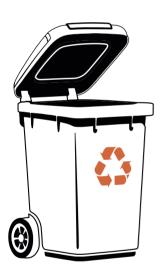


WASTE RECYCLING PROGRAMMES

All dry food waste is converted into compost using a food digestor machine as part of Sentosa Development Corporation's food waste recucling programme. Waste engine and cooking oils are also sent for recycling.

WASTE REDUCTION INITIATIVES

Upsized recycling bins are also conveniently located at the entrances and exits of the marina.



TENNIS BALLS RECYCLING PROGRAMME

and on yachts.

CI.EAN MARINA **PRACTICES**

ECO-FRIENDLY EVENT POLICIES

biodegradable waste such as balloons and confetti are banned in the marina area

The use of non-

As part of the eco initiative supported by the National Environment Agency Singapore, ActiveSG and Singapore Tennis Association, worn-out tennis balls are recycled into rubber granules used for the construction of **sports surfaces** while old tennis balls are donated to St. Hilda's Community Services for rehab activities.

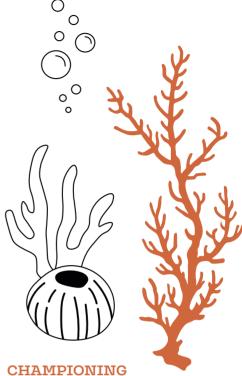
NO SINGLE-USE PLASTIC

The Club eliminated single-use plastic throughout its premises, including replacing plastic bin liners with recycling bins in hotel rooms. Takeaway boxes and cutlery have all been replaced with eco-friendly packaging, including the use of paper bags instead of plastic bags.

WASTE RECOVERY SYSTEMS

Three Collec'Thor units have been installed in our marina—each can take up to 100kg of solid or liquid waste and even microplastics. These are aided by a waste pump-out boat that's powered by an electric engine.





CONSERVATION

MARINE AND COASTAL CONSERVATION **AWARENESS AND EDUCATION**

Eco-Advisors Dr Toh Tai Chong and Sam Shu Qin support ONE°15 Marina's vision of creating awareness and educating Members and the public about marine and coastal conservation through interactive workshops and volunteer programmes.

ONE°15 MARINA CORAL GARDEN

Singapore's first man-made coral garden in a marina, ONE°15 Marina Coral Garden is used as a **research site** by the National University of Singapore and other marine researchers to trial coral restoration techniques, experiment breeding of new coral species and determine the types of corals that grow well in marina waters.

TRACKING SHARK **AND STINGRAY ACTIVITY**

ONE°15 Marina supports WWF-NUS's BRUV Survey, which

monitors sharks and stingrays activities in Singapore waters. The data gathered will help inform conservation and marine area management.

FROM FLUFFY OMELETTES TO RICHLY SPICED SCRAMBLES, EGGS TAKE CENTER STAGE IN BREAKFAST TRADITIONS IN SOME CULTURES ACROSS THE GLOBE.

TEXT SANDHYA MAHADEVAN



A Spanish omelette is as wholesome a meal as an egg-based breakfast dish can get. It began as the perfect carb- and protein-rich meal—eggs and potatoes mainly with onions for added flavour—for soldiers during the 19th century Carlist Wars, and has today become a beloved staple in every Spanish home. Slow-fried potatoes are folded into beaten egg mixture and slow-cooked in a pan until golden into a cake-like consistency.

CHEF'S TIP

Let the cooked potato sit in the beaten egg for a few minutes before frying. It absorbs the egg better and creates a custardy texture inside.

—Chef José Andrés, restaurateur



A classic brunch favourite, Eggs Benedict is also famously known as the ultimate hangover cure—the balanced combination of carbohydrates, proteins and nutrients from the poached eggs, hollandaise sauce, Canadian bacon, and English muffins is believed to help settle queasiness and an upset stomach. As its origin story suggests, in the late 19th century, Wall Street broker Lemuel Benedict requested it at the Waldorf Hotel in New York for the same purpose. But the chef turned things up by swapping bread for toasted English muffins, and it made its way to not just the hotel's menu but has graced the breakfast menus of many across the world.

CHEF'S TIP

Use fresh eggs and bring to a gentle simmer, not a rolling boil. Add a dash of salt—not vinegar—to help the whites set neatly. For a smoother, foamier, and more consistent hollandaise, combine egg yolks, sherry vinegar, lemon juice, salt, and clarified butter in a vacuum-bag, and sous-vide it at 60°C for 30 minutes. Transferring the mixture then into a cream charger will help create a light, airy hollandaise with minimal effort. —Chef Jun, Head Chef, Latitude Restaurant & Terrace





MENEMEN

This simple egg dish is a staple at breakfast and brunch places in Turkey. It is said to have originated, or rather named, after the town of Menemen, near İzmir on Turkey's Aegean coast—a fertile region known for its fresh produce, especially tomatoes and peppers which are the main ingredients of this dish. Although many versions have now become popular, a traditional Menemen is made of tomatoes, scrambled eggs, peppers, and various spices including paprika, oregano and black peppers. It is served in metal pans with a side of bread, which also doubles up as utensils to scoop up the egg gravy. The essence of the dish lies in its simplicity and the use of fresh ingredients.

CHEF'S TIP

Cook the tomatoes and peppers slowly in olive oil until they melt into a jammy consistency. Let the tomatoes release their juices fully before gently folding in the eggs. This keeps the texture creamy and ensures the eggs absorb all that flavour.

-Chef Refika Birgül, writer and TV show host

GYERAN MARI

"In Korean school lunchboxes, Gyeran Mari is a nostalgic favourite," says Chef Jun of Latitude Restaurant & Terrace, in reference to its deep-rooted tradition in Korean home-cooking. Its popularity is believed to have emerged after the Korean War (1950 - 1953), when eggs became a more accessible protein. It's also a common and favourite banchan (side dish) in casual restaurants.

Gyeran means egg and mari means rolled in the Korean language—which depicts this savoury rolled

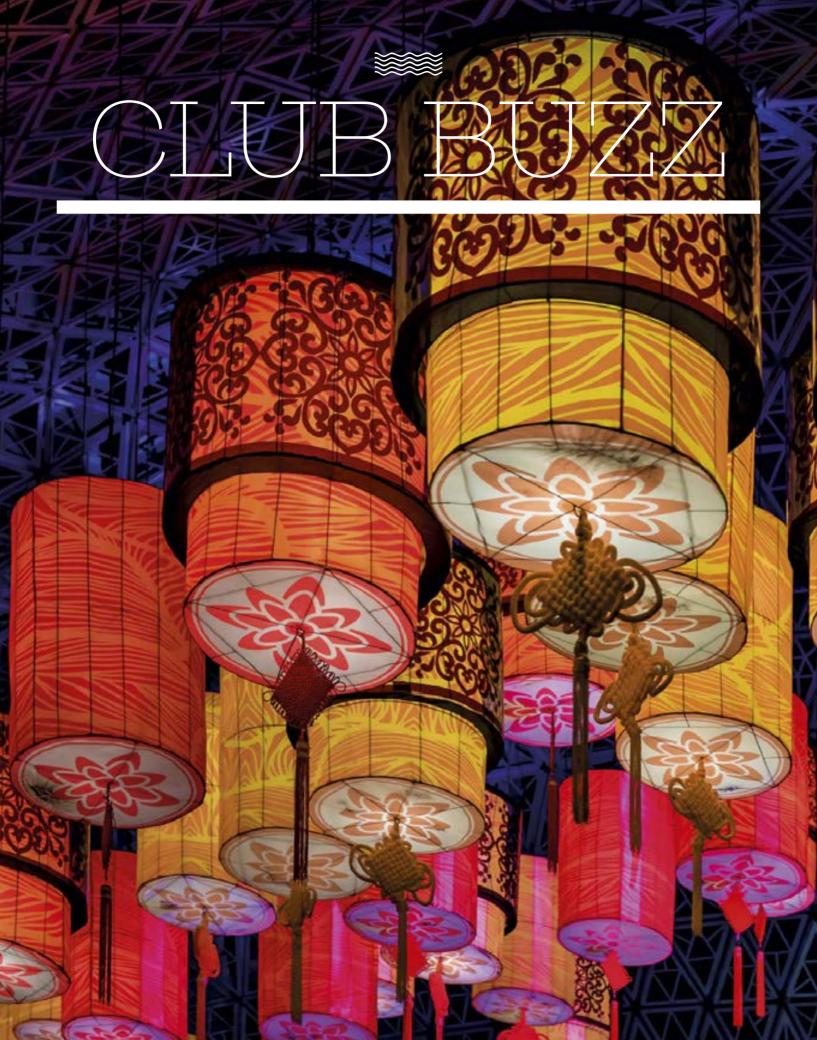
omelette perfectly. It is often mixed with roughly chopped vegetables such as onions, green onions and carrots—some versions come with ham—and garnished with roasted sesame.

CHEF'S TIP

Cook on low heat and roll in layers while still slightly runny for a soft texture. Using a square or rectangular pan helps achieve a cleaner roll.

—Chef Jun, Head Chef, Latitude Restaurant & Terrace









LATITUDE RESTAURANT & TERRACE

\$1.80 Free-Flow Drinks Bar: Cheers to 18 Years of Bottomless Fun! September 2025 Lunch & Dinner

Celebrate the Club's 18th anniversary with a 90-minute free-flow of non-alcoholic beverages from the self-serve Drinks Bar. For just an additional \$1.80+, quench your thirst with refreshing iced lychee soda and soft drinks as well as coffee and tea. Valid with every main course ordered.

PRICE: \$1.80+

Oktoberfest Platter September and October 2025 Lunch & Dinner

Get a taste of German culture with a local twist. Enjoy Grilled Currywurst with Curry Ketchup Sauce; Roast Chicken Thigh with Black Garlic Jus; German Potato Salad, Bavarian Pretzel with Beer Cheese Dip and Sauerkraut for just \$28+. Pair it with a glass of Warsteiner Beer Pilsner or non-alcoholic Warsteiner Beer Fresh for an extra \$8+. If dining for two, the \$68+ set gets you two Grilled Currywursts and Roasted Chicken Thighs as well as a Crispy Pork Knuckle (half), along with the sides and two glasses of Warsteiner beer. For \$30+ more, enjoy two hours of free-flow Warsteiner Premium Beer or Warsteiner Premium Fresh (non-alcoholic).

PRICE: \$28+ (serves 1); \$68+ (serves 2) Top-up \$30+ for two-hour free-flow beer

Heritage in Bloom

2 September to 6 October 2025

Delight your family and friends with delicious mooncakes from WOK°15 Kitchen. The eight-piece Mini Snow Skin Mooncake Collection comes with Golden Salted Yolk, Imperial Bak Kwa Crunch, Heritage Chendol, and Orh Nee and Gingko, while the four-piece Classic Baked Mooncake Set comes with White Lotus with Double Yolk and White Lotus with Single Yolk—both low sugar for a healthier indulgence. Sixth box free with every five boxes purchased. Available for takeaway only.

PRICE: From \$58

WOK°15 KITCHEN

Sweet 18 Treat - Mango Sago with Snow Swallow and Pomelo September 2025

Lunch & Dinner

Finish off a satisfying meal with an equally delightful dessert. Comprising tropical mango, pomelo and snow swallow, this treat is as nourishing as it is sweet. Enjoy it for just an extra \$1.80+. Valid with every main course ordered.

RICE: \$1.80+ (U.P. \$12+)

Sautéed Tiger Prawns with Black Garlic and Scallions September and October 2025 Lunch & Dinner

This protein-rich dish promises to add more than just sizzle to your meal. Prepared with high-quality cooking wine and oil, the succulent prawns are sautéed to perfection with just the right amount of heat. Black garlic adds unmistakable flavour while green scallions complete the dish in true Asian style.

PRICE: \$38+ (U.P. \$48+)

BOATERS BAR

18 & Frying High -Truffle Shoestring Fries September 2025 From 5pm

Here's an irresistibly salty, crispy and crunchy deal to make your day. Enjoy a mini portion of golden truffle fries for just \$1.80+ with every alcoholic beverage purchased—the perfect pairing if you are having the munchies after a long day. Valid with every full-priced alcoholic drink. Not valid for promotional drinks.

PRICE: \$1.80+

Ladies' Night

Wednesdays, for ladies only

Leave the kids at home with hubby and make time to connect with your girlfriends over prosecco & rosé at Boaters Bar. Best of all, snag two for the price of one!

PRICE: 1-for-1 prosecco and rosé

Paws & Pints

Thursdays

Dogs of all breeds are welcome at Boaters Bar. While you indulge in your favourite drinks by the tranquil waterfront, your furry buddies also get to enjoy complimentary pet treats with every pint of beer ordered.

PRICE: Complimentary pet treat with every pint of beer

First Drink Free – Drink. Relax. Repeat Fridays

Exclusively for Members only, kick-start your weekend with a complimentary half-pint of beer at Boaters Bar as you celebrate the end of the work week. TGIF!

PRICE: Complimentary (U.P. \$12+)

Valid for the first half-pint only.

Sundown Steals

Until 31 December 2025,

5pm to 8pm

From Tiger draughts or prosecco, house wines and house spirits, your favourite alcoholic drinks are on hand at just \$10 per glass at Boaters Bar. Loosen up at the end of the day while enjoying gorgeous views at sunset. Bottoms up!

PRICE: \$10+ per glass

ONGOING

Bring Your Own Bottle Until 31 December 2025

Tuck into fine Cantonese fare at WOK°15 Kitchen such as Alaskan king crab, baked Boston lobster, turbot fish or marble goby (soon hock) with a glass of your favourite wine from home—corkage is free until year's end.

PRICE: Complimentary

For orders and reservations: Latitude Restaurant & Terrace: Call 6305 6982, WhatsApp 9144 7124 or email latitude.sc@ one15marina.com. WOK°15 Kitchen: Call 6305 6998, WhatsApp 8500 1015 or email wok15.sc@one15marina.com. Boaters Bar: WhatsApp 9849 0115 or email boatersbar.sc@one15marina.com. All prices are nett unless otherwise stated.



FITNESS

Gym Intro SessionBy appointment only

Get familiarised with the gym's facilities and programmes so you can make the most of each visit. At this introductory session, expert trainers will not only show you around the cardio and strength-training zones and group fitness studios, they will also demonstrate proper usage of the workout equipment and the right techniques and proper form. You will also receive updates on fitness classes, personal training options and upcoming events.

PRICE: Complimentary

Personal Training Ongoing

Take your workout to the next level with a targeted programme tailored just for you. While considering your preferences, strengths and weaknesses, a personal trainer can fine-tune your workout and incorporate more effective exercises to help you achieve optimal results.

PRICES: \$135 per session \$1,090 for 10 sessions \$1,962 for 20 sessions \$2,616 for 30 sessions All sessions are for 60 minute.

Personal Training for Kids Ongoing

Keep your kids off the couch by investing in gym time instead of screen time. By engaging your young ones with fun activities, expert personal trainers can include age-appropriate workouts to help them improve their fitness while ingraining lifelong healthy exercise habits.

PRICE: \$872 for 10 sessions
All sessions are for 60 minutes

Pre-NS Conditioning Training Ongoing

For the sons of Singapore who are preparing for National Service, this fitness programme will prepare the boys physically and mentally to take their pre-enlistee Individual Physical Proficiency Test (IPPT) while building up overall strength and stamina for subsequent challenges.

PRICE: \$872 for 10 sessions
All sessions are for 60 minutes.

CrossCore® Ongoing

Strong core muscles not only help you maintain good posture and balance, but they also boost stability and steadiness to prevent injuries as you go about your activities.
Using a patented pulley system, these CrossCore® routines target those essential muscle groups by adding a new dimension of rotational movement and dynamic tension.

PRICES: \$709 for 10 sessions \$1,090 for 20 sessions \$1,472 for 30 sessions All sessions are for 30 minutes.

\$1,090 for 10 sessions \$1,962 for 20 sessions \$2,616 for 30 sessions All sessions are for 60 minutes.

All sessions are for 60 minutes. All sessions are for 60 minutes. All sessions are for minutes. All sessions are for 60 minutes. All sessions are for 60 minutes.

For more information on recreation programmes, contact the Recreation department at 6305 6980 or recreation.sc@one15marina.com. All prices are nett unless otherwise stated.



Power Plate

Ongoing

Whether your goal is to lose weight, gain muscle or simply improve overall health, these Power Plate workouts are designed to add a boost to standard exercises. Using vibration plates, your body is challenged to work harder at stabilising itself while increasing your range of motion.

PRICES: \$600 for 10 sessions \$1.090 for 20 sessions \$1,472 for 30 sessions All sessions are for 30 minutes.

Buddy Training Special Ongoing

Grab your best pal and get moving in tandem. With double the fun and twice the motivation, you are much more likely to hit your health targets when you have a companion with whom you can do these tailored training exercises.

PRICES: \$1,308 for 10 sessions \$2,398 for 20 sessions \$3,270 for 30 sessions

Including Power Plate: \$1,417 for 10 sessions \$2,616 for 20 sessions \$3,597 for 30 sessions All sessions are for 60 minutes.

Boxing

Ongoing

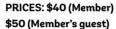
Be it for physical fitness or stress relief, this full-body workout not only helps to boost cardiovascular health, but it also tones your muscles and burns fat at the same time. Condition your body with this high-intensity interval training while releasing stress in a fun way.

PRICES: \$1,308 for 10 sessions \$2,180 for 20 sessions \$2,834 for 30 sessions All sessions are for 60 minutes.

BoxFit

Wednesdays, 6.30pm to 7.15pm

Don those boxing gloves (provided by the gym) and burn up to 900 calories with this high-octane workout. Even better, the fat-burning continues for at least 48 hours afterwards. Develop your reflexes, flexibility and coordination as certified trainers in Thump Boxing show you how to perform jabs, hooks and uppercuts in style while holding your pad properly.



Member Referral Programme Ongoing

Enjoy a free group fitness session on the house when you get a friend to sign up for 10 personal training sessions. As a bonus, you and your friend gets a complimentary group fitness session. Choose between Pilates Matwork and Gentle Yoga for your next workout.

PRICE: \$1,090 for 10 sessions

Sculpt360

Thursdays, 8am to 9am Fridays, 10am to 11am

Hone your curves and silhouette with targeted toning exercises. Designed for all fitness levels, this body-conditioning workout helps to strengthen the muscles in your abdomen, thighs and butt while fighting the flab simultaneously.

PRICES: \$16 (Member) \$22 (Member's guest)

Gentle Yoga

Sunset Yoga:

Tuesdays, 6.30pm to 7.30pm Thursdays, 7pm to 8pm Yoga Flow Vinyasa:

Wednesdays, 8am to 9am; 10am to 11am

Rediscover your inner calm with Sunset Yoga at the Rooftop Terrace on Tuesdays. Lengthening stretches and poses at this mindfulness yoga session will help you restore equilibrium after a long day. On Wednesdays, head to the Studio in the ONE Fitness Centre for Yoga Vinyasa (also known as "flow yoga") which encourages fluidity through flow, rhythm and breath exercises.

PRICES: \$30 (Member) \$40 (Member's guest)

Pilates Matwork

Mondays, 10am to 11am

Improve mobility and build strength in your core muscles with these strengthening and lengthening Pilate exercises. As you tone up your trunk, arms and legs while on the mat, your body will become firmer and stronger before you know it.

PRICES: \$30 (Member) \$40 (Member's guest)



TENNIS

Private Tennis Lessons Ongoing

Taking into account your personal style and current skill level, private lessons can help you make quicker progress and elevate your game. A personal coach can guide you in finessing your strokes and polishing your techniques with a keen eye.

PRICES:

Head Coach \$109 for 1 player \$60 per player for 2 players

Associate Director of Tennis \$131 for 1 player \$71 per player for 2 players

Director of Tennis \$142 for 1 player \$77 per player for 2 players

Group Lessons \$50 per player for 4 to 6 players

Cardio Tennis Drills Group Lessons (Intermediate/Advanced)

Mondays, 8am to 9.30am Fridays, 7pm to 8.30pm (Intermediate);

Mondays, 7.30pm to 9pm (Advanced)

Refine your racquet-handling skills while improving hand-eye coordination and footwork with these disciplined drills. Designed to help you develop muscle memory for better timing, these structured practice exercises help to boost your confidence as you coordinate each move during the game.

PRICE: \$71 per player

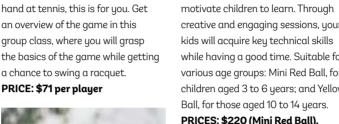
For more information on recreation programmes, contact the Recreation department at 6305 6980 or recreation.sc@one15marina.com. All prices are nett unless otherwise stated.

Intro to Tennis

Wednesdays, 8am to 9.30am Fridays, 7pm to 8.30pm

For novices who want to try their hand at tennis, this is for you. Get an overview of the game in this group class, where you will grasp the basics of the game while getting

PRICE: \$71 per player



Junior Tennis Group Lessons Ongoing

Joining peers at play through group lessons is always a fun way to creative and engaging sessions, your while having a good time. Suitable for various age groups: Mini Red Ball, for children aged 3 to 6 years; and Yellow



PICKLEBALL.

Private Pickleball Lessons Ongoing

This paddle sport combines the elements of tennis, badminton and table tennis all rolled into one. Whether you are just starting out or preparing for the next tournament, let an expert coach help you improve your stroke so you can play smarter and advance your game. Suitable for families and kids.

PRICES: \$142 (one player) \$175 (two players) \$197 (three players) \$218 (four players) All sessions are 60 minutes each.

\$213 (one player) \$256 (two players) \$296 (three players) \$327 (four players) All sessions are 90 minutes each.

Bond & Rally: Family Pickleball Session

Until 31 December 2025

This fun family session lets you bond with the kids (aged six years and above) as you engage in some friendly competition while trying something new together. No prior experience is required as friendly coaches are on hand to guide you. Racquet rentals are free of charge.

PRICES: \$197 for 3 players; \$218 for 4 players (Members only)

Junior Pickleball Group Lessons

Tuesdays, 6pm to 7pm Saturdays, 3pm to 4pm

Help your kids (seven to 12 years old) make strides in the game as they pick up key strokes in forehand, backhand, serve, and volley as well as vital skills in tactics and strategy. Playing with others also provides opportunities to inculcate the importance of sportsmanship.

PRICES: \$44 (Member) \$55 (Member's guest)



Adult Pickleball Group Lessons Tuesdays, 7pm to 8pm Saturdays, 4pm to 5pm

Learn how to make a winning impression on the Pickleball Court with these group lessons that are designed for players of all ages and skill levels. This fun and low-impact workout will help you glean tips and tricks from professional coaches while, at the same time, getting a bout of good exercise.

PRICES: \$50 (Member) \$65 (Member's guest)

SAILING

Powered Pleasure Craft Driving License (PPCDL) Course Saturdays and Sundays, 9am to 5pm

Responsible boating requires mastering essential skills in how to safely pilot a powerboat as well as understanding the do's and don'ts of water navigation at sea. After the course, you will also receive a Certificate of Attendance which is mandatory for the PPCDL test conducted by Singapore Maritime Academy.

PRICES:

\$306 per trainee (Member) 15% off Member price (Member's birthday month) \$382 per trainee (Member's guest)

DIVING

Discover Scuba Ongoing

Before you dive into the deep ocean, get a comprehensive overview of what is required to make the plunge safely with this introductory scuba diving course by White Manta Diving. Suitable for ages 10 and up. Lesson is conducted at ONE°15 Marina

PRICES: \$135 (Member) \$162 (Member's guest)

- P berth.



Refine Scuba (Diving Refresher Course) Ongoing

Already certified as a diver but need a refresher? Refine your knowledge in mask work, buoyancy and finning with this course by White Manta Diving, which will help you to regain confidence in the basics so you can get on with your next adventure.

PRICES: \$340 (Member) \$399 (Member's guest)

To book your stay, contact Front Office at 6305 6988 or frontdesk.sc@ one15marina.com with your preferred dates of stay. For more information on recreation programmes, contact the Recreation department at 6305 6980 or recreation.sc@one15marina.com. All prices are nett unless otherwise stated.

OTHERS

Recovery Room - Ice Bath & Infrared Sauna

Give your body some wellearned recovery time. Stimulate blood flow, improve circulation, reduce soreness and improve overall cardiovascular health bu alternating between an icebath plunge and infrared sauna. Booking window opens one week in advance—on a first-come, firstserved basis. Open from 8am to 10pm. Reserve your slot at ONE15 Fitness Centre or Recreation Office. Restricted to two bookings per person per day.

PRICES: Walk-in: \$50 \$200 for 5 sessions \$350 for 10 sessions \$600 for 20 sessions All sessions are for 55 minutes.

Lock in a Deal: 3 Months on Us Valid till 31 December 2025

For Members who are renting a locker for the first time, here's a bonus for you: Enjoy three additional months for free when you pay upfront for a year. That means you get 15 months of storage for the price of 12.

PRICES: \$120 (U.P. \$150) \$240 (U.P. \$300) \$360 (U.P. \$450)

ACCOMMODATION

1N Family Funcation: Kids Stay and Dine Free

Valid till 31 December 2025

Take a holiday away from home without flights involved when you embark on this luxurious staycation at ONE°15 Marina, where you can make even more magnificent memories with your loved ones. This family-friendly deal gets you a stay in the Hillview room and includes breakfast for two adults and two kids (under 12 years old). In addition, the kids also get lunches and dinners from the Children's Menu at Latitude Restaurant & Terrace (dine-in only). Plus, late check-out at 2pm means you can get some extra sleep or have a morning swim before you leave.

PRICE: \$399+ (U.P. \$494+) for Hillview room only

*not applicable for eve of public holidays, public holidays and blackout dates as determined by the Club, and is subject to availability.





PICKLEBALL SOCIAL NIGHT

Date: Thursdays, 4, 11, 18, 25 September 2025; 2, 9, 16, 23, 30 October 2025 **Time:** 7pm to 9pm

Venue: Pickleball Court **Price:** Complimentary (Members-only)

Calling all pickleball enthusiasts and adrenaline junkies for a chance to play your favourite game and make new friends—all on the Pickleball Court. RSVP a week before event to recreation.sc@one15marina.com



TENNIS SOCIAL NIGHT

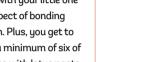
Date: Wednesdays, 3, 10, 17, 24 September 2025; 1, 8, 15, 22, 29 October 2025

Time: 7pm to 9pm Venue: Tennis Court Price: Complimentary (Members-only)

There is nothing like a spot of mid-week tennis to recharge and balance energies. Enjoy the chance to play and practise your strokes in a noncompetitive environment while making new friends along the way. Get active, network and enjoy some friendly matches with players of all levels at this event. RSVP a week before event to recreation.sc@ one15marina.com



All prices are nett unless otherwise stated.





The Mid-Autumn Festival is about reunion and bonding as a family. Making mini snow skin mooncakes with your little one takes the aspect of bonding to a new high. Plus, you get to bring home a minimum of six of your creations with lotus paste filling to share with your family. Suitable for children aged 4 years and above. RSVP by 13 September to recreation.sc@ one15marina.com





18TH ANNIVERSARY ECO **WEEKEND**

Date: Saturday and Sunday, 6 and 7 September 2025 Time: Various timings Venue: Various places Price: Various prices

The name says it all. The Club marks its 18-year anniversary with a weekend of meaningful celebration that mixes purpose with play. From hands-on upcycling workshops and an impactful beach clean-up, to coral garden exploration, and curated eco-dining experiences—it's your chance to reconnect with nature, give back to the planet, and make every action count. Find out more on one15marina.com/ anniversary-specials or email marketing.sc@one15marina.com





NATURE PHOTOGRAPHY: TIPS FOR EVERY CLICK

Date: Friday, 26 September 2025 Time: 7pm to 8.30pm Venue: innerCove

Price: Complimentary (Member)

\$18 (Member's guest)

If you revel in capturing the beauty around you, this workshop focuses on helping you get started or taking it up a notch. Two photographers, Ren Lim and William Tan (Canon Ambassador) share about nature photography with a special focus on marine creatures and birds. Join them in a journey of discovery and appreciation of the nature around us. RSVP by 14 September to membership. sc@one15marina.com

THE GRILL TAKEOVER BY PISTACHIO

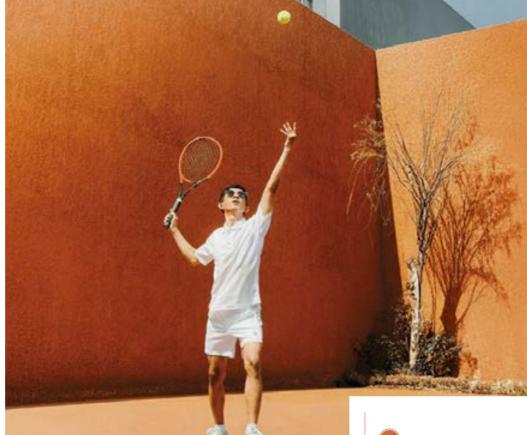
Date: Saturday, 27 September 2025 Time: 12pm to 3pm

Venue: Latitude Restaurant

& Terrace

Price: \$68+ (Member), \$78+ (Member's guest) Top up \$40+ per person for free-flow free-flow prosecco, rosé, house wine, and beer

It's the Club's 18th anniversary this year, and we are spicing things up with a curated Middle Eastern experience by Chef Khaled from Pistachio Middle Eastern & Mediterranean Grill. Expect a specially curated set menu of grilled meats and seafood. It promises to be a veritable celebration of bold flavours and culinary artistry— a perfect toast for 18 incredible years. RSVP by 20 September to latitude. sc@one15marina.com





TENNIS CAMP

Date: Mondays to Fridays, 13 to 17, 21 to 24 October 2025 Time: 8am to 10am

(5 to 9 years)

10am to 12pm (10 to 12 years)

Venue: Tennis Court **Price:** \$310 (Member) \$390 (Member's guest)

Get your child enrolled for some thrilling tennis action and unending fun. Experts from Olaso Tennis Academy will impart all the tennis skills they need, from polishing their strokes and footwork, to boosting teamwork instincts. Your child will also make new friends along the way. RSVP by 6 and 14 October respectively to recreation.sc@ one15marina.com



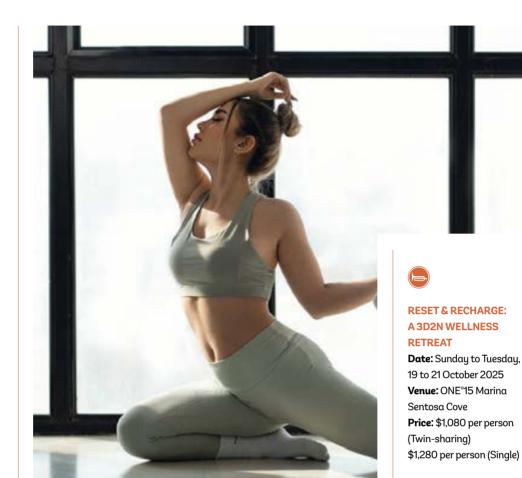




LIQUID GOLD: NAVIGATING THE WORLD OF RARE WHISKIES AND COLLECTIBLES

Date: Wednesday, 15 October 2025 Time: 7pm to 9pm Venue: innerCove Price: \$58 (Member) \$68 (Member's guest)

Step into the incredible world of rare whiskies as Samir Dixit, a certified whisky ambassador, renowned collector and investor takes Members through their rich heritage, craftsmanship and how they have the ability to transcend beyond mere appreciation to become tangible investment assets. RSVP by 3 October to membership.sc@ one15marina.com





All prices are nett unless otherwise stated.

Early Bird (by 7 September) \$980 per person (Twin-sharing) \$1,180 per person (Single)

Group of 4: \$950 per person, includes \$80 F&B credits (Twin-sharing)

Get ready to rejuvenate your mind, body and soul with a staycation at ONE°15 Marina Sentosa Cove. Immerse in marina views with hearty breakfasts at Latitude Restaurant & Terrace and spend the day engaging in wellness activities designed to uplift and energise—from mindful yoga, to wellness workshops, and more. RSVP by 14 September to membership. sc@one15marina.com





HALLOWEEN EDITION: ON SAIL BY ONE 15 MARINA

Date: Saturday, 25 October 2025 Time: 12pm to 7pm Venue: Lazarus Island Price: \$15 (Member) \$25 (Member's guest)

A Halloween-themed event that lets you escape into the enchanted garden of Lazarus Island, where grilled delights meet crafty cocktails, all served with a wicked twist. Get ready for some haunting ghoulish fun-complete with spirits, costumes and vibes. RSVP by 15 October to cr.sc@ one15marina.com

\$88 (Member's guest)

Early bird (by 30 September) \$68 (Member) \$78 (Member's guest)

Get set for a mashup of Oktoberfest and Halloweenfrom dress-up to artisanal beer and bites, OktoberScream has it all. Think two-hour freeflow Warsteiner Beer Pilsner; a Bavarian Grill Corner; as well as Fright Bites; and live entertainment. Prizes are to be won for Best Dressed, Most Original Costume and Best Oktoberfest-Inspired Look while fun games such as Beer Stein-Holding Contest and Monster Mash Dance-off will keep the energy on a high. Early bird bookings for groups of eight will enjoy an additional threelitre Warsteiner beer. RSVP by 18 October to boatersbar.sc@ one15marina.com





KIDS' HALLOWEEN CUPCAKE DECORATING WORKSHOP

Date: Sunday, 26 October 2025

Time: 2pm to 3pm Venue: Bar Nebula Price: \$42 (Member) \$48 (Member's quest)

Get your creativity and sweet tooth in alignment for this event. Kids will have a blast turning ordinary cupcakes into creepy, cute, and delightfully spooky treats using a variety of toppings, frostings, and Halloween-themed decorations. They get to take home their creation to share with their families. Suited for children 5 years and above—those under 5 years should be accompanied by an adult. RSVP by 19 October to recreation.sc@one15marina.com





CHILLS & THRILLS BY THE POOL

Date: Sunday, 26 October 2025

Time: 3pm to 7pm

Venue: Latitude Restaurant &

Terrace and Infinity Pool **Price:** \$38+ (Adult)

\$28+ (Children aged 3 to 11 years)

Beat the heat with some poolside fun. Children will revel in the Halloween-themed floaties, inflatables, water games, and costume contest. The evening sets in with a Halloween-themed buffet before an outdoor movie screening—with popcorn buckets, cotton candy and Halloween cookies thrown into the experience. Warsteiner beer and Halloween cocktails, including jug Bloody Sangria and Ghoul Mojito will keep the adults equally entertained. RSVP by 19 October to latitude.sc@one15marina.com



All prices are nett unless otherwise stated.



BOND & RALLY: FAMILY PICKLEBALL SESSION

Date: Ongoing till 31 December 2025 Venue: Pickleball Court Price: (Members only) \$197 for 3 players \$218 for 4 players

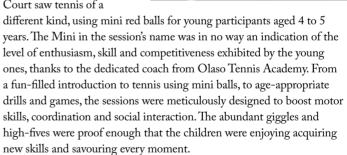
They say playing sports as a family strengthens bonds among other benefits. This session, as the name suggests promotes exactly that, while ensuring good and energised play. Stay active, and enjoy meaningful bonding time under the able guidance of experienced coaches. Suitable for people of all skill levels and for families with children 6 years and above. Complimentary racquet rental. RSVP a week before session to recreation.sc@ one15marina.com





Mini Red Ball Tennis Lessons

Tuesdays at the Pickleball Court saw tennis of a



Pickleball Social Night

Pickleball met networking on Thursdays through the month of May, as the Pickleball Court became the venue for laughter, learning and light-hearted competition among Members of varying paddle skill levels. Beginners were given a brief demonstration to set them off on the right track and into the courts for some friendly competition. Members rotated through few casual games that were high on energy and camaraderie.











Wine Adore: An Exquisite Journey Through Portugal's Finest Wines

Members and their guests gathered at Bar Nebula on 21 May to delve deep into the art of wine and the nuances of Portuguese wines. Luiz Pinheiro, the founder of Wine Adore led participants on a comprehensive appreciation journey, sharing captivating stories from their trips, which included a marathon 10-hour wine-tasting session, to source the finest labels for their customers. Their passion and deep knowledge of wines was so palpable that it elevated the entire experience for Members. They were seen enthusiastically purchasing bottles of wine to share with their families. It was overall an evening filled with lively conversations, warm connections and exalted tastes.

Chinese Tea Appreciation Workshop

On 30 May, Members gathered at NOVA Room to appreciate the rich history and cultural significance of Chinese tea. A traditional tea set was used to demonstrate authentic brewing methods, and Members learnt the etiquette behind traditional Chinese tea preparation, standard brewing procedures, as well as how to assess a good cup of tea on the basis of its aroma, clarity and taste. They also got to learn about the health benefits of regular tea drinking. It proved to be an interactive session as they took turns brewing and serving tea, applying what they had learnt during the workshop.

Pairing the tea that they had brewed with freshly made dumplings-in celebration of the Dragon Boat Festival—made the experience even more delightful and culturally meaningful for Members. They hoped that the Club would continue to organise such timely events.









ONE°15 Swim Meet

Swim Meets at the Club's Infinity Pool have always been met with a lot of enthusiasm, and the one on 31 May was no different with 73 participants—Members and friends. Swimmers of all skill levels and age groups took to the pool, participating in a series of exciting races that fostered team spirit as much as friendly competition. Some Parent-and-child and Parent-and-teen competitions brought plenty of laughs and high-fives, making for unforgettable moments. It was heartwarming to see all of them being cheered from the sidelines equally by teammates, family and friends. Many personal best timings were recorded at the event—the Club celebrated a record high of nine new swim meet records. But in the spirit of competition and the camaraderie, every one carried home a well-deserved medal.











Tennis Camp

The Tennis Court saw five days—from 16 to 20 June—of exciting tennis time for eager young players. Each day started strong with drills that helped hone core techniques—from footwork to strokes, serves and volleys—with equal if not more emphasis on teamwork

and sportsmanship. It was not all work thoughwhile mini games and friendly matches put the children's skills to test, they also learnt to have fun on court. The fact that it was an intimate group of six only meant that each young player got individualised attention—as was evident in the boosted confidence and court awareness seen in every child. It made for a happy crowd overall, children and the parents, included.





Durian Fiesta

On 20 June, the space outside Bar Nebula became a haven for durian lovers. Twenty-eight Members indulged in a celebration of the King of Fruits with a lineup of premium durians, each handpicked for its quality and flavour. Members and their guests savoured top-tier varieties including Black Gold Mao Shan Wang and classic Mao Shan Wang—prized for their rich, bittersweet notes and velvety texture—while other favourites such as D24, XO and Red Prawn added to the range of taste profiles, from creamy and sweet to bold and robust. It was an evening full of vibrant conversations as members exchanged taste notes. Spectacular marina views capped the overall experience.



Junior Tennis Tournament: Singles

On 21 and 22 June, the Tennis Court saw some exciting singles tennis action. Over two exhilarating days of rallies, volleys and unforgettable on-court moments, a total of 11 talented junior players competed across two age divisions-U12 and U16. Day 1 kicked off with round-robin matches, while Day 2 was one for championship showdowns as the contestants brought out their ace game. Bruna Faleiro emerged the

winner in the U12, narrowly edging runner-up Trevor Garcia. In the U16 category, Mason Corby successfully defended his previous title. There were strong performances all around, which was enjoyed by all. Parents also appreciated the top-notch organisation, especially the round-robin structure, which gave all players valuable match experience. The two days provided a delightful showcase of skill, sportsmanship and resilience.

















Members' Social Night

Seventy-five Members congregated at the Club's Rooftop Terrace on 27 June to mingle, have hearty laughs and share memories. The event also served as a welcome for the Club's new Director of Membership and Partnerships, Teresa Chu, who expressed her excitement in being a part of the

> ONE°15 Marina family as a whole. Members were updated on upcoming events and happenings. The thoughtfully curated food and beverage spread complemented the relaxed and convivial mood, as well. It was an especially remarkable time for the pioneer Members who equated the experience to a high school reunion.





SEP-DEC 2025

SEPTEMBER

- 6-7 18th Anniversary Eco Weekend
- 10-12 Island Atelier
- Nature Photography: Tips for Every Click
- The Grill Takeover by Pistachio

OCTOBER

- Liquid Gold: Navigating the World of Rare Whiskies and Collectibles
- Reset & Recharge:
 A 3D2N Wellness Retreat
- OktoberScream Costumes, Craft Beers & Chaos
- Halloween Edition:
 ON SAIL by ONE°15 Marina
- Chills & Thrills by the Pool

NOVEMBER

Boat Light Parade

DECEMBER

Countdown Party

All events and promotions are subject to change or cancellation due to unforeseen circumstances. For timely updates, please refer to the Club's event calendar at one15marina.com/memberships/events/



A FULL-SPECTRUM FITNESS SANCTUARY

Crafted for Strength, Designed for Renewal

Train on your terms. A 24/7 sanctuary reimagined with new zones for strength, recovery, and mindfulness — seamlessly extending the lifestyle you enjoy at the Club.

AT A GLANCE

- New Premium Equipment
- Expert-led Classes
- New Studio & Recovery Facilities



SCAN TO BEGIN YOUR JOURNEY

6305 6981

gym.sc@one15marina.com



GROUP CLASSES, ELEVATED

Where movement inspires — within a dedicated studio designed for thoughtfully curated sessions across every lifestyle and stage.

WHAT'S NEW

Chair Workout – Low-impact yet powerful training for strength & mobility

Jumping® Fitness – Bounce into a good mood with high-energy trampoline cardio

Sound Bath & Meditation – Immerse in soothing soundscapes and mindfulness for mental clarity

THE RECOVERY ROOM

Where balance returns — with contrast therapy that refreshes, restores, and renews.

Ice Bath & Infrared Sauna – For faster recovery, reduced inflammation, and restored balance *Packages available*.

CHINA & HONG KONG

ABERDEEN BOAT CLUB

BEIJING AMERICAN CLUB

As a Member of ONE°15 Marina Sentosa Cove, your privileges extend beyond our premises. The Club has partnered with a top-tier selection of the world's best marinas, yacht, golf and city clubs to enable our Members to access their facilities.









ANNIVERSARY

Celebrating A Legacy of Redefining Life by the Water

Join us in the celebration of the Club's 18th Anniversary with specially curated dining specials and a line-up of exciting anniversary events our heartfelt way of thanking you for being part of the Club's journey.



ECO WEEKEND Making Waves, Not Waste

6 & 7 SEPTEMBER 2025 (SAT & SUN)

A weekend of meaningful celebration filled with purpose and play. From hands-on upcycling workshops to immersive marine discover tours and curated eco-dining experiences, it's a weekend to reconnect with nature and make every action count.



ONE°15 Clean Up



Coral Garden Tour



Upcycling Workshops: From Coffee Grounds Scrub to Pesto-makina

\$1.80 DEALS Our Way of Saying Thanks

MONTH OF SEPTEMBER, LUNCH & DINNER

Indulge in exclusive dining delights for just \$1.80, a small token of our appreciation for you.

- Free-flow Non-alcoholic Drinks Bar
- Mango Sago with Snow Swallow and Pomelo
- Mini Truffle Shoestring Fries



FIND OUT MORE Terms and conditions apply





HERITAGE IN BLOOM: A MID-AUTUMN CELEBRATION

2 SEPTEMBER - 6 OCTOBER 2025

This Mid-Autumn Festival, journey through time with artisanal mooncakes that celebrate our rich traditions and the spirit of modern indulgence. Handcrafted with care, each creation is a tribute to Singapore's rich culinary legacy.

Mini Snow Skin Mooncakes

(assorted box of 8)
Golden Salted Yolk, Imperial Bak Kwa Crunch,

50lden Salted Yolk, Imperial Bak Kwa Crunch Heritage Chendol, Orh Nee with Gingko

\$68 (Member), \$78 (Non-Member)

Classic Baked Mooncakes

(assorted box of 4)

White Lotus with Double Yolk (Reduced Sugar), White Lotus with Single Yolk (Reduced Sugar)

\$58 (Member), \$68 (Non-Member)

Experience the essence of tradition, whether sharing with loved ones or enjoying a personal moment of indulgence.

